

---

# SPORTS MANAGEMENT, EXERCISE SCIENCE, OUTDOOR EDUCATION, RECREATION & ADVENTURE SPORTS

---

SELIN  
Bachelor of Sport Science



THE  

---

NEW WAY  

---

TO DO UNI



**VICTORIA  
UNIVERSITY**

# WHERE CAN VU TAKE YOU IN SPORT MANAGEMENT, EXERCISE SCIENCE, OUTDOOR EDUCATION, RECREATION & ADVENTURE SPORTS?

Launch your career in this diverse and rapidly growing field. As a sport, outdoor or exercise graduate, you could work in a diverse range of jobs, including strength and conditioning, high performance, sports coaching, exercise physiology, rehabilitation, workplace health and safety, corporate health, outdoor education, adventure/eco-tourism, outdoor leadership, environmental interpretation and personal training.

As a VU student, you'll develop sport-related industry networks through exposure to our high-profile industry partnerships including Australian Institute of Sport, Western Bulldogs Men's and Women's AFL Clubs, Melbourne Victory Football Club, The Outdoor Education Group, Tennis Australia and Swimming Australia.

We are ranked 12th in the world for education in Sports Science

(Shanghai Global Ranking 2018-19) and are the only university in the state to offer a Bachelor of Outdoor Leadership – a unique course designed to meet the dynamic needs of the outdoor recreation education and adventure sports sectors.

Study at VU and discover why employers nation-wide rate our graduates second highest for employability\*.



## CAREER

### SPORT MANAGEMENT, EXERCISE SCIENCE, OUTDOOR EDUCATION, RECREATION & ADVENTURE SPORTS

Explore a large array of exciting career paths in sport and related industries.



## ORGANISATIONS YOU MAY WORK IN

**Elite sport organisations, sport governing bodies, sports clubs, stadiums and arenas, state government agencies, gym and leisure facilities, community service organisations, schools, outdoor adventure camps, adventure sport businesses and health education agencies.**



## POTENTIAL JOB TITLES

**Exercise Scientist/Physiologist; Sport Scientist; Physical Education Teacher; Sports Coach; Exercise Rehabilitation Officer; Outdoor Education Program Leader.**

## COURSE

## FURTHER INFORMATION

### SPORT MANAGEMENT

Bachelor of Sport Management	<a href="https://vu.edu.au/courses/SBSM">vu.edu.au/courses/SBSM</a>
Bachelor of Sport Management/Bachelor of Business	<a href="https://vu.edu.au/courses/SBSB">vu.edu.au/courses/SBSB</a>
Bachelor of Sport Management/Bachelor of Youth Work	<a href="https://vu.edu.au/courses/EBYS">vu.edu.au/courses/EBYS</a>
Bachelor of Sport Science (Human Movement)/ Bachelor of Sport Management	<a href="https://vu.edu.au/courses/SBHS">vu.edu.au/courses/SBHS</a>

### SPORT / EXERCISE SCIENCE

Bachelor of Biomedical and Exercise Science	<a href="https://vu.edu.au/courses/HBES">vu.edu.au/courses/HBES</a>
Bachelor of Exercise Science (Clinical Practice)	<a href="https://vu.edu.au/courses/ABHE">vu.edu.au/courses/ABHE</a>
Bachelor of Exercise Science (Sport Practice)	<a href="https://vu.edu.au/courses/ABHD">vu.edu.au/courses/ABHD</a>
Bachelor of Sport Science	<a href="https://vu.edu.au/courses/SBSA">vu.edu.au/courses/SBSA</a>
Bachelor of Sport Science (Human Movement)/ Bachelor of Psychological Studies	<a href="https://vu.edu.au/courses/SBHP">vu.edu.au/courses/SBHP</a>
Bachelor of Sport Science (Human Movement)/ Bachelor of Sport Management	<a href="https://vu.edu.au/courses/SBHS">vu.edu.au/courses/SBHS</a>

### PHYSICAL AND OUTDOOR RECREATION, EDUCATION & ADVENTURE SPORTS

Certificate III in Fitness	<a href="https://vu.edu.au/courses/SIS30315">vu.edu.au/courses/SIS30315</a>
Certificate III in Sport and Recreation	<a href="https://vu.edu.au/courses/SIS30115">vu.edu.au/courses/SIS30115</a>
Certificate IV in Fitness	<a href="https://vu.edu.au/courses/SIS40215">vu.edu.au/courses/SIS40215</a>
Diploma of Health Coaching	<a href="https://vu.edu.au/courses/10237NAT">vu.edu.au/courses/10237NAT</a>
Bachelor of Fitness	<a href="https://vu.edu.au/courses/SBFI">vu.edu.au/courses/SBFI</a>
Bachelor of Physical Education and Sport Science	<a href="https://vu.edu.au/courses/SBPH">vu.edu.au/courses/SBPH</a>
Bachelor of Outdoor Education and Environmental Science	<a href="https://vu.edu.au/courses/SBOE">vu.edu.au/courses/SBOE</a>
Bachelor of Outdoor Leadership	<a href="https://vu.edu.au/courses/SBOL">vu.edu.au/courses/SBOL</a>



# PRACTICAL LEARNING

All our courses are designed to fully prepare you for work, and taught by industry-connected teachers who are experts in the field. Hands-on learning, industry-sourced projects and high-tech labs will shape you into a stand-out graduate.

## WORK PLACEMENTS

As a leading sport university we offer access to practical learning opportunities with over 300 different sport industry organisations.

## SPORTS LEARNING PRECINCT

Recognised as the best sports learning facilities in the Southern Hemisphere, our \$68million state-of-the-art facilities at Footscray Park Campus includes an altitude hotel, exercise physiology, biomechanics, and motor control and biofeedback labs, to support our world-class teaching and research.

## PAID INDUSTRY INTERNSHIPS

Our industry leading Bachelor of Outdoor Leadership provides the opportunity for students to take part in a fully paid internship program with a leading employer in the outdoor industry in the second and third year of their degree. This is the only outdoor related degree course in Australia that offers this opportunity to be paid while you study.



---

# “THE OPPORTUNITIES THE UNIVERSITY PROVIDES ARE INCREDIBLE.”

---

“VU’s connections with so many different sporting organisations are beneficial to students like me who aspire to work in that industry.

I completed three different work placements during my studies: with Fremantle Football Club in the recruitment team, assisting with potential draft picks and player signings, and with Western Bulldogs Community Foundation in their Sons of the West and Daughters of the West programs.

I am now working with the Foundation as a community officer.”

**Brooke**

Bachelor of Sport Science

(Human Movement)/

Bachelor of Psychological Studies



# THE NEW WAY TO DO UNI

**AT VU WE KNOW THERE'S MORE THAN ONE WAY TO SUCCEED AT LEARNING, SO WE PROVIDE MULTIPLE WAYS TO ACHIEVE A WORLD-CLASS EDUCATION AND EXCITING CAREER.**

We are one of only six universities in Australia to offer both TAFE and university courses, meaning you can choose the level of study that best suits you.

Our courses are designed with close industry consultation, and you'll have opportunities for engaging work placements and internships to give you a head start in your future workplace. But above all, VU's New Way To Do Uni is about putting you and your success at the centre of everything we do. Our richly diverse and supportive community will reward you with unique experiences in the classroom and beyond.

## **VU BLOCK MODEL**

In 2018 VU was the first Australian university to introduce the VU Block Model. This new approach to learning is focused on making your transition into university easier, your chances of study success greater, and giving you the skills to succeed when you enter the workforce.

# WHY IS VU'S BLOCK MODEL BETTER FOR ME?

1

## YOU'LL FOCUS ON ONE SUBJECT AT A TIME

Complete one subject every four weeks before moving on to the next. At other universities, you need to complete multiple subjects at once, while at VU you'll be fully focused on each subject.

2

## YOU'LL BUILD YOUR CONFIDENCE

The progression of subjects in the Block Model will give you early feedback and success, and build confidence in your studies from day one.

3

## YOU'LL FEEL SUPPORTED

Smaller classes mean you have more one-on-one time with your teachers and classmates. And with a timetable that can allow flexibility outside of uni, you can work, and spend time with family, friends and pursue other interests.

# GET FUTURE FOCUSED WITH BLENDED LEARNING

Study at Victoria University Polytechnic, VU's TAFE division, and you'll learn with our multi-award winning Blended Learning model. Blended Learning is flexible, industry-based and focused on preparing you for the modern workplace. It replaces paper-based theory tuition with a combination of user-friendly online learning and face-to-face workshops. Online components mean you can learn anytime, anywhere – and then you'll refine your skills through practical learning and on-the-job work placements.

## PATHWAYS

Course 'pathways' offer an easy transition between courses at different levels, so that you can start with a certificate and progress right through to postgraduate study – in many cases gaining credits along the way. Students starting in Higher Education degrees can also add to their portfolio of skills with practical, hands-on training through our TAFE programs.

Find out more at [vu.edu.au/pathways](https://vu.edu.au/pathways)



**VICTORIA  
UNIVERSITY**

**FIND OUT MORE  
VISIT [VU.EDU.AU](http://VU.EDU.AU)**

**CONTACT US  
03 9919 6100 OR  
1300 VIC UNI  
(1300 842 864)**

Victoria University CRICOS No. 00124K  
(Melbourne), 02475D (Sydney), RTO 3113

The information in this publication was  
current at production date, May 2020.