



BUILDING YOUR SKILLS

Expand your learning with practical applications for the classroom

FRIDAY 23 JUNE 2017

Victoria University, Footscray Campus



REGISTER ONLINE

www.achper.vic.edu.au/2017primary



The Australian Council for Health, Physical Education and Recreation,
Victorian Branch

Registration Number A000871U

EXPAND YOUR LEARNING!

Developed with input from practising teachers, our 2017 program is packed with essentials for your professional development. This one day event has been tailored to deliver practical skills for F-6 Health and Physical Education educators to support you in the implementation of your HPE Program.

You will hear TWO feature presentations focusing on trends and new developments within our field. You have the opportunity to select three elective sessions that best suit your current professional needs. Our 2017 program contains more than 75% new content so you can continue to grow and develop!

Spend a day learning from some of Victoria's leading HPE teachers and build your capacity for delivering strong student outcomes.

Register online now!

www.achper.vic.edu.au/2017primary

FEATURE PRESENTATIONS



Are we having fun yet? In praise of silliness and the importance of mucking about.

Therese Joyce, Director of Positive Education, Peninsula Grammar

Feeling stressed and overloaded at work? Wish that it all could be a bit more fun?

Humour can help us maintain perspective, reduce anxiety and stresses, improve our relationships, build resilience, and even help us live longer! This presentation will explore the importance of humour for teachers today and the need to understand appropriate context and socially intelligent ways to access the lighter side of life.

Therese will explore the scientific research and present practical evidence-based strategies that can be applied to the context of today's schools and education management. Be encouraged to immerse yourself in reflection, theory and real-life application in an engaging way.

Therese Joyce is a strong believer in reflective and transformational leadership and has a keen interest in human nature, cultural diversity and workplace happiness. In her 20 years of global experience as an educator, Therese has used principles from psychology, education and social welfare, along with extensive experience in multicultural working environments, to develop leaders and teams.



Teaching skills and games in PE – a technical or tactical approach?

Ray Breed, Director of Health, Sport and Exercise Sciences, St Leonard's College

Teaching practical Physical Education is a real challenge as we strive to find a balance between FMS development and game skills.

This feature presentation will explore how using game sense approaches effectively in Physical Education, is so much more than just playing games. Basic skill acquisition theory will be used to support the concept of teaching fundamental movement skills and game sense, along with age-appropriate activities.

Ray will be investigating content and curriculum models, along with teaching strategies, for developing student game skills. You will leave this presentation with concrete examples of techniques and tactics you can implement in your classroom.

Ray Breed has always had a real passion for Physical Education teaching, sport science and coach education. A highly experienced teacher, Ray spent a number of years as an elite level coach, sport scientist and high performance manager.



ELECTIVE SESSION A: 9.00am – 10.15am

A1	<p>Dance within the primary school (Practical) <i>Dr Sharna Spittle, Victoria University</i></p> <p>This workshop will present different approaches to teaching dance and how they can be used within a primary school HPE program. Participants will experience creative movement activities involving simple moves, sequences and activities that can be used to engage students in this core curriculum area.</p>
A2	<p>Fundamental Motor Skills: Creative and active? (Practical) <i>Lucy Van Ballegooy, Our Lady of The Way School - Kingsbury</i></p> <p>This interactive session will provide a multitude of practical activities in a fun, active and creative way. Emphasis will be on fundamental movement skill development whilst maximising physical activity levels and equipment use. Lucy will demonstrate an array of techniques to assist with classroom organisation, aiming to establish effective formations and minimise student distractions.</p>
A3	<p>Making Sense of Teaching Invasion Games in a Primary School (Practical) <i>Sarah Maxwell, Mill Park Heights Primary School</i></p> <p>This session will outline the knowledge and tools needed to integrate a Game Sense Curriculum in a Primary School, with a focus on Invasion Games. Targeting the middle to senior years of primary school you will gain the confidence to deliver age appropriate activities and develop assessment ideas. A particular focus will be on the Learning Intention and Success Criteria of Invasion Games and how to use these to increase technical and tactical awareness in your classes.</p>
A4	<p>Preparation and Planning of a Quality Primary Physical Education Program <i>Kirsten Smith, Mernda Primary School</i></p> <p>Primary school Physical Education programs require specific sequential planning and assessment to ensure children's development of life long skills required to participate confidently in mainstream and recreational physical activity. This session will focus on assisting teachers to develop a whole school scope and sequence, year plans, term plans and weekly plans, whilst encouraging children's passion for movement and physical activity.</p>
A5	<p>Respectful Relationships Education for Primary Teachers <i>Sally Wilson, Victorian Curriculum and Assessment Authority</i></p> <p>What is Respectful Relationships, and how can I meaningfully incorporate it into my primary classroom? Presented by a VCAA specialist teacher in Health, Personal and Social Capability, this engaging workshop aims to assist the implementation of this important curriculum area, including assessment advice. This session will provide practical ideas for your classroom and the opportunity to talk, share and compare.</p>
A6	<p>IDOCEO: The backbone of quality assessment and planning <i>Arron Gardiner, Grovedale Primary School and Lee Jarvis, Truganina Primary School</i></p> <p>This applied session will show you how IDOCEO can support you in your planning and assessment as you develop a quality PE program linked to the Victorian Curriculum. This session will demonstrate, to first time users, the basics of how this amazing program can be used in your class. Features of how you can use IDOCEO to enhance assessment, feedback and differentiate between your students will be highlighted, along with how to use apps such as Plickers, Padlet and Kahoot! to store all your assessment in one place.</p>
A7	<p>Even Playing Field: Inclusion in Physical Education (Practical) <i>Kate Crerar, Naranga School</i></p> <p>This session provides practical activity ideas on how to include students with a disability into your classroom so they can develop their skills. From everyday practise strategies to specific sports skills, this workshop will highlight how to create an inclusive and supportive environment so all students can improve.</p>



ELECTIVE SESSION B: 11.30am – 12.45am

B1	<p>Teaching Health in PE and the Classroom (Practical) <i>Kristina Van Oosterum, St John Vianney's Primary School</i></p> <p>Where is the Health curriculum covered in your Primary School? Is it the responsibility of the classroom teacher, PE teacher or an external provider to teach it? Health is about more than food and nutrition and PE teachers CAN incorporate focus areas, such as Mental Health and Wellbeing and Relationships and Sexuality, into class games and activities. Classroom teachers and (H)PE specialists need to collaborate to raise the profile of Health, through a whole school approach. This workshop aims to provide teachers with practical ideas on how to integrate the Health curriculum into PE lessons and ensure Health is taught consistently across the school.</p>		
B2	<p>Fundamental Movement Skills: Why and How? (Practical) <i>Sean de Morton, Balwyn North Primary School</i></p> <p>FMS - Why and How? This session is designed to provide delegates with an insight into why Fundamental Movement Skills are still so important. This dynamic session will highlight how to plan and implement a differentiated PE program that enables students to develop these essential skills in a contemporary, fun and engaging way.</p>		
B3	<p>SEPEP - Leave it to the Kids (Practical) <i>Andy Hair, Physical Literacy Consultant</i></p> <p>Thinking of developing an innovative and informative Sport Education in Physical Education Program (SEPEP)? This session is for you! Be prepared to participate in a practical lesson where you are in the students' shoes. This session will demonstrate how SEPEP can embed skills and knowledge from across the Physical Education learning area and be linked to other learning domains.</p>		
B4	<p>Planning for Assessment in Primary PE <i>Michelle Vincitorio, Springside P-9 College and Bernie Holland, ACHPER Victoria</i></p> <p>This session will enable you to develop the confidence to establish clear program outcomes and embed effective assessment into your planning. The session will highlight how to create assessment that is sequential, whilst explaining how to break down FMS and game sense skills. You will walk away from this workshop understanding the importance of developing a transparent and purposeful PE program through the use of explicit assessment criteria that allows you to differentiate student levels.</p>		
B5	<p>Teaching is one of the most rewarding professions, but it can also be one of the most stressful <i>Nikki Bonus, Life Skills Group</i></p> <p>This workshop will give teachers tools to prevent burn out, manage emotional triggers, build resilience and reignite/sustain their passion for teaching. Participants will gain an understanding of how practicing mindfulness and understanding neuroscience, facilitates emotional intelligence, wellbeing and self-regulation. This allows development of a calm, focused mind for students and themselves.</p>		
B6	<p>Flipped Learning in Physical Education <i>Christina Polatajko, Newbury Primary School</i></p> <p>This hands on workshop will allow all participants to get out of their comfort zone using ICT to flip learning. We will learn why flipped learning is successful and how it benefits student engagement and knowledge. Educators will have the opportunity to flip their program during the session, complete various hands on activities and set their own goals. Explain Everything, Adobe Spark (Voice), iMovie, Screencast and YakitKids will be used to maximise your learning. Can you flip your learning? #yesyoucan.</p>		
B7	<table border="1"> <tr> <td data-bbox="236 1709 850 1995"> <p>Introduction to Quidditch? (Practical) <i>Samantha Snow, Old Orchard Primary School</i></p> <p>This engaging workshop will introduce the emerging game of Quidditch – drawn from Harry Potter. The session will highlight key aspects of the game and how Quidditch can be used to engage different students, develop thinking strategies and make PE relevant and interesting for students.</p> </td><td data-bbox="874 1709 1473 1995"> <p>Introduction to Skateboarding (Practical) <i>Rachel Delphin, Victorian Skateboard Association</i></p> <p>'All Aboard' is a co-educational skateboarding workshop program with equipment provided. 'All Aboard' focuses on increasing male and female skateboarding participation and consists of a mix of in-school, after-school workshops and weekend/holiday based sessions with both male and female instructors.</p> </td></tr> </table>	<p>Introduction to Quidditch? (Practical) <i>Samantha Snow, Old Orchard Primary School</i></p> <p>This engaging workshop will introduce the emerging game of Quidditch – drawn from Harry Potter. The session will highlight key aspects of the game and how Quidditch can be used to engage different students, develop thinking strategies and make PE relevant and interesting for students.</p>	<p>Introduction to Skateboarding (Practical) <i>Rachel Delphin, Victorian Skateboard Association</i></p> <p>'All Aboard' is a co-educational skateboarding workshop program with equipment provided. 'All Aboard' focuses on increasing male and female skateboarding participation and consists of a mix of in-school, after-school workshops and weekend/holiday based sessions with both male and female instructors.</p>
<p>Introduction to Quidditch? (Practical) <i>Samantha Snow, Old Orchard Primary School</i></p> <p>This engaging workshop will introduce the emerging game of Quidditch – drawn from Harry Potter. The session will highlight key aspects of the game and how Quidditch can be used to engage different students, develop thinking strategies and make PE relevant and interesting for students.</p>	<p>Introduction to Skateboarding (Practical) <i>Rachel Delphin, Victorian Skateboard Association</i></p> <p>'All Aboard' is a co-educational skateboarding workshop program with equipment provided. 'All Aboard' focuses on increasing male and female skateboarding participation and consists of a mix of in-school, after-school workshops and weekend/holiday based sessions with both male and female instructors.</p>		



ELECTIVE SESSION C: 2.15 – 3.30pm

C1	<p>Gymnastics – Give it A Go! (Practical) Rowena Lynch, Victoria University</p> <p>You CAN teach gymnastics based activities! Using a simple “deck of cards” approach, this workshop provides a range of practical activities that will take the fear out of teaching gymnastics in the school environment. Based on the key basic shapes of gymnastics you will be shown how knowing a LITTLE can translate into providing a LOT of activity choice for your students.</p>
C2	<p>Hook, Taste and Master It! (Practical) Darryl Craig, Overnewton Anglican Community College</p> <p>Get creative in your teaching of concepts/skills and drills with game play. Students of today are in a hurry! If you blink you miss! Use skills, drills and minor games to hook students into wanting more. Dodge, throw, catch, strike, leap and kick your way through a variety of activities to take back and use in your next lesson. Do your students ever say at the end of your lesson/session: ‘Gee that was quick!’. Expect zany warm up games, diverse action packed skill/drill and a game play extravaganza that increases the heart rate!</p>
C3	<p>Game Sense approach for teaching tennis and other net/court/wall games (Practical) Mitch Hewitt, Tennis Australia</p> <p>Applying the Game Sense approach this practical workshop will present a variety of tennis games and play practices designed to maximise participation for large groups of primary students of differing abilities. Through modification of key aspects of the game this session will demonstrate how the content can be applied to other sports in the net/court/wall category.</p>
C4	<p>Aquatics in the Primary School Kate Simpson and Melissa Laird, Life Saving Victoria</p> <p>Primary Physical Education aquatic education classes are challenging at the best of times... no bus money, not enough allocated class time, not enough qualified staff! How do you create an aquatic education program where all students are engaged and moving, everyone is challenged and having fun? We can show you some ways to make your aquatic education classes engaging and appropriate for all ability levels.</p>
C5	<p>How to Promote Positive Body Image in Primary Schools Dr Zali Yager, Victoria University</p> <p>Body image is one of the main concerns among young people today, and research shows us that early intervention is best. In this interactive workshop, you will be engaged in a range of activities, and with a range of resources aimed at improving body image in children. Opportunities for schools and teachers to utilise a whole-school approach to promote positive body image in their school will be discussed.</p>
C6	<p>Linking ICT and Physical Activity in Primary School Physical Education (Practical) Dr Nathan Elsworthy, Victoria University</p> <p>A variety of smart-phone applications are easily accessible for Physical Education teachers to assist in the planning and delivery of different learning activities. Specific to physical activity and fitness, there are many apps which monitor your daily physical activity, track your running and cycling, and evaluate your performance. Some can even act as your own personal trainer!!! This session will demonstrate some of these applications and how they can be used effectively to deliver practical and engaging Physical Education sessions in developing the primary school students’ understanding of the body’s response to exercise and physical activity as well as the impact of improved fitness.</p>
C7	<p>Victorian Curriculum Implementation - Q and A Nerida Matthews, Victorian Curriculum and Assessment Authority</p> <p>Do you have questions or concerns around the implementation of the Victorian Curriculum in HPE in your school? This interactive session provides the opportunity to have your specific questions and concerns addressed. Delegates who elect this session will be asked to submit their questions prior to the Conference to maximise the effectiveness of this session.</p>



8.15am 8.45am – 9.00am REGISTRATION WELCOME ADDRESS						
9.00am – 10.15am Elective Session A						
A1	A2	A3	A4	A5	A6	A7
Dance within the primary school <i>Sharna Spittle</i> <i>Victoria University</i>	Fundamental Movement Skills - creative and active <i>Lucy Van Ballegooy</i> <i>Our Lady of The Way School - Kingsbury</i>	Making Sense of Teaching Invasion Games in a Primary School <i>Sarah Maxwell</i> <i>Mill Park Heights Primary School</i>	Preparation and Planning of a Quality Primary Physical Education Program <i>Kirsten Smith</i> <i>Mernda Primary School</i>	Respectful Relationships Education for primary teachers <i>Sally Wilson</i> <i>Victorian Curriculum and Assessment Authority (VCAA)</i>	IDOCIO: The backbone of quality assessment and planning <i>Arron Gardiner</i> <i>Grovedale Primary School</i>	Even playing field; Inclusion in physical education (Practical) <i>Kate Crerar</i> <i>Naranga School</i>
10.15am – 11.00am FEATURE PRESENTATION ONE Are we having fun yet? In praise of silliness & the importance of mucking about. Therese Joyce, Director of Positive Education, Peninsula Grammar 11.00am – 11.30am MORNING TEA AND NETWORKING						
11.30am – 12.45pm Elective Session B						
B1	B2	B3	B4	B5	B6	B7
Teaching Health in PE and the Classroom (Practical) <i>Kristina Van Oosterum</i> <i>St John Vianney's Primary School</i>	Fundamental Movement Skills: Why and How? (Practical) <i>Sean de Morton</i> <i>Balwyn North Primary School</i>	SEPEP - Leave it to the Kids <i>Andy Hair</i> <i>Physical Literacy Consultant</i>	Planning for Assessment in Primary Physical Education program <i>Michelle Vincitorio</i> <i>Springside P-9 College and</i> <i>Bernie Holland</i> <i>ACHPER Victoria</i>	Teaching is one of the most rewarding professions, but it can also be one of the most stressful. <i>Nikki Bonus</i> <i>Life Skills Group</i>	Flipped Learning in Physical Education <i>Christina Polatajko</i> <i>Newbury Primary School</i>	Introduction to Quidditch? <i>Samantha Snow</i> <i>Old Orchard PS</i> Introduction to Skateboarding <i>Rachel Delphin</i> <i>Victorian Skateboard Association</i>
12.45pm – 1.30pm 1.30pm – 2.15pm LUNCH AND NETWORKING FEATURE PRESENTATION TWO Teaching skills and games in PE – a technical or tactical approach? Ray Breed, Director of Health, Sport and Exercise Sciences, St Leonard's College						
2.15 – 3.30pm Elective Session C						
C1	C2	C3	C4	C5	C6	C7
Gymnastics: Give it a go! <i>Rowena Lynch</i> <i>Victoria University</i>	Hook, Taste and Master It! <i>Darryl Craig</i> <i>Overnewton Anglican Community College</i>	Game Sense approach for teaching tennis and other net/court/wall game <i>Mitch Hewitt</i> <i>Tennis Australia</i>	Aquatics in the Primary School <i>Kate Simpson and</i> <i>Melissa Laird</i> <i>Life Saving Victoris</i>	How to Promote Positive Body Image in Primary Schools <i>Zali Yager</i> <i>Victoria University</i>	Linking ICT and PA in Primary School Physical Education <i>Nathan Elsworth</i> <i>Victoria University</i>	Victorian HPE Curriculum - Q and A <i>Nerida Matthews</i> <i>Victorian Curriculum and Assessment Authority (VCAA)</i>

Registration Fees

ACHPER members	\$275
Non Members	\$330
Pre-Service Teachers	\$ 75

You can apply for School sport funding to attend this event

Register Online

www.achper.vic.edu.au/2017primary

We appreciate the support of our conference sponsor



rhsports.com.au
RHS
Not Active!



The Australian Council for Health, Physical Education and Recreation, Victorian Branch Inc.
GPO Box 412, Melbourne 3001 Email: achper@achper.vic.edu.au Phone: 03 9274 8900