

COURSE DELIVERY PLAN 2022

Bachelor of Health Science

COURSE CODE: HBHL

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|---------------------|--|
| CAMPUS | St Albans (SA) |
| COLLEGE | College of Health and Biomedicine |
| STUDY MODE | Full Time or Part Time |
| DURATION | 3 years Full Time or Part Time equivalent |
| FEE TYPE | For information on course fees, refer to http://vu.edu.au/fees |
| APPLICATION METHOD | VTAC - https://vtac.edu.au Direct Application - https://gotovu.custhelp.com/app/landing |
| TIMETABLE | vu.edu.au/timetables |
| COURSE REQUIREMENTS | <p>To successfully attain the Bachelor of Health Science, students will be required to complete 288 credit points consisting of:</p> <ul style="list-style-type: none">• 96 credit points of First Year Core studies;• 96 credit points of Public Health Major studies; <p>Plus One of the following:</p> <p>Option A:</p> <ul style="list-style-type: none">• 96 credit points of Indigenous Health Major studies; <p>Option B:</p> <ul style="list-style-type: none">• 96 credit points of Minor studies (Two Minor sets in total from the list below). <p>Students that complete the first year of College Core studies can elect to graduate with the following (Option A) double Major:</p> <ul style="list-style-type: none">• Majors in Public Health and Indigenous Health. <p>Students that complete the first year of College Core studies and a single Major in Public Health, can elect to graduate with (Option B) two minors to complement their Major, as follows:</p> <ul style="list-style-type: none">• Indigenous Health (HMIIND);• Health (Sport Science Minor) (SMIHEA);• Health and Nutrition (HMIHNU), and;• Bioscience (HMIBIO). |
| FURTHER INFORMATION | Unit and course information is available from the University course search site at http://vu.edu.au/course-search or go to https://askvu.vu.edu.au or Phone VUHQ on 03 9919 6100 |
| COURSE CHAIR | Peter Sleeth Jerome Rachele |
| COURSE ADVICE | ASKCUA |

Note: Students are required to enrol in all units for semester 1 and 2, and are not permitted to enrol in more than 48 credit points per semester as a full-time load.



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Core/Elective Core (a unit that must be completed) & Elective (you have some choice in what you select).

Prerequisites A number of units within the degree have 'prerequisites'. These prerequisites must be met before enrolment in the unit is permitted. Generally these prerequisites require the successful completion of a unit or units taken at an earlier stage in the course. Students should pay particular attention to these prerequisite requirements as failure to meet these can seriously hinder progression through the course.

Date of Publication: This information is current at the publication date: 25/10/2021. It is provided as information only and does not form part of a contract between any person and Victoria University.

COURSE DELIVERY PLAN 2022

YEAR 1

| UNIT CODE | UNIT TITLE | UNIT TYPE | SEM | CREDIT POINTS | CAMPUS | PRE-REQUISITES |
|-----------|--|-----------|---|---------------|--------|----------------|
| HHB1104 | Introduction to Public Health and Wellness | Core | 1B1, 1B2, 1B3, 1B4, 2B1, 2B2, 2B3, 2B4, SB1 | 12 | FP | |
| HBM1001 | Anatomy and Physiology 1 | Core | 1B1, 1B2, 1B3, 1B4, WB1 | 12 | SA | |
| HPC1000 | Introduction to Human Nutrition and Food | Core | 1B2, 1B3, 1B4, 2B1, 2B4 | 12 | FP | |
| HHB1105 | Evidence and Health 1 | Core | 1B2, 1B3, 2B2 | 12 | SA | |
| HHB1204 | Australian Health and Social Care Systems and Policy | Core | 1B4, 2B1, 2B3, 2B4 | 12 | SA | |
| AEK1203 | Indigenous Health and Wellbeing | Core | 1B2, 1B3, 1B4, 2B1, 2B2, SB1 | 12 | SA | |
| HBM1202 | Anatomy and Physiology 2 | Core | 2B1, 2B2, 2B3, 2B4 | 12 | SA | HBM1001 |
| HCM1000 | Professional Communication | Core | 1B2, 2B1, 2B2, 2B3, 2B4 | 12 | CC | |

YEAR 2

| UNIT CODE | UNIT TITLE | UNIT TYPE | SEM | CREDIT POINTS | CAMPUS | PRE-REQUISITES |
|-----------|--------------------------------------|-------------|-----|---------------|--------|----------------|
| | Major 1 - Unit 1 | Major | | 12 | | |
| | Major 1 - Unit 2 | Major | | 12 | | |
| | Major 2 - Unit 1 Or Minor 1 - Unit 1 | Major/Minor | | 12 | | |
| | Major 2 - Unit 2 Or Minor 1 - Unit 2 | Major/Minor | | 12 | | |
| | Major 1 - Unit 3 | Major | | 12 | | |
| | Major 1 - Unit 4 | Major | | 12 | | |
| | Major 2 - Unit 3 Or Minor 1 - Unit 3 | Major/Minor | | 12 | | |
| | Major 2 - Unit 4 Or Minor 1 - Unit 4 | Major/Minor | | 12 | | |



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YEAR 3

| UNIT CODE | UNIT TITLE | UNIT TYPE | SEM | CREDIT POINTS | CAMPUS | PRE-REQUISITES |
|-----------|--------------------------------------|-------------|-----|---------------|--------|----------------|
| | Major 1 - Unit 5 | Major | | 12 | | |
| | Major 1 - Unit 6 | Major | | 12 | | |
| | Major 2 - Unit 5 Or Minor 2 - Unit 1 | Major/Minor | | 12 | | |
| | Major 2 - Unit 6 Or Minor 2 - Unit 2 | Major/Minor | | 12 | | |
| | Major 1 - Unit 7 | Major | | 12 | | |
| | Major 1 - Unit 8 | Major | | 12 | | |
| | Major 2 - Unit 7 Or Minor 2 - Unit 3 | Major/Minor | | 12 | | |
| | Major 2 - Unit 8 Or Minor 2 - Unit 4 | Major/Minor | | 12 | | |

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List of compulsory major/s available in this course

HMAPBH Public Health

List of major/s available in this course

HMAIND Indigenous Health

List of minor/s available in this course

HMIBIO Bioscience

HMIHNU Health and Nutrition

SMIHEA Health (Sport Science Minor)

HMIIND Indigenous Health

MAJORS:

Public Health HMAPBH

The Public Health Major provides students with knowledge and skills in Public Health and Health Promotion. The major develops the student's knowledge base in Public Health and Health Promotion and focuses on the application of knowledge, policy, and research in improving the health of populations. Students completing this major will have an understanding and perspective on how to address contemporary health problems related to critical social and behavioural factors that influence health outcomes.

Students choosing the minor, HMAPBH Public Health, may be required to obtain a 'Working With Children Check' prior to undertaking the unit, HHB2402 Health Program Planning and Evaluation.

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|-----------|---|-----------|------------------------------|---------------|--------|------------------|
| Year 2 | | | | | | |
| ASW2103 | Human Development in Social Context | Major | 1B1, 1B2, 1B3 | 12 | FN | |
| HFB2104 | Introduction to Research Methods | Major | 1B1, 1B2, 1B3 | 12 | SA | HHB1104 |
| HHB2000 | Social Epidemiology | Major | 1B1, 1B2, 1B3, 2B1, 2B2, WB1 | 12 | ORT | HHB1104, HHB1204 |
| HHB2402 | Health Program Planning and Evaluation | Major | 2B3, 2B4 | 12 | ORT | |
| Year 3 | | | | | | |
| HFB3136 | Career and Professional Development | Major | 1B1, 1B2 | 12 | SA | HHB2000, HFB2104 |
| HHB2301 | Health Promotion | Major | 1B1, 1B3, 1B4 | 12 | ORT | HHB2000, HFB2104 |
| HFB3200 | Pinnacle Venture | Major | 1B2, 2B1, 2B2, 2B3 | 12 | SA | HFB3136, HHB2301 |
| SHE3001 | Social Bases of Health: Global Perspectives | Major | 1B1, 1B3, 2B3, 2B4, SB1 | 12 | FP | |



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Or alternative unit for students undertaking SMIHEA Health (Sport Science Minor):

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|---------|-------------------------------|-------|----------|----|----|
| SHE1002 | Growth Development and Ageing | Major | 2B3, 2B4 | 12 | FP |
|---------|-------------------------------|-------|----------|----|----|

Indigenous Health HMAIND

The Indigenous Health Major builds on the Indigenous Health Minor to provide students with a complete context and understanding of the cultural and historical factors that need to be considered when developing and implementing health programs for Australian Aboriginal populations.

Students explore, analyse and deconstruct disciplinary and lived perspectives, impacts and outcomes for Australian Aboriginal individuals and communities in the 21st Century. Topics that are explored include history, human rights, traditional owners, sovereignty, governance and societal structures, and colonial systems of power through an inter-disciplinary unit set, and how these influence and impact the health outcomes of Australian Aboriginal populations and communities. In addition to this students may explore contemporary health and community interventions used by Aboriginal organisations and communities and their relationship to the conventional western medicine construct and mainstream service provision.

A group research project will be presented in relation to Australian Aboriginal health, representing discipline and multi-disciplinary approaches through detailed action plans.

| UNIT CODE | UNIT TITLE | UNIT TYPE | SEM | CREDIT POINTS | CAMPUS | PRE-REQUISITES |
|-----------|--|-----------|-------------------------|---------------|--------|---|
| Year 2 | | | | | | |
| AEK1105 | Aboriginal Traditions and Policy | Major | 1B2, 1B3, 1B4 | 12 | FP | |
| AEK1204 | Aboriginal History and Political Movements | Major | 2B1, 2B2, 2B3, 2B4 | 12 | FP | |
| | | | 2B2 | | W | |
| AEK2203 | Indigenous Perspectives On Sustainability | Major | 2B3, WB1 | 12 | FP | AEK1105, AEK1204 |
| AEK2205 | Politics of Aboriginal Art | Major | 1B3 | 12 | FP | AEK1105, AEK1204 |
| Year 3 | | | | | | |
| AEK3203 | Working Ethically in Aboriginal Community | Major | 2B1, 2B3 | 12 | FP | AEK1105 or AEK1204 and AEK2203 or AEK2205 |
| AEK3204 | Aboriginal Political and Reflective Learning | Major | 1B4 | 12 | FP | |
| HBM3105 | Research Project | Major | 2B1, 2B2, WB1 | 12 | SA | HBM3101 |
| SHE3002 | Health Policy and Promotion | Major | 1B1, 1B2, 2B1, 2B3, 2B4 | 12 | FP | |

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MINORS:

Bioscience HMBIO

The Bioscience minor builds on the first year units of Bioscience 1 and 2, and examines the natural physiological changes that occur throughout the life cycle; introducing students to the major pathological disease processes of the body via discussions on the basis for preventative interventions and management of important pathological conditions.

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|-----------|---|-----------|--------------------|---------------|--------|------------------|
| Year 2 | | | | | | |
| RBM2530 | Pathophysiology 1 | Minor | 1B1, 1B3, 1B4, WB1 | 12 | FP | HBM1001, HBM1202 |
| RBM2540 | Pathophysiology 2 | Minor | 2B2, 2B3, 2B4 | 12 | FP | RBM2530 |
| Year 3 | | | | | | |
| HBM3205 | Clinical Genetics and Cellular Basis of Disease | Minor | 2B4 | 12 | SA | RBM2540 |
| HBM3106 | Reproductive and Developmental Biology | Minor | 1B1, 1B2, 1B3, 1B4 | 12 | SA | RBM2540 |

Health and Nutrition HMIHNU

The Health and Nutrition Minor introduces the student to the role nutrition plays in individual health and populations through the lifespan. Upon completion of the minor students will have an understanding of the link between nutrition and health, wellness and illness and their determinants.

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|-----------|--|-----------|---------------|---------------|--------|--------------------|
| Year 2 | | | | | | |
| HBM2103 | Digestion, Nutrition and Metabolism | Minor | 1B2, 1B3, 1B4 | 12 | SA | HBM1001, HBM1202 |
| HHN2001 | Family Health and Nutrition Through the Lifespan | Minor | 1B2, 1B3 | 12 | FP | |
| Year 3 | | | | | | |
| HHN2402 | Diet & Disease | Minor | 2B1 | 12 | FP | HHN2001 or HBM2103 |
| HHN3002 | Sport and Exercise Nutrition | Minor | 2B3 | 12 | FP | HHN2001 or HBM2103 |

Health (Sport Science Minor) SMIHEA

Being healthy is important to all of us. Our health is influenced by a range of individual and behavioural factors as well as physical and social environments. Studying health will help you to develop skills and knowledge to make decisions about your own health, inform others, and also to recognise the importance of health in society. You will also become aware of how to support and promote healthy behaviours of others. The minor in Health provides you with an understanding of the



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individual and societal influences on health and human development. You will study areas covering adolescent health, sexuality and relationships, social bases of health and health promotion and policy.

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|-----------|---|-----------|-------------------------|---------------|--------|----------------|
| Year 2 | | | | | | |
| SHE2001 | Adolescent Health | Minor | 1B1, 1B2, 1B3, 2B3 | 12 | FP | |
| SHE2002 | Sexuality and Relationships | Minor | 1B1, 1B2, 2B3, 2B4 | 12 | FP | |
| Year 3 | | | | | | |
| SHE3001 | Social Bases of Health: Global Perspectives | Minor | 1B1, 1B3, 2B3, 2B4, SB1 | 12 | FP | |
| SHE3002 | Health Policy and Promotion | Minor | 1B1, 1B2, 2B1, 2B3, 2B4 | 12 | FP | |

Indigenous Health HMIIND

In the Indigenous Health Minor, students explore, analyse and deconstruct disciplinary and lived perspectives, impacts and outcomes for Australian Aboriginal individuals and communities in the 21st Century. Topics that are explored include history, human rights, traditional owners, sovereignty, governance and societal structures, and colonial systems of power through a series of multi-disciplinary units and how these influence and impact the health outcomes of Australian Aboriginal populations and communities. In addition to this students will explore contemporary community interventions used by Australian Aboriginal organisations and communities and their relationship to the conventional western medicine construct and mainstream service provision.

| UNIT CODE | UNIT TITLE | UNIT TYPE | SEM | CREDIT POINTS | CAMPUS | PRE-REQUISITES |
|-----------|--|-----------|--------------------|---------------|--------|------------------|
| Year 2 | | | | | | |
| AEK1105 | Aboriginal Traditions and Policy | Minor | 1B2, 1B3, 1B4 | 12 | FP | |
| AEK1204 | Aboriginal History and Political Movements | Minor | 2B1, 2B2, 2B3, 2B4 | 12 | FP | |
| Year 3 | | | | | | |
| AEK2203 | Indigenous Perspectives On Sustainability | Minor | 2B3, WB1 | 12 | FP | AEK1105, AEK1204 |
| AEK2205 | Politics of Aboriginal Art | Minor | 1B3 | 12 | FP | AEK1105, AEK1204 |