

# COURSE DELIVERY PLAN 2022

## Bachelor of Physical Education and Sport Science

COURSE CODE: SBPH

<b>CAMPUS</b>	Footscray Park (FP)
<b>COLLEGE</b>	College of Sport and Exercise Science
<b>STUDY MODE</b>	Full Time or Part Time
<b>DURATION</b>	3 years Full Time or Part Time equivalent
<b>FEE TYPE</b>	For information on course fees, refer to <a href="http://vu.edu.au/fees">http://vu.edu.au/fees</a>
<b>APPLICATION METHOD</b>	VTAC - <a href="https://vtac.edu.au">https://vtac.edu.au</a> Direct Application - <a href="https://gotovu.custhelp.com/app/landing">https://gotovu.custhelp.com/app/landing</a>
<b>TIMETABLE</b>	<a href="http://vu.edu.au/timetables">vu.edu.au/timetables</a>
<b>COURSE REQUIREMENTS</b>	To attain the Bachelor of Physical Education and Sport Science, students will be required to complete 288 credit points consisting of: <ul style="list-style-type: none"><li>• 96 credit points of First Year Core units</li><li>• 144 credit points of Professional Core units</li><li>• 48 credit points of Minor studies from the approved list</li></ul>
<b>FURTHER INFORMATION</b>	Unit and course information is available from the University course search site at <a href="http://vu.edu.au/course-search">http://vu.edu.au/course-search</a> or go to <a href="https://askvu.vu.edu.au">https://askvu.vu.edu.au</a> or Phone VUHQ on 03 9919 6100
<b>COURSE CHAIR</b>	Carla Nascimento Luguetti Michael Spittle
<b>COURSE ADVICE</b>	<a href="#">AskCUA</a>

**Note:** Students are required to enrol in all units for semester 1 and 2, and are not permitted to enrol in more than 48 credit points per semester as a full-time load.

**Core/Elective** Core (a unit that must be completed) & Elective (you have some choice in what you select).

**Prerequisites** A number of units within the degree have 'prerequisites'. These prerequisites must be met before enrolment in the unit is permitted. Generally these prerequisites require the successful completion of a unit or units taken at an earlier stage in the course. Students should pay particular attention to these prerequisite requirements as failure to meet these can seriously hinder progression through the course.

**Date of Publication:** This information is current at the publication date: 25/10/2021. It is provided as information only and does not form part of a contract between any person and Victoria University.

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## YEAR 1

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
SCL1003	Exercise and Sport Psychology	Core	1B1, 1B2, 1B3, 2B1, SB1	12	FP	
RBM1174	Human Physiology	Core	1B1, 1B2, 1B3, 1B4, 2B1, 2B3, WB1	12	FP	
AHE1101	Structural Kinesiology	Core	1B1, 1B2, 1B3, 1B4, 2B1, 2B2, 2B3, 2B4	12	FP	
AHE1202	Biomechanics	Core	1B2, 1B3, 1B4, 2B1, 2B2, 2B3, 2B4	12	FP	
SCL1002	Exercise Physiology	Core	1B1, 1B3, 2B1, 2B2, 2B3, 2B4, SB1	12	FP	RBM1174
SOL1000	Introduction to Adventure Environments	Core	1B1, 1B2, 1B3, 1B4, 2B1, 2B3, 2B4, WB1	12	FP	
SPE1105	Aquatic and Athletic Movement Activities	Core	1B3, 1B4, 2B1	12	FP	
SPE1002	Inclusion and Diversity in Physical Activity	Core	2B2, 2B4	12	FP	

## YEAR 2

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
AHE2127	Motor Learning	Core	1B1, 1B2, 1B3, 2B1, 2B2, 2B3, SB1, WB1	12	FP	
AHE2005	Nutrition and Diet for Exercise and Physical Education	Core	1B1, 1B2, 1B4, 2B1, 2B2, 2B3, 2B4	12	FP	
SPE2001	Major and Minor Games	Core	1B3, 1B4	12	FP	
	Minor 1 - Unit 1	Minor		12		

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SPE2004	Growth and Motor Development	Core	2B1, 2B2, 2B3	12	FP
SPE2200	Games and Sports	Core	2B1, 2B2, 2B3, 2B4	12	FP
SHE2002	Sexuality and Relationships	Core	1B1, 1B2, 2B3, 2B4	12	FP
	Minor 1 - Unit 2	Minor		12	

## YEAR 3

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
AHE3111	Sport and Social Analysis	Core	1B4, 2B3, 2B4	12	FP	
SHE3001	Social Bases of Health: Global Perspectives	Core	1B1, 1B3, 2B3, 2B4, SB1	12	FP	
AHE3116	Social Dimensions of Sport and Exercise	Core	1B1, 1B2, 1B3	12	FP	
	Minor 1 - Unit 3	Minor		12		
SPE2000	Rhythmic and Expressive Movement	Core	2B1, 2B2	12	FP	
SPE3005	Perspectives On Physical Education	Core	2B3, 2B4	12	FP	
SPE3006	Sport Ethics	Core	2B1, 2B2	12	FP	
	Minor 1 - Unit 4	Minor		12		

# COURSE DELIVERY PLAN 2022

List of minor/s available in this course

NMIBIO	Biology
NMICHE	Chemistry
AMIDIG	Digital Media
NMIENV	Environmental Science
AMIHIS	History
AMILIT	Literary Studies
NMIMST	Mathematics/Statistics
EMIMDA	Media Studies (Education Minor)
SMIOUT	Outdoor Recreation Leadership
AMIPSY	Psychology
SMISCO	Sport Coaching
EMISWF	Student Welfare

## MINORS

### Biology NMIBIO

The minor in biology will introduce you to a range of biology topics and allow you to develop an understanding of the interrelationships between the various facets of life. A strong mix of theoretical and practical based studies of how science is discussed, the basic scientific knowledge it contains and the experimental process from where the information has been collected, will teach you how to analyse both data and the literature and apply critical thinking skills to defend the ideas you have developed. Topics include the investigation the molecules of life, ecology and evolution, how the world works at the cellular level, how the body defends itself from foreign invaders and how biology is used in commercial applications.

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
RBF1310	Biology 1	Minor	1B2, 1B3, 1B4	12	FP	
RBF1320	Biology 2	Minor	2B1, 2B2, 2B4	12	FP	
HBM2105	Medical Microbiology and Immunity	Minor	2B1, 2B2, 2B3, 2B4	12	SA	RBM1528 or RBF1310
RBM2133	Cell and Molecular Biology	Minor	1B2, 1B3, 1B4, WB1	12	SA	RBM2560 and RBM1528 or RBF1310

### Chemistry NMICHE



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This minor in Chemistry will introduce you to the principles and practices of modern chemistry. Building upon the fundamental principles of chemistry which are introduced in the first year units, Analytical Methods 1 and Organic Synthesis introduce students to instrumental analytical chemistry and the theoretical and practical aspects of synthetic organic chemistry. These units provide basic training in the preparation, purification and characterisation of organic compounds and their complimentary modern spectroscopic, chromatographic and spectrometric methods of analysis. For students interested in teaching chemistry, taking the four (4) units in this minor adequately prepares students to deliver units 1, 2, 3 and 4 of the VCE chemistry curriculum.

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
Level 1 Units						
RCS1601	Chemistry 1A	Minor	1B2, 1B3, 1B4, 2B1	12	FP	
			1B2, 1B3, 1B4		SA	
RCS1602	Chemistry 1B	Minor	1B2, 2B1, 2B2, 2B3, 2B4	12	FP	RCS1601
			2B2, 2B4		SA	
Level 2 Units						
NPU2101	Analytical Methods 1	Minor	1B1	12	FP	RCS1601 and RCS1602
NPU2103	Organic Synthesis	Minor	1B2	12	FP	RCS1602

## Digital Media AMIDIG

Digital media is a ubiquitous force transforming how we work, interrelate and communicate. Once a technology located within the area of work, digital media is moving into all areas of everyday life, and practitioners are required to develop new applications such as in the areas of entertainment, health and education. Concurrently, technology is now at a point where those with higher education level digital media can co-opt technology to create projects.

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
ACM2014	Visual and Interactive Design for Digital Media	Minor	1B1	12	FP	
ACM2009	International Design	Minor	2B3	12	FP	
ACM2004	Digital Service Design and Analytics	Minor	2B4	12	FP	
ACM3014	Digital User Experience	Minor	1B2	12	FP	

## Environmental Science NMIENV



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The world around us is changing at an ever increasing pace, and Environmental Science offers the key to better understanding and managing these changes. By investigating the relationships between the physical, chemical and biological components of the natural world the human race can actively develop solutions to varied environmental problems. Studies will cover topics including management of natural resources, sustainability, the impact of pollution, climate change, deforestation and habitat destruction among other issues will affect us in the coming decades. A minor in Environmental Science incorporates ideas from a broad range of disciplines - from the natural sciences, to geography, economics and politics, in addition to the philosophies and ethics that underpin activity in these areas.

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
RBF1310	Biology 1	Minor	1B2, 1B3, 1B4	12	FP	
RBF1320	Biology 2	Minor	2B1, 2B2, 2B4	12	FP	
RBF2620	Australian Plants	Minor	2B4, SB1	12	FP	RBF1310, RBF1320
RBF2640	Australian Animals	Minor	1B1, 1B4	12	FP	RBF1310

## History AMIHIS

Knowledge of the past has always been central to human awareness. For more than a century, the study of History has underpinned the Western liberal tradition. History is connected with the search for meaning. It conveys communal memory, creating a sense of personal and group identity by locating individuals in time and space. The study of History offers each of us the chance to understand, even bridge, other cultures. The minor in History offers opportunities to sample this diverse human experience. Our aim is to both challenge and excite you as you move through the study of History, beyond your own lives to those of people in other times and other places. We also aim to develop an appreciation of the contributions historians make to an understanding of contemporary society.

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
AAH2002	The World before 1770	Minor	1B1, 1B3	12	FP	
AAH2003	European Revolution and War	Minor	1B2, 1B4, 2B4	12	FP	
AAH2004	Divided Europe	Minor	1B1, 2B1, 2B3	12	FP	
AAH3001	Histories of Immigrant Australia	Minor	1B2, 2B2, 2B4	12	FP	

## Literary Studies AMILIT

This minor provides an integrated set of units in literary studies. It introduces students to key theories and texts central to the discipline. Students are introduced to different critical perspectives that shape contemporary commentary, and are invited to consider the impact of different speaking positions on how the field of literary studies is being shaped. Assessment tasks for the minor include short exercises, oral presentations, essays, and formal examinations.

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
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ACL2001	Reading Contemporary Fiction	Minor	1B2, 2B3	12	FP	
			2B2		ORT	
ACL2002	Studying Poetry and Poetics	Minor	1B1, 1B2, 2B3	12	FP	
			SB1		ORT	
ACL2007	Romance and Realism	Minor	1B3, 2B3	12	FP	ACL2001, ACL2002
			1B2		ORT	
ACL3009	Australian Literature	Minor	2B4, WB1	12	FP	ACL2001, ACL2002, ACL2007
			2B3		ORT	

## Mathematics/Statistics NMIMST

After developing a solid grounding in science and mathematics from the core units in first year, this specific group of units allows you to pursue a breadth minor in mathematics and statistics.

These disciplines are at the heart of all modern science: from modelling of scientific problems to analyzing data. This minor includes the fundamental mathematics and statistics as used in modern applications, and will also provide you with the grounding to be an active and independent learner. This minor places great emphasis on applications, and also on the use of technology: from hand-held calculators to modern "industry strength" computer systems. As a science graduate with a solid grounding in mathematics and statistics you will be well placed to enter the workforce.

Much modern science requires the creation of a good mathematical model as an underpinning; this minor will provide the necessary tools to be able to create such models, analyze them, and use them for testing, evaluation, and prediction. As well, data produced from laboratory or field studies needs to be rigorously analysed, and this minor introduces the technical skills necessary for such analysis.

This minor is appropriate for student undertaking major studies in a range of science discipline areas who wish to complement their studies with some training in applied mathematics and statistics, and in the use of technology to support those fields.

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
RCM2611	Linear Statistical Models	Minor	1B1, 2B3	12	FP	NEM1002
RCM2713	Modelling for Decision Making	Minor	1B2, 2B4, WB1	12	FP	NEM1001
RCM2911	Linear Optimisation Modelling	Minor	1B1, 2B3	12	FP	
RCM3711	Computational Methods	Minor	1B2, WB1	12	FP	RCM2713 or RCM2611 or RCM2911

## Media Studies (Education Minor) EMIMDA

The media occupies a central place in our society and culture and makes a significant contribution to the world around us. As new media and communication technologies are introduced, and delivery costs of content decrease, we are entering

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an entirely new era of media production and consumption. A minor in Media Studies enables you to undertake a sequence of units focusing on contemporary media forms and practices. This specialised area of study draws together a mix of units, some with an emphasis on analysis and research, and some with a large hands-on practical component, including digital radio and television production.

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
ACC2004	Culture and Communication	Minor	1B1	12	FP	
ACC2002	Media, Culture and Society	Minor	2B3	12	FP	
ACC2010	Television Production	Minor	1B3, 1B4, WB1	12	FP	
ASN2001	Cross Media Practice	Minor	2B1, 2B3, 2B4	12	FP	

## Outdoor Recreation Leadership SMIOUT

Love being outdoors, and looking for an adventure? If you want to learn about adventure with highly qualified outdoor professionals through hands on experiences in rock climbing, white water rafting, hiking, and skiing as well as develop an in-depth understanding about outdoor recreation, education and adventure sports, then Outdoor Recreation Leadership is for you. The use of industry partnerships and critical evidence based practice to inform teaching will ensure that during the course you will learn all the skills needed to lead in the outdoors. Outdoor Recreation Leadership provides the opportunity for students to build highly valued character traits including communication, group leading, integrity, cultural sensitivity, and psychological resilience.

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
SOL1001	Natural Environments 1	Minor	1B1, 1B2, 2B2	12	FP	
SOL1002	Safety in Natural Environments	Minor	2B1, 2B2, 2B3	12	FP	
SOL2000	Natural Environments 2	Minor	2B4	24	FP	

## Psychology AMIPSY

The psychology minor equips you with a theoretical understanding of a range of psychological topics such as motivation and emotion, biological, cognitive, social, and personality psychology. Analytical, research and statistical skills, and understanding of relationships and communication are also developed through study of this minor.

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
APP1012	Psychology 1A	Minor	1B2, 1B3, 1B4, 2B2	12	FP	
APP1013	Psychology 1B	Minor	1B1, 1B3, 1B4, 2B1, 2B2, 2B3, 2B4	12	FP	APP1012



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APP2013	Psychology 2A	Minor	1B1, 1B2, 1B3, 1B4, 2B1, WB1	12	FP	APP1012, APP1013
APP2014	Psychology 2B	Minor	2B1, 2B2, 2B3	12	FP	APP2013

## Sport Coaching SMISCO

The minor provides students with the foundational skills required to coach safely and effectively at the community, domestic and representative levels. Students will develop an individual coaching philosophy and style, use relevant technology, practice coaching in controlled settings (e.g., Learning in the workplace), develop program planning skills, and how to deliver applied exercise prescription programs. This minor is planned to provide students with a balance between the theory of coaching science and practical application of key concepts.

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
AHE1251	Coaching Active Communities	Minor	1B1, 2B4	12	FP	
AHE2250	Sport Coaching Principles	Minor	1B2, 1B4	12	FP	
AHE2251	Sport Coaching Environment, Planning and Delivery	Minor	1B3, 2B2	12	FP	
SSC2003	Sport Coaching: Applied Conditioning	Minor	1B4, 2B4	12	FP	

## Student Welfare EMISWF

Student Welfare is a dynamic sequence of units that provides you with an understanding of young people and children as they transition into adolescence. We talk about issues, strategies and options.

UNIT CODE	UNIT TITLE	UNIT TYPE	SEM	CREDIT POINTS	CAMPUS	PRE-REQUISITES
AYW2001	Young People with All Abilities	Minor	1B1, 1B3, 2B2, WB1	12	FP	
			1B4, 2B3		REM	
AEB2802	Ethics and Youth Work Practice	Minor	1B3, 2B1, 2B4, WB1	12	FP	
			1B1, SB1		ORT	
ECY3000	Supporting Young People in Dual Diagnosis Settings	Minor	1B4, 2B1, 2B3, 2B4	12	FP	
			WB1		ORT	
ECY3001	Working with Young People with Complex Issues	Minor	1B3, 1B4, 2B1, 2B2, 2B4, WB1	12	FP	
			1B2, 2B3		ORT	

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