

**COLLEGE OF
SPORT AND
EXERCISE SCIENCE
HANDBOOK 2015**

DISCLAIMER

The information contained in Victoria University's 2015 College of Sport and Exercise Science was current at 01 December 2014

In today's university environment, changes to courses occur far more frequently than in the past. For current information on Victoria University's courses, readers are advised to access the University's online courses database at www.vu.edu.au/courses

If you have difficulty in accessing this material electronically, please phone (03)9919 6100 for assistance.

IMPORTANT INFORMATION

The course details in this handbook (Plus details of all other Victoria University courses) can also be searched on the University's online courses database at www.vu.edu.au/courses

This handbook can be downloaded as a pdf file from the Victoria University website at www.vu.edu.au/courses/course-handbooks-and-guides

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HOW TO USE THIS HANDBOOK

Victoria University's 2015 College of Sport and Exercise Science Handbook is designed to provide students with detailed information on course structures and unit details for undergraduate and postgraduate courses offered by the college in 2015.

The definition of fields used in course tables throughout this handbook include:

Credit Point – the number of credit points a unit contributes towards the total points needed to complete a course.

PLEASE NOTE

This handbook provides a guide to courses available within Victoria University's College of Sport and Exercise Science in 2015.

Although all attempts have been made to make the information as accurate as possible, students should check with the college that the information is accurate when planning their courses.

NOTE: Prospective students are strongly advised to search the University's online courses database at www.vu.edu.au/courses for the most up-to-date list of courses.

This handbook includes descriptions of courses that may later be altered or include courses that may not be offered due to unforeseen circumstances, such as insufficient enrolments or changes in teaching personnel. The fact that details of a course are included in this handbook can in no way be taken as creating an obligation on the part of the University to teach it in any given year or in the manner described. The University reserves the right to discontinue or vary courses at any time without notice.

OTHER INFORMATION

Information about course fees, articulation and credit transfer, recognition of prior learning, admission and enrolment procedures, examinations, and services available to students can be accessed on the University's website or by contacting the University directly.

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College of Sport and Exercise Science

Below are details of courses offered by the College of Sport and Exercise Science in 2015.

This information is also available online on the University's searchable courses database at www.vu.edu.au/courses

NOTE: Courses available to international students are marked with the (I) symbol.

ADVANCED DIPLOMA OF MYOTHERAPY

Course Code:22248VIC

Campus:Footscray Park, Whitten Oval - Footscray.

About this course:The Advanced Diploma of Remedial Massage (Myotherapy) is a hands on course. You will learn the physical assessment and treatment skills needed for the preventative, corrective and rehabilitation phases of musculoskeletal care. This course builds on the skills taught in the Diploma of Remedial Massage so you can work with more complex cases. You will increase your employability in the industry by gaining skills in: leadership and counselling finance management in small business clinical assessment myotherapy practice myotherapy treatments including dry needling

Course Objectives:Completion of this course enables qualified remedial massage therapists to practise as myotherapists in their own practice, or as members of a health clinic.

Careers:Massage Therapist Graduates will be able to apply to register as a recognised accredited professional Myotherapist with the ability to work in private practice and multi-disciplinary medical settings.

Course Duration:1 year

Admission Requirements Year 12:VTAC Completion of the Certificate IV/Diploma of Remedial Massage or equivalent.

Admission Requirements Mature Age:VTAC Completion of the Diploma of Remedial Massage or equivalent. Applicants are encouraged to apply and may be required to have relevant employment or evidence of experience and/or ability to meet the demands of the program.

Selection Processes:Direct Entry, Interview, VTAC

COURSE STRUCTURE

To gain the award of 22248VIC Advanced Diploma of Myotherapy, participants must complete all eleven (11) units of competency, made up of six (6) common units and five (5) specialist units. Participants who do not complete the full course will be awarded a Statement of Attainment listing those units that they have successfully completed.

Core Units

BSBRKG502B MANAGE AND MONITOR BUSINESS OR RECORDS 40

SYSTEMS

CHCADMIN604B	MANAGE THE FINANCES, ACCOUNTS AND RESOURCES OF AN ORGANISATION	90
CHCCOM403A	USE TARGETED COMMUNICATION SKILLS TO BUILD RELATIONSHIPS	55
HLTHIR505D	PROVIDE LEADERSHIP IN PROMOTING EFFECTIVE WORK PRACTICES IN HEALTH	30
HLTIN403C	IMPLEMENT AND MONITOR INFECTION CONTROL POLICY AND PROCEDURES	50
HLTNUT601C	APPLY LITERATURE RESEARCH FINDINGS TO CLINICAL PRACTICE	40

Elective Units

VU21414	WORK WITHIN A MYOTHERAPY FRAMEWORK	80
VU21415	PERFORM MYOTHERAPY CLINICAL ASSESSMENT	100
VU21416	PLAN MYOTHERAPY TREATMENT STRATEGY	120
VU21417	PROVIDE MYOTHERAPY TREATMENT	150
VU21418	PROVIDE MYOFASCIAL DRY NEEDLING TREATMENT	60

BACHELOR OF EXERCISE SCIENCE (SPORT PRACTICE)

Course Code:ABHD

Campus:Footscray Park.

About this course:This undergraduate program will deliver a balance of subjects across the biological sciences, social sciences and humanities. The degree will be widely respected throughout the sports, fitness, exercise and human movement professions. This course will provide graduates with the foundation knowledge and skills for entry into professional careers in exercise and sport such as exercise and sport science, rehabilitation, community fitness and health, as well as research.

Course Objectives:Graduates of the Bachelor of Exercise Science (Sport Practice) course will be able to:

- Gain accreditation as an Exercise Scientist and provide exercise interventions for apparently healthy populations, including high performance and recreational athletes;
- Integrate the biological and social scientific knowledge and professional skills that underpin professional practice in the fields of exercise and sport science;
- Critically analyse and synthesise knowledge gathered from exercise and sport science research;
- Exercise judgement to solve routine exercise science problems using social, ethical, economic, regulatory and global perspectives;
- Operate as an independent and collaborative professional who can communicate knowledge and ideas clearly and coherently;
- Critically apply exercise and sport science knowledge and skills to solve routine problems in sport practice settings;

- Adapt legal and ethical frameworks in order to work effectively in socially and culturally diverse communities and contexts;
- Continue to develop a broad and coherent body of professional sport practice so as to undertake postgraduate studies and research in exercise rehabilitation and related fields.

Careers: Graduates of the Exercise Science (Sport Practice) course will find employment in: Clinical and Sports rehabilitation; Sports Science; Strength and Conditioning Coaching; Fitness/Skills Coaching; Personal Training; Health and Fitness Instructing; Lecturing; and Exercise and Sports Science Research.

Course Duration: 3 years

Admission Requirements Year 12: Units 3 and 4 - a study score of at least 25 in English (ESL) or 20 in any other English.

Admission Requirements International: Completion of a secondary school qualification equivalent to Australia's year 12 or VCE qualification. IELTS minimum 6.0 (no band less than 6)

Admission Requirements Mature Age: Applicants with relevant work, education and/or community experience may be considered on the basis of equivalence

Admission Requirements VET: VET applicants will be considered and pathways are available from a range of VET courses

COURSE STRUCTURE

Students must complete 288 credit points comprised of:

- 144 credit points (12 units) of exercise science compulsory units;
- 96 credit points (8 units) of sport practice specialisation units;
- 48 credit points (4 units) of sport practice specialisation elective units.

The degree has two main components:

- a foundation program in first year where students take introductory level units in kinesiology, biomechanics, human physiology, exercise psychology and research methods;
- an advanced program in the second and third year consisting of a number of specified units.

Year 1, Semester 1

AHE1101	STRUCTURAL KINESIOLOGY	12
AHE1106	EXERCISE PSYCHOLOGY	12
AHE1105	RESEARCH METHODS FOR EXERCISE PROFESSIONALS	12
RBM1174	HUMAN PHYSIOLOGY	12

Year 1, Semester 2

AHE1202	BIOMECHANICS	12
AHE1107	HUMAN GROWTH AND LIFESPAN DEVELOPMENT	12

AHE1112	RESISTANCE TRAINING	12
AHE2104	EXERCISE PHYSIOLOGY	12

Year 2, Semester 1

AHE2005	NUTRITION AND DIET FOR EXERCISE AND PHYSICAL EDUCATION	12
AHE2006	EXERCISE INTERVENTIONS FOR HEALTHY POPULATIONS	12
AHE2102	SPORTS BIOMECHANICS	12
AHE2127	MOTOR LEARNING	12

Year 2, Semester 2

AHE1206	SPORT PSYCHOLOGY	12
AHE2129	ADVANCED RESISTANCE TRAINING	12
AHE2202	FUNCTIONAL KINESIOLOGY	12
AHE3114	SPORT PHYSIOLOGY	12

Year 3, Semester 1

AHE3116	SOCIAL DIMENSIONS OF SPORT AND EXERCISE	12
AHE3101	ADVANCED BIOMECHANICS	12
AHE3120	EXERCISE SCIENCE CAREER DEVELOPMENT	12
AHE3100	ADVANCED EXERCISE PHYSIOLOGY	12

Year 3, Semester 2

AHE3125	APPLIED EXERCISE PSYCHOLOGY	12
AHE3200	PROFESSIONAL ETHICS	12
AHE3126	MOTOR CONTROL	12
SCL3001	EXERCISE, HEALTH AND DISEASE	12

BACHELOR OF EXERCISE SCIENCE (CLINICAL PRACTICE)

Course Code: ABHE

Campus: Footscray Park.

About this course: This undergraduate program delivers a balance of subjects across the biological sciences, social sciences and humanities. The degree will be widely respected throughout the sports, fitness, and exercise rehabilitation professions. This course provides graduates with the foundation knowledge and skills for entry into professional careers in exercise and sport such as exercise and sport science, rehabilitation, community fitness and health, as well as research.

Course Objectives: Graduates of the Bachelor of Exercise Science (Clinical Practice) course will be able to:

- Gain accreditation as an Exercise Scientist and provide exercise interventions for apparently healthy populations, including high performance and recreational athletes;

- Integrate the biological and social scientific knowledge and professional skills that underpin professional practice in the fields of clinical exercise science;
- Critically analyse and synthesise knowledge gathered from clinical exercise science research;
- Exercise judgement to solve routine exercise science problems using social, ethical, economic, regulatory and global perspectives;
- Operate as an independent and collaborative professional who can communicate knowledge and ideas clearly and coherently;
- Critically apply clinical exercise science knowledge and skills to solve routine problems in clinical practice settings;
- Adapt legal and ethical frameworks in order to work effectively in socially and culturally diverse communities and contexts;
- Continue to develop a broad and coherent body of professional clinical practice so as to undertake postgraduate studies and research in exercise rehabilitation and related fields.

Careers: Graduates of the Exercise Science (Clinical Practice) course will find employment in: Clinical and Sports rehabilitation; Exercise Science; Strength and Conditioning Coaching; Fitness/Skills Coaching; Personal Training; Health and Fitness Instructing; Lecturing; and Exercise and Sports Science Research..

Course Duration: 3 years

Admission Requirements Year 12: Units 3 and 4 - a study score of at least 25 in English (ESL) or 20 in any other English.

Admission Requirements International: Completion of a secondary school qualification equivalent to Australia's year 12 or VCE qualification. IELTS minimum 6.0 (no band less than 6)

Admission Requirements Mature Age: Applicants with relevant work, education and/or community experience may be considered on the basis of equivalence

Admission Requirements VET: VET applicants will be considered and pathways are available from a range of VET courses

COURSE STRUCTURE

Students must complete 288 credit points comprised of: 1) 144 credit points (12 units) of exercise science compulsory units; 2) 96 credit points (8 units) of sport practice specialisation units; 3) 48 credit points (4 units) of sport practice specialisation elective units. The ABHE course may be studied in part-time mode. The degree has two main components: 1) a foundation program in first year where students take introductory level units in kinesiology, biomechanics, human physiology, exercise psychology and research methods. 2) an advanced program in the second and third year consisting of a number of specified units.

Year 1, Semester 1

AHE1101	STRUCTURAL KINESIOLOGY	12
AHE1106	EXERCISE PSYCHOLOGY	12
AHE1105	RESEARCH METHODS FOR EXERCISE PROFESSIONALS	12

RBM1174 HUMAN PHYSIOLOGY 12

Year 1, Semester 2

AHE1107	HUMAN GROWTH AND LIFESPAN DEVELOPMENT	12
AHE1202	BIOMECHANICS	12
AHE2104	EXERCISE PHYSIOLOGY	12
AHE1112	RESISTANCE TRAINING	12

Year 2, Semester 1

AHE2005	NUTRITION AND DIET FOR EXERCISE AND PHYSICAL EDUCATION	12
AHE2006	EXERCISE INTERVENTIONS FOR HEALTHY POPULATIONS	12
AHE2127	MOTOR LEARNING	12
RBM2530	PATHOPHYSIOLOGY 1	12

Year 2, Semester 2

AHE2000	CLINICAL BIOMECHANICS	12
AHE2202	FUNCTIONAL KINESIOLOGY	12
AHE3125	APPLIED EXERCISE PSYCHOLOGY	12
RBM2540	PATHOPHYSIOLOGY 2	12

Year 3, Semester 1

AHE3100	ADVANCED EXERCISE PHYSIOLOGY	12
AHE3115	CLINICAL EXERCISE PRACTICE 1	12
AHE2129	ADVANCED RESISTANCE TRAINING	12
SCL3101	ADVANCED TRAINING AND CONDITIONING	12

Year 3, Semester 2

SCL3002	SPORT AND EXERCISE SCIENCE CAPSTONE	12
AHE3251	PREVENTION, MANAGEMENT AND RECOVERY FROM INJURY	12
AHE3126	MOTOR CONTROL	12
SCL3001	EXERCISE, HEALTH AND DISEASE	12

BACHELOR OF SPORT SCIENCE (EXERCISE SCIENCE)

Course Code: ABHF

Campus: Footscray Park.

About this course: This undergraduate program delivers a balance of subjects across the biological sciences, social sciences and humanities. The degree will be widely respected throughout the sports, fitness, exercise and human movement professions. This course provides graduates with the foundation knowledge and skills for entry

into professional careers in exercise and sport such as exercise and sport science, rehabilitation, community fitness and health, as well as research.

Course Objectives: Graduates of the Bachelor of Sport Science (Exercise Science) course will be able to:

- Integrate the biological and social scientific knowledge and professional skills that underpin professional practice in the fields of exercise and sport science;
- Critically analyse and synthesise knowledge gathered from exercise and sport science research;
- Exercise judgement to solve routine exercise science problems using social, ethical, economic, regulatory and global perspectives;
- Operate as an independent and collaborative professional who can communicate knowledge and ideas clearly and coherently;
- Critically apply exercise and sport science knowledge and skills to solve routine problems;
- Adapt legal and ethical frameworks in order to work effectively in socially and culturally diverse communities and contexts;
- Continue to develop a broad and coherent body of professional practice so as to undertake postgraduate studies and research in exercise science and related fields;
- Through the informed use of elective spaces, graduates can develop specialist streams in physiology, biomechanics, motor learning and control, and resistance training and exercise interventions.

Careers: Graduates of the Exercise Science and Human Movement course can find employment in: Clinical and Sports rehabilitation; Sports Science; Strength and Conditioning Coaching; Fitness/Skills Coaching; Personal Training; Health and Fitness Instructing; Lecturing; and Exercise and Sports Science Research.

Course Duration: 3 years

Admission Requirements Year 12: Units 3 and 4 - a study score of at least 25 in English (ESL) or 20 in any other English.

Admission Requirements International: Completion of a secondary school qualification equivalent to Australia's year 12 or VCE qualification. IELTS minimum 6.0 (no band less than 6)

Admission Requirements Mature Age: Applicants with relevant work, education and/or community experience may be considered on the basis of equivalence

Admission Requirements VET: VET applicants will be considered and pathways are available from a range of VET courses

COURSE STRUCTURE

Students must complete 288 credit points (equivalent to 24 units) comprised of:

- 96 credit points (equivalent to 8 units) of sport science compulsory units;
- 96 credit points (equivalent to 8 units) of sport science specialisation units;
- 48 credit points (equivalent to 4 units) of sport science specialisation elective units;

- 48 credit points (equivalent to 4 units) of elective units. Students to select any undergraduate unit from the College of Sport and Exercise Science. Please check any pre-requisite requirements prior to enrolling.

The ABHF course may be studied in part-time mode. The degree has two main components: 1) a foundation program in first year where students take introductory level units in kinesiology, biomechanics, human physiology, exercise psychology and research methods. 2) an advanced program in the second and third year consisting of a number of specified units and elective spaces.

Year 1, Semester 1

AHE1101	STRUCTURAL KINESIOLOGY	12
AHE1106	EXERCISE PSYCHOLOGY	12
AHE1105	RESEARCH METHODS FOR EXERCISE PROFESSIONALS	12
RBM1174	HUMAN PHYSIOLOGY	12

Year 1, Semester 2

AHE1202	BIOMECHANICS	12
AHE1107	HUMAN GROWTH AND LIFESPAN DEVELOPMENT	12
AHE1206	SPORT PSYCHOLOGY	12
AHE2104	EXERCISE PHYSIOLOGY	12

Year 2, Semester 1

AHE2006	EXERCISE INTERVENTIONS FOR HEALTHY POPULATIONS	12
AHE2127	MOTOR LEARNING	12
AHE2102	SPORTS BIOMECHANICS	12

Elective 1

Year 2, Semester 2

AHE2202	FUNCTIONAL KINESIOLOGY	12
AHE2005	NUTRITION AND DIET FOR EXERCISE AND PHYSICAL EDUCATION	12
AHE3114	SPORT PHYSIOLOGY	12

Elective 2

Year 3, Semester 1

AHE3116	SOCIAL DIMENSIONS OF SPORT AND EXERCISE	12
AHE3101	ADVANCED BIOMECHANICS	12
AHE3120	EXERCISE SCIENCE CAREER DEVELOPMENT	12
AHE3100	ADVANCED EXERCISE PHYSIOLOGY	12

Year 3, Semester 2

AHE3200	PROFESSIONAL ETHICS	12
AHE3126	MOTOR CONTROL	12
Elective 3		
Elective 4		

BACHELOR OF SPORT SCIENCE (HUMAN MOVEMENT)

Course Code: ABHG

Campus: Footscray Park.

About this course: This undergraduate program will deliver a balance of subjects across the biological sciences, social sciences and humanities. The degree will be widely respected throughout the sports, fitness, exercise and human movement professions. This course will provide graduates with the foundation knowledge and skills for entry into professional careers in exercise and sport such as exercise and sport science, rehabilitation, community fitness and health, sport policy, as well as research.

Course Objectives: Graduates of the Bachelor of Sport Science (Human Movement) course will be able to:

- Integrate the biological and social scientific knowledge and professional skills that underpin professional practice in the fields of exercise and sport science;
- Critically analyse and synthesise knowledge gathered from human movement research;
- Exercise judgement to solve routine professional problems using social, ethical, economic, regulatory and global perspectives;
- Operate as an independent and collaborative professional who can communicate knowledge and ideas clearly and coherently;
- Critically apply sport science and human movement knowledge and skills to solve routine problems;
- Adapt legal and ethical frameworks in order to work effectively in socially and culturally diverse communities and contexts;
- Continue to develop a broad and coherent body of professional practice so as to undertake postgraduate studies and research in sport and cultural studies.

Careers: Graduates of the Sport Science (Human Movement) course can find employment in: Clinical and Sports rehabilitation; Sports Science; Strength and Conditioning Coaching; Fitness/Skills Coaching; Personal Training; Health and Fitness Instructing; Lecturing; and Human Movement and Sports Science Research.

Course Duration: 3 years

Admission Requirements Year 12: Units 3 and 4 - a study score of at least 25 in English (ESL) or 20 in any other English.

Admission Requirements International: Completion of a secondary school qualification equivalent to Australia's year 12 or VCE qualification. IELTS minimum 6.0 (no band less than 6)

Admission Requirements Mature Age: Applicants with relevant work, education and/or community experience may be considered on the basis of equivalence

Admission Requirements VET: VET applicants will be considered and pathways are available from a range of VET courses

COURSE STRUCTURE

To attain the Bachelor of Sport Science (Human Movement), students will be required to complete the following:

- 96 credit points (equivalent to 8 units) of compulsory units;
- 96 credit points (equivalent to 8 units) of sport science specialisation units;
- 96 credit points (equivalent to 8 units) of elective units. Students to select any undergraduate unit from the College of Sport and Exercise Science. Please check any pre-requisite requirements prior to enrolling.

The degree has two main components:

- a foundation program in the first three semesters where students take introductory level units in kinesiology, biomechanics, human and exercise physiology, exercise psychology, ethics, motor learning and growth and development.
- an advanced program in the second and third year consisting of a number of specified units and elective spaces.

Year 1, Semester 1

AHE1101	STRUCTURAL KINESIOLOGY	12
AHE1106	EXERCISE PSYCHOLOGY	12
RBM1174	HUMAN PHYSIOLOGY	12

12 credit points (equivalent to 1 unit) Elective unit

Year 1, Semester 2

SSM1204	ETHICS AND INTEGRITY MANAGEMENT IN SPORT AND ACTIVE RECREATION	12
AHE1202	BIOMECHANICS	12
AHE2104	EXERCISE PHYSIOLOGY	12

12 credit points (equivalent to 1 unit) Elective unit

Year 2, Semester 1

SSM2101	SPORT MANAGEMENT CAREER DEVELOPMENT 1	12
AHE2127	MOTOR LEARNING	12
AHE2214	SPORT AND FITNESS DELIVERY SYSTEMS	12

12 credit points (equivalent to 1 unit) Elective unit

Year 2, Semester 2

AHE1206	SPORT PSYCHOLOGY	12
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AHE2005	NUTRITION AND DIET FOR EXERCISE AND PHYSICAL EDUCATION	12
SSM2205	SOCIOLOGY OF SPORT AND ACTIVE RECREATION	12

12 credit points (equivalent to 1 unit) Elective unit

Year 3, Semester 1

SSM2103	HISTORICAL AND CULTURAL ASPECTS OF AUSTRALIAN SPORT	12
AHE2103	GROWTH DEVELOPMENT AND AGEING	12

24 credit points (equivalent to 2 units) Elective units

Year 3, Semester 2

AHE3111	SPORT AND SOCIAL ANALYSIS	12
SSM3201	SPORT MANAGEMENT CAREER DEVELOPMENT 2	12

24 credit points (equivalent to 2 units) Elective units

BACHELOR OF SPORT COACHING

Course Code:ABHS

Campus:Footscray Park.

About this course:This course has two distinct specialisations: Sport Science and Physical Education (PE). The course equips students with the required sport coaching skills to positively influence children and adults participating in community sport from the recreational to the elite level. Students will be educated to value the importance of knowledgeable, ethical, creative, adaptable and personable sport coaching. Students will develop the necessary skills and knowledge to coach in multi-skill, multi-sport and sport specific environments. Broadly, graduates should also understand their potential role in developing healthy and active people. The Physical Education specialisation comprises three essential elements: sport coaching specific units; physical education units, as required by the Victorian Institute of Teaching; and scope to develop a second teaching method. This combination of PE, 2nd teaching method and sport coaching is unique and provides an important point-of-difference for graduates in the marketplace. Graduates from this three year program are required to complete an additional one year Graduate Diploma of Teaching before being eligible to teach in Victoria. The Sport Science specialisation consists of sport coaching and sports science units with 4 additional elective units to develop an additional minor speciality. The Bachelor of Sport Coaching has been internationally benchmarked and represents a course that meets the needs of key sporting industry bodies.

Course Objectives:Underlying course philosophy: To equip students with the required sport coaching skills, to positively influence children and adults participating in community sport from recreational to elite level. Students will be educated to value the importance of knowledgeable, ethical, creative, adaptable and personable sport coaching. Students will develop the necessary skills and knowledge to coach in multi-skill, multi-sport and sport specific environments. Broadly, graduates should also understand their potential role in developing healthy and active people. Specific objectives for graduates:

- Coach independently in children's sport/young people's sport and/or performer development sport in multi-skill and/or single sport environments as appropriate;

- Develop a systematic knowledge and understanding of contemporary sport coaching theories and policies that guide coaching within the broader Australian sporting context;
- To be familiar with 'safe coaching' principles, including the importance of statutory legislation regulations and non-statutory guidelines (eg. occupational health and safety, codes of conduct and ethical, moral and equitable coaching practice);
- To have engaged in a sustained period of observation, planning and delivery of sport coaching in a systematic manner with appropriate feedback and assessment;
- To conduct needs analyses for individual athletes and/or teams and tailor coaching programs, taking into account participant needs and wider programs, curricula and targets;
- To understand the key concepts of the sport science disciplines as they apply to sport coaching and develop the capacity to integrate sport science knowledge when coaching;
- Develop fundamental research skills to enable students to critically reflect on published sport coaching literature;
- Develop reflective skills especially in relation to career development, self-management, action and reflection, life balance and professional development and the coach as a performer;
- Develop coach related communication, leadership and teaching skills;
- To be conversant with the relevant governing bodies and policies (local, state and national) that shape sport and sport coaching in Australia;
- Demonstrate an understanding and critical awareness of the moral, ethical, environmental and legal issues which underpin best practice in coaching;
- Reflect on coaching practice, demonstrating the ability for informed analysis and a willingness to apply the principle of continuous improvement to their coaching;
- Develop vocational competencies and subject-specific skills necessary for effective employment and/or further study including being aware of boundaries of knowledge and competence, career planning and professional development opportunities.

Careers:Graduates of this course can expect to find employment in the following areas:

- Physical Education Teacher with Sport Coaching Specialisation (after completion of a Graduate Diploma of Teaching);
- Sport Coaches with State and National Sporting Organisations;
- Sport Development and Community Coaching Officer;
- Private Sport Coaching Consultant/Entrepreneur;
- Specialist Sport Coaches - Private Schools;
- Coaching Director;
- Personal Trainer (subject to completion of registration requirements);
- Coaching Special Groups (athletes with disability, inclusion of girls and women; ethnic minorities);
- Coaching Children in Primary and Community contexts;
- Professional or Semi Professional Sports Coach;
- High Performance Manager;
- Coaching within Governing Body Programs;

- Strength and Conditioning Coach.

Course Duration: 3 years

Admission Requirements Year 12: Units 3 and 4 - a study score of at least 25 in English (ESL) or 20 in any other English.

Admission Requirements International: Completion of a secondary school qualification equivalent to Australia's year 12 or VCE qualification. IELTS minimum 6.0 (no band less than 6) or equivalent.

Admission Requirements Mature Age: Applicants with relevant work, education and/or community experience may be considered on the basis of equivalence.

Admission Requirements VET: VET applicants will be considered and pathways are available from a range of VET courses.

Admission Requirements Other: Applicants with relevant employment or work experience may complete and submit the VTAC PI form. Interviews for some applicants only on the basis of academic record and submitted PI form.

COURSE STRUCTURE

To attain the Bachelor of Sport Coaching students will be required to complete 288 credit points (equivalent to 24 units) in total consisting of: Students enrolled in ABHS with Physical Education specialisation complete:

- 216 credit points (equivalent to 18 units) Core Units (includes a Physical Education teaching method)

PLUS EITHER:

- 72 credit points (equivalent to 6 units) Teaching Method Units (see specialisations below to determine which specialisations are 6 units)

OR

- 48 credit points (equivalent to 4 units) Teaching Method Units (see specialisations below to determine which specialisations are 4 units)
- 24 credit points (equivalent to 2 units) from the following 3 units:

AHE2256 Sport Coaching: Talent Identification and Development AHE3251 Prevention, Management and Recovery from Injury AHE3219 Adapted Physical Education Students enrolled in ABHS with a Sport Science specialisation complete:

- 156 credit points (equivalent to 13 units) Core Sport Coaching Units;
- 84 credit points (equivalent to 7 units) Core Sport Science Specialisation Units; and
- 48 credit points (equivalent to 4 units) Elective units. Students to select from any undergraduate units from across the University (subject to availability).

PHYSICAL EDUCATION STREAM

Year 1 Semester 1

AHE1112 RESISTANCE TRAINING 12

AHE1101 STRUCTURAL KINESIOLOGY 12

AHE1251 COACHING ACTIVE COMMUNITIES 12

AHE2250 SPORT COACHING PRINCIPLES 12

Year 1 Semester 2

AHE2257 SPORT COACHING: SKILL ACQUISITION, EXPERTISE AND LEARNING 12

AHE1250 SPORT COACHING: APPLIED CONDITIONING 12

AHE2251 SPORT COACHING ENVIRONMENT, PLANNING AND DELIVERY 12

RBM1174 HUMAN PHYSIOLOGY 12

Year 2 Semester 1

AHE2254 PSYCHOLOGY OF SPORT COACHING 12

AHE2255 APPLIED PHYSIOLOGY: SPORT COACHING 12

SPE2007 MINOR GAMES 12

Plus 12 credit points 2nd Teaching Method 1

Year 2 Semester 2

AHE2016 BIOMECHANICS FOR PHYSICAL EDUCATION 12

SPE2008 MAJOR GAMES 12

Plus 12 credit points 2nd Teaching Method 2

Plus 12 credit points 2nd Teaching Method 3

Year 3 Semester 1

AHE2005 NUTRITION AND DIET FOR EXERCISE AND PHYSICAL EDUCATION 12

SPE1005 INDIVIDUAL MOVEMENT ACTIVITIES 12

AHE3250 SOCIO-HISTORICAL SPORT COACHING 12

Plus 12 credit points 2nd Teaching Method 4

Year 3 Semester 2

SPE1105 AQUATIC AND ATHLETIC MOVEMENT ACTIVITIES 12

AHE3252 ETHICAL BEHAVIOUR IN SPORT COACHING 12

PLUS EITHER:

12 credit points 2nd Teaching Method 5

12 credit points 2nd Teaching Method 6

OR - for students completing a 4-unit Teaching Method, complete any two of the

following three units:

AHE2256	SPORT COACHING: TALENT IDENTIFICATION AND DEVELOPMENT	12
AHE3251	PREVENTION, MANAGEMENT AND RECOVERY FROM INJURY	12
AHE3219	ADAPTED PHYSICAL EDUCATION	12

SPORT SCIENCE STREAM

Year 1 Semester 1

AHE1112	RESISTANCE TRAINING	12
AHE1101	STRUCTURAL KINESIOLOGY	12
AHE1251	COACHING ACTIVE COMMUNITIES	12
AHE2250	SPORT COACHING PRINCIPLES	12

Year 1 Semester 2

AHE2257	SPORT COACHING: SKILL ACQUISITION, EXPERTISE AND LEARNING	12
AHE1250	SPORT COACHING: APPLIED CONDITIONING	12
AHE2251	SPORT COACHING ENVIRONMENT, PLANNING AND DELIVERY	12
AHE2252	COACH DEVELOPMENT AND APPLIED PRACTICE	12

Year 2 Semester 1

AHE2253	ADVANCED SPORT COACHING: RESEARCH, KNOWLEDGE AND EXPERTISE	12
AHE2254	PSYCHOLOGY OF SPORT COACHING	12
AHE2255	APPLIED PHYSIOLOGY: SPORT COACHING	12

12 credit points (equivalent to 1) Elective Unit. Students to select from any undergraduate units from across the University (subject to availability).

Year 2 Semester 2

AHE2129	ADVANCED RESISTANCE TRAINING	12
AHE2256	SPORT COACHING: TALENT IDENTIFICATION AND DEVELOPMENT	12
AHE2016	BIOMECHANICS FOR PHYSICAL EDUCATION	12

12 credit points (equivalent to 1) Elective Unit. Students to select from any undergraduate units from across the University (subject to availability).

Year 3 Semester 1

AHE2213	CAREER AND PROFESSIONAL DEVELOPMENT 2	12
AHE2005	NUTRITION AND DIET FOR EXERCISE AND PHYSICAL	12

EDUCATION

AHE2015	ADAPTED COACHING	12
AHE3250	SOCIO-HISTORICAL SPORT COACHING	12

Year 3 Semester 2

AHE3251	PREVENTION, MANAGEMENT AND RECOVERY FROM INJURY	12
AHE3252	ETHICAL BEHAVIOUR IN SPORT COACHING	12

24 credit points (equivalent to 2) Elective Units. Students to select from any undergraduate units from across the University (subject to availability).

ESPART	EDUCATION - ART
ESPBUS	EDUCATION - BUSINESS STUDIES
ESPENG	EDUCATION - ENGLISH
ESPHUM	EDUCATION - HUMANITIES / SOSE
ESPINF	EDUCATION - INFORMATION TECHNOLOGY
ESPLIT	EDUCATION - LOTE (VIETNAMESE)
ESPMAT	EDUCATION - MATHEMATICS
ESPMED	EDUCATION - MEDIA STUDIES
ESPMUS	EDUCATION - MUSIC
ESPOUT	EDUCATION - OUTDOOR EDUCATION
ESPPER	EDUCATION - PERFORMANCE STUDIES (DANCE AND DRAMA)
ESPPSY	EDUCATION - PSYCHOLOGY
ESPSCI	EDUCATION - SCIENCE
ESPSTW	EDUCATION - STUDENT WELFARE
ESPTES	EDUCATION - TESOL

BACHELOR OF SPORT & RECREATION MANAGEMENT/BACHELOR OF BUSINESS - EVENT MANAGEMENT

Course Code: ABRE

Campus: Footscray Park.

This course is for Continuing students only.

About this course: The double degree in Sport and Recreation Management and Business Event Management provides students with a sound knowledge and critical appreciation of the structure and practices of the Australian sport and recreation industry and the skills and understandings of business principles and events management. The degree educates sport and recreation managers with a particular emphasis on events management.

Course Objectives: Graduates of this course will be able to:

- Use initiative, judgement and communication skills to manage a variety of sport and recreation organisations and meet the needs of members, players, staff, sponsors and other significant stakeholders;
- Apply in-depth skills in event management to a diversity of service delivery settings, especially the sport and recreation industry;
- Work independently, ethically and professionally in sporting clubs, state and national sporting and recreation agencies, leisure centres, sport stadiums and major events facilities, community service organisations and sport management consultancies;
- Use initiative and in-depth discipline knowledge to adapt to the changing needs of the sport and recreation industry, commerce and community;
- Apply technical, communication and problem-solving skills to leadership roles that promote institutional and social change with social justice initiatives;
- Demonstrate a critical understanding and appreciation of the nature, role and significance of sport and recreation for individuals and social groups in its differing social, political and economic contexts;
- Apply a practical understanding of the ongoing and project tasks and problems associated with leading and facilitating sport and recreation opportunities and managing events;
- Demonstrate an understanding of, and commitment to, the benefits of quality sport and recreation and to the professional standards required in the provision of sport and recreational services.

Careers: Students who have graduated from this course are qualified to work in a variety of sport and recreation organisations that administer, coordinate or deliver sport and recreation services for players, spectators and the community, as well as general business operations. Potential employment areas include: Sport and recreation organisations: sport and recreation clubs and associations, sport and recreation events, sport and recreation facilities; Sport associations (state and national): management, marketing and media, program development and delivery, and project coordination; Sport facilities: major and minor venue managers, marketers and program coordinators Sport events: event manager, marketers and media manager; Commercial: player agent, commercial sport businesses, customer service, marketing, service management, sport consultancy; Local and state governments: community sport programs, community events, sport and recreation facilities, sport and community centres, community development projects.

Course Duration: 4 years

Admission Requirements Year 12: Prerequisites: Units 3 and 4 - a study score of at least 20 in English (any). Selection mode: CY12: ENTER and two stage process with a middle-band of approximately 20%. NONY12: Academic record, possible interview if required.

COURSE STRUCTURE

Students will be expected to complete all the core units of the course as listed in the course structure. Students will also be able to choose a number of elective units from any course of study.

Year 1, Semester 1

AHS1100	INTRODUCTION TO SPORT AND RECREATION	12
AHS1111	SPORT HISTORY AND CULTURE	12
BFP1100	PROFESSIONAL DEVELOPMENT 1 - CRITICAL THINKING AND PROBLEM SOLVING	12
BHO2432	INTRODUCTION TO EVENTS	12

Year 1, Semester 2

AHS1108	SPORT AND THE MEDIA	12
BAO1101	ACCOUNTING FOR DECISION MAKING	12
BCO1102	INFORMATION SYSTEMS FOR BUSINESS	12
BMO1102	MANAGEMENT AND ORGANISATION BEHAVIOUR	12

Year 2, Semester 1

AHS1200	SPORT AND RECREATION MANAGEMENT	12
AHS1207	SPORT AND RECREATION CAREER DEVELOPMENT 1	12
BHO1171	INTRODUCTION TO MARKETING	12
BLO1105	BUSINESS LAW	12

Year 2, Semester 2

AHS1107	SPORT, LEISURE AND SOCIETY	12
AHS2111	SPORT SPONSORSHIP	12
AHS2300	EVENT MANAGEMENT IN SPORT AND RECREATION	12
BHO3420	EVENT OPERATIONS	12

Year 3, Semester 1

AHS3114	SPORT AND RECREATION FACILITY MANAGEMENT	12
BE01106	BUSINESS STATISTICS	12
BHO3421	BUSINESS EVENTS	12

plus Sport Elective 1

Year 3, Semester 2

AHS3113	ETHICS AND SOCIAL POLICY IN SPORT	12
BHO2301	SUSTAINABLE OPERATIONS	12
BHO3510	HOSPITALITY, TOURISM & EVENTS INDUSTRY PROJECT	12
BMO3405	LIVE PERFORMANCE MANAGEMENT	12

Year 4, Semester 1

AHS3505	SPORT RECREATION AND SUSTAINABILITY	12
BE01105	ECONOMIC PRINCIPLES	12
BFP2100	PROFESSIONAL DEVELOPMENT 2 - ANALYSIS AND STRATEGY	12
BHO2422	EVENT CREATION AND DESIGN	12

Year 4, Semester 2

AHS3507	SPORT, RECREATION AND SOCIAL RESPONSIBILITIES	12
AHS3600	SPORT AND RECREATION CAREER DEVELOPMENT	12

plus Sport Elective 2

plus Sport Elective 3

BACHELOR OF SPORT AND RECREATION MANAGEMENT/BACHELOR OF BUSINESS (MARKETING)

Course Code:ABRK

Campus:Footscray Park.

This course is for Continuing students only.

About this course:The double degree in Sport and Recreation Management and Business Marketing provides students with a sound knowledge and critical appreciation of the structure and practices of the Australian sport and recreation industry and the skills and understandings of business principles and marketing skills. The degree educates sport and recreation managers with a particular emphasis on marketing skills.

Course Objectives:Graduates of this course will be able to: Demonstrate a sound knowledge of the structure and practices of the Australian sport and recreation industry; Apply a range of vocational skills to manage and market a variety of sport and recreation organisations and meet the needs of members, players, staff, sponsors and other significant stakeholders; Apply skills in marketing to a diversity of service delivery settings, especially the sport and recreation industry; Work independently, ethically and professionally in sporting clubs, state and national sporting and recreation agencies, leisure centres, sport stadiums and major events facilities, community service organisations and sport management consultancies; and Use initiative and in-depth discipline knowledge to adapt to the changing needs of the sport and recreation industry, commerce and community; Apply technical, communication and problem-solving skills to leadership roles that promote institutional and social change with social justice initiatives.

Careers:Graduated students are qualified to work in a variety of sport and recreation organisations that administer, coordinate or deliver sport and recreation services for players, spectators and the community, as well as general business operations. Potential employment areas include: Sport and recreation organisations: sport and recreation clubs and associations, sport and recreation events, sport and recreation facilities; Sport associations (state and national): management, marketing and media, program development and delivery, and project coordination; Sport facilities: major and minor venue managers, marketers and program coordinators Sport events: event manager, marketers and media manager; Commercial: player agent, commercial sport businesses, customer service, marketing, service management, sport consultancy; Local and state governments: community sport programs,

community events, sport and recreation facilities, sport and community centres, community development projects.

Course Duration:4 years

Admission Requirements Year 12:VCE with minimum study score of 20 in English units 3 and 4 (any) or equivalent.

Admission Requirements International:Completion of a secondary school qualification equivalent to Australia's year 12 or VCE qualification. IELTS minimum 6.5.

Admission Requirements Mature Age:Direct entry is available

COURSE STRUCTURE

Students will be expected to complete all the core units of the course as listed in the course structure. Students will also be able to choose a number of elective units from any course of study.

Year 1, Semester 1

AHS1100	INTRODUCTION TO SPORT AND RECREATION	12
AHS1111	SPORT HISTORY AND CULTURE	12
BHO1171	INTRODUCTION TO MARKETING	12
BLO1105	BUSINESS LAW	12

Year 1, Semester 2

AHS1108	SPORT AND THE MEDIA	12
BCO1102	INFORMATION SYSTEMS FOR BUSINESS	12
BE01106	BUSINESS STATISTICS	12
BMO1102	MANAGEMENT AND ORGANISATION BEHAVIOUR	12

Year 2, Semester 1

AHS1200	SPORT AND RECREATION MANAGEMENT	12
AHS1207	SPORT AND RECREATION CAREER DEVELOPMENT 1	12
BFP1100	PROFESSIONAL DEVELOPMENT 1 - CRITICAL THINKING AND PROBLEM SOLVING	12
BHO2285	MARKETING RESEARCH	12

Year 2, Semester 2

AHS1107	SPORT, LEISURE AND SOCIETY	12
AHS2111	SPORT SPONSORSHIP	12
AHS2300	EVENT MANAGEMENT IN SPORT AND RECREATION	12
AHS3503	LEGAL ISSUES IN SPORT AND RECREATION	12

Year 3, Semester 1

AHS3114	SPORT AND RECREATION FACILITY MANAGEMENT	12
BE01105	ECONOMIC PRINCIPLES	12
BHO2259	PRODUCT AND SERVICES INNOVATIONS	12
BHO3439	MARKETING SERVICES AND EXPERIENCES	12

Year 3, Semester 2

AHS3113	ETHICS AND SOCIAL POLICY IN SPORT	12
BFP2100	PROFESSIONAL DEVELOPMENT 2 - ANALYSIS AND STRATEGY	12
BHO2434	CONSUMER BEHAVIOUR	12

Plus Sport Elective 1 (12 credit points)

Year 4, Semester 1

AHS3505	SPORT RECREATION AND SUSTAINABILITY	12
BA01101	ACCOUNTING FOR DECISION MAKING	12
BHO2257	ADVERTISING AND MARKETING COMMUNICATIONS	12
BHO3254	ADVANCED MARKETING RESEARCH	12

Year 4, Semester 2

AHS3507	SPORT, RECREATION AND SOCIAL RESPONSIBILITIES	12
AHS3600	SPORT AND RECREATION CAREER DEVELOPMENT	12
BHO3435	MARKETING PLANNING AND STRATEGY	12

Plus Sport Elective 2 (12 credit points)

BACHELOR OF SPORT AND RECREATION MANAGEMENT/BACHELOR OF BUSINESS (MANAGEMENT)

Course Code:ABRM

Campus:Footscray Park.

This course is for Continuing students only.

About this course:The double degree in Sport and Recreation Management and Business Management provides students with a sound knowledge and critical appreciation of the structure and practices of the Australian sport and recreation industry and the skills and understandings of business principles and management skills. The degree educates sport and recreation managers with a particular emphasis on core management skills.

Course Objectives:Graduates of this course will be able to: Demonstrate a sound knowledge of the structure and practices of the Australian sport and recreation industry; Apply a range of vocational skills to manage a variety of sport and recreation organisations and meet the needs of members, players, staff, sponsors and other significant stakeholders; Apply skills in business management to a diversity of service delivery settings; Work independently, ethically and professionally in sporting clubs, state and national sporting and recreation agencies, leisure centres, sport stadiums and major events facilities, community service organisations and sport management consultancies; Use initiative and in-depth discipline knowledge to adapt

to the changing needs of the sport and recreation industry, commerce and community, Apply technical, communication and problem-solving skills to leadership roles that promote institutional and social change with social justice initiatives.

Careers:Graduates from the double degree in sport and recreation management / business management course will be prepared to undertake professional responsibilities for both sport and recreation agencies as well as general business operations. Graduates will find work as a manager, administrator in professional sport and recreation clubs, state and national sport and recreation agencies, leisure centres, stadiums and facilities, community service organisations, all levels of government sport and recreation services, commercial sport and recreation services, and sports management consultancies.

Course Duration:4 years

Admission Requirements Year 12:VCE with minimum study score of 20 in English units 3 and 4 (any).

Admission Requirements International:Completion of a secondary school qualification equivalent to Australia's year 12 or VCE qualification. IELTS minimum 6.0 (no band less than 6).

Admission Requirements Mature Age:Applicants with relevant work, education and/or community experience may be considered on the basis of equivalence.

Admission Requirements VET:Applicants with relevant VET study may be considered.

COURSE STRUCTURE

Students will be expected to complete all the core units of the course as listed in the course structure. Students will also be able to choose a number of elective units from any course of study.

Year 1, Semester 1

AHS1111	SPORT HISTORY AND CULTURE	12
AHS1100	INTRODUCTION TO SPORT AND RECREATION	12
BFP1100	PROFESSIONAL DEVELOPMENT 1 - CRITICAL THINKING AND PROBLEM SOLVING	12
BMO1102	MANAGEMENT AND ORGANISATION BEHAVIOUR	12

Year 1, Semester 2

AHS1108	SPORT AND THE MEDIA	12
BA01101	ACCOUNTING FOR DECISION MAKING	12
BCO1102	INFORMATION SYSTEMS FOR BUSINESS	12
BHO1171	INTRODUCTION TO MARKETING	12

Year 2, Semester 1

AHS1200	SPORT AND RECREATION MANAGEMENT	12
AHS1207	SPORT AND RECREATION CAREER DEVELOPMENT 1	12

BE01105	ECONOMIC PRINCIPLES	12	BMO1110	MANAGING KNOWLEDGE	12
BLO1105	BUSINESS LAW	12	Year 4, Semester 2		
Year 2, Semester 2			AHS3507	SPORT, RECREATION AND SOCIAL RESPONSIBILITIES	12
AHS1107	SPORT, LEISURE AND SOCIETY	12	AHS3600	SPORT AND RECREATION CAREER DEVELOPMENT	12
AHS2111	SPORT SPONSORSHIP	12	Plus one of the following two units:		
AHS2300	EVENT MANAGEMENT IN SPORT AND RECREATION	12	BMO3325	HUMAN RESOURCES MANAGEMENT EVALUATION	12
Plus one of the following two units:			BMO3327	ORGANISATIONAL CHANGE AND DEVELOPMENT	12
BMO3220	HUMAN RESOURCE MANAGEMENT	12	Plus Sport Elective 3		
BMO2181	OPERATIONS MANAGEMENT	12	MASTER OF APPLIED SCIENCE (CLINICAL EXERCISE PRACTICE)		
Year 3, Semester 1			Course Code: AMCE		
AHS3114	SPORT AND RECREATION FACILITY MANAGEMENT	12	Campus: Footscray Park.		
BFP2100	PROFESSIONAL DEVELOPMENT 2 - ANALYSIS AND STRATEGY	12	This course is for Continuing students only.		
Plus one of the following two units:			About this course: This course is designed to produce graduates with expertise in exercise and sport science who will understand the scientific basis of exercise and sport performance; be able to apply and effectively evaluate fitness and performance levels; prescribe exercise/training programs to enhance existing levels; be able to effectively communicate those prescriptions to their clients and understand and appreciate the ethical dimensions and implications of this role as well as prescribe exercise and training techniques which emphasise injury prevention. The Master of Applied Science - Clinical Exercise Practice, is a 2 year full-time (or part-time equivalent) postgraduate program to train students in the clinical uses of exercise, in order to prepare graduates to apply for accreditation and work as exercise physiologists. This program offers a postgraduate pathway into clinical exercise practice for graduates from non-traditional backgrounds (ie not exercise science graduates). The first year of this program is the Graduate Diploma in Exercise Science (HGXS). Also, this program is complementary to the Master of Applied Science - Exercise Rehabilitation, offered at Victoria University, and leads to similar graduate outcomes.		
BMO3476	TRAINING AND DEVELOPMENT	12	Course Objectives: The objective of the course is to produce graduates who will be eligible via the accrediting authority, the Australian Association for Exercise and Sports Science (AAESS), to practise clinical exercise physiology as AAESS-Accredited Exercise Physiologists.		
BMO3320	INTERPERSONAL AND ORGANISATIONAL NEGOTIATION	12	Course Duration: 2 years		
Plus Sport Elective 1			Admission Requirements Mature Age: To qualify for admission to the course, applicants must hold an undergraduate degree in a related physical education or human science area such as physiotherapy, occupational therapy, or biomedical science. Selection of students will also take into account current involvement in areas related to the coaching, promotion or direction of exercise. Some applicants may be required to undertake bridging studies.		
Year 3, Semester 2			COURSE STRUCTURE		
AHS3113	ETHICS AND SOCIAL POLICY IN SPORT	12	The course is delivered over three or four evenings per week.		
BMO3420	HUMAN RESOURCE INFORMATION SYSTEMS	12	Year 1, Semester 1		
Plus one of the following two units:					
BMO3324	CONSULTING AND COUNSELLING	12			
BMO3422	STRATEGIC MANAGEMENT	12			
Plus Sport Elective 2					
Year 4, Semester 1					
AHS3505	SPORT RECREATION AND SUSTAINABILITY	12			
BE01106	BUSINESS STATISTICS	12			
Plus one of the following two units:					
BLO2207	EMPLOYMENT LAW	12			
BMO3421	MANAGING THE SERVICE ORGANISATION	12			
Plus one of the following two units:					
BMO3323	EMPLOYEE RELATIONS MANAGEMENT	12			

AHH5010	EXERCISE PHYSIOLOGY THEORY AND PRACTICE	12
AHH5100	APPLIED PSYCHOLOGY OF SPORT AND EXERCISE	12
AHH5140	EXERCISE PRESCRIPTION	12
AHH5012	MOTOR CONTROL AND SKILL IN EXERCISE	12

Year 1, Semester 2

AHH5014	BIOMECHANICS THEORY AND PRACTICE	12
AHH5120	NUTRITION AND DIET FOR PERFORMANCE	12
AHH5113	RESISTANCE TRAINING	12
AHH5160	EXERCISE AND SPORT SCIENCES FIELDWORK	12

The unit of study AHH5160 consists of eight hours of classwork and 70 hours of fieldwork per semester.

EXIT POINT After completing year one, students can exit and be awarded the Graduate Diploma in Exercise Science.

Year 2, Semester 1

AHX5041	FUNCTIONAL ANATOMY	12
AHX5042	MUSCULO-SKELETAL PHYSIOLOGY FOR REHABILITATION	8
AHX5043	QUANTITATIVE AND QUALITATIVE RESEARCH DESIGN AND METHODS FOR PRACTITIONERS	8
AHX5033	BIOMECHANICS THEORY AND PRACTICE FOR REHABILITATION	12
AHX5069	INTRODUCTION TO REHABILITATION FIELDWORK	8

The unit of study AHX5069 consists of four hours classwork and 35 hours work Integrated Learning.

Year 2, Semester 2

AHX5017	CARDIORESPIRATORY AND METABOLIC PHYSIOLOGY FOR REHABILITATION	8
AHX5018	EXERCISE PRESCRIPTION FOR MUSCULO-SKELETAL AND NEUROLOGICAL CONDITIONS	8
AHX5034	EXERCISE PHYSIOLOGY IN THE WORKPLACE	8
AHX5031	PHYSIOLOGICAL TESTING FOR REHABILITATION	12
AHX5070	EXERCISE FOR REHABILITATION FIELDWORK (FULL-TIME)	12

The unit of study AHX5070 consists of eight hours classwork and 140 hours of work Integrated Learning.

MASTER OF CLINICAL EXERCISE SCIENCE AND REHABILITATION

Course Code: AMEP

Campus: Footscray Park.

About this course: The Master of Clinical Exercise Science and Rehabilitation (AMEP) is accredited by the National University Course Accreditation Program (NUCAP) which is the accreditation body for Exercise and Sports Science Australia (ESSA). Graduates of the Masters program will be qualified to be ESSA accredited Clinical Exercise Physiologists (CEPs). They will also gain access to a Medicare Provider number and be able to work as a registered Allied Health professional (eg Clinical Exercise Physiologist) under the Australian government's Medicare health schemes.

Course Objectives: Graduates of this course will be able to:

- Apply knowledge and expertise to the application of exercise in the field of preventive medicine and rehabilitation;
- Interpret and apply specific skills and competencies in the areas of cardiovascular, metabolic, respiratory, musculoskeletal and neurological rehabilitation, which will assist in gaining accreditation with Exercise and Sports Science Australia (ESSA);
- Critically analyse, reflect on and implement skills for clinical practice;
- Refine and adapt evaluation skills and tools to self-assess;
- Design and conduct active research.

Careers: On successful completion of AMEP, students will gain accreditation as Exercise Physiologists with Exercise and Sports Science Australia (ESSA) and will be eligible to gain a provider number and work under the compensable health care schemes such as Medicare.

Course Duration: 1.5 years

Admission Requirements International: The admission requirement for the Master of Clinical Exercise Science and Rehabilitation (AMEP) is successful completion of an Exercise and Sports Science Australia (ESSA) accredited Exercise Science course (or equivalent) and IELTS minimum 6.5 (no band less than 6.0) or equivalent.

Admission Requirements Mature Age: Applications are welcome from those who have previously completed an undergraduate course in exercise science or an under/postgraduate course in clinical exercise and rehabilitation. Applicants should be able to provide evidence of ESSA Exercise Science membership (or eligibility to apply – see below). Current ESSA-Accredited Exercise Physiologists are welcome to apply where you would like to broaden your research knowledge and skills and potentially pursue a research pathway. The minimum requirement for admission to the Master of Clinical Exercise Science and Rehabilitation (AMEP) is: 1. Successful completion of an ESSA-Accredited Exercise Science or Exercise Physiology course AND 2. Current registration or eligible to apply for Exercise Science membership with ESSA or has existing ESSA Accreditation as an Exercise Physiologist. Applications are also welcome from graduates of research postgraduate courses (at least at Masters level) in complimentary fields such as physiology, biomedicine, and pathology. Please contact the AMEP course coordinator (Andrew.Stewart@vu.edu.au) to discuss your application in person.

Admission Requirements Other: If in doubt as to whether your prior study would meet current ESSA Exercise Science requirements, please download <http://www.essa.org.au/wp/wp-content/uploads/2013-Graduate-Entry-Membership-Application-Form-non-NUCAP.pdf> and complete Sections E-G only on page 4. Please submit this information with your application to Victoria University for AMEP entry. Advanced Standing (credit) will be assessed from the information and supplementary documentation provided in the Advanced Standing Form (previously

RPL). This form should be accompanied by a certified copy of the academic transcript(s) and ESSA registration (or application to register).

COURSE STRUCTURE

Students complete eight core units in year one and either the minor thesis or research coursework units in year two

Year 1, Semester 1

SCL6101	CASE MANAGEMENT FOR CLINICAL EXERCISE	12
SCL6102	EXERCISE ASSESSMENTS AND INTERVENTIONS FOR METABOLIC AND RESPIRATORY CONDITIONS	12
SCL6103	EXERCISE ASSESSMENTS AND INTERVENTIONS FOR CARDIOVASCULAR CONDITIONS	12
SCL6104	CLINICAL EXERCISE PRACTICE	12

Year 1, Semester 2

SCL6201	PSYCHOLOGY FOR REHABILITATION	12
SCL6202	EXERCISE ASSESSMENTS AND INTERVENTIONS FOR MUSCULOSKELETAL CONDITIONS	12
SCL6203	EXERCISE ASSESSMENTS AND INTERVENTIONS FOR NEUROLOGICAL CONDITIONS	12
SCL6204	OCCUPATIONAL HEALTH AND EXERCISE REHABILITATION	12

Year 2, Semester 1

Students select one of the following TWO options:

THESIS OPTION

Full-time students enrol in the following unit for one semester:

AHE5901	MINOR THESIS (FULL-TIME)	48
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OR

Part-time students enrol in the following unit for two semesters:

AHE5902	MINOR THESIS (PART-TIME)	24
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RESEARCH COURSEWORK OPTION

AHE5903	RESEARCH FOR PRACTITIONERS	24
AHE5904	ADVANCED INTEGRATED CASE MANAGEMENT	24

DOCTOR OF PHILOSOPHY

Course Code:APHA

Campus:Footscray Park, City Flinders.

About this course:The College of Sport and Exercise Science offers PhD research programs in many areas of specialisation such as:

- Leisure studies;
- Social gerontology;
- Recreation management;
- Recreation and disability;
- Philosophy of sport; and
- Embodiment.

Course Objectives:This course aims to meet the following objectives: develop a thorough understanding of the topic through appropriate research techniques as shown by their application; develop competence in independent investigation and research; develop a high degree of independence of thought and approach; and make a significant original contribution to the existing body of knowledge and (where appropriate) practice.

Careers:Graduates would be positioned to find jobs and careers in a number of areas including academia, private sector business, national sporting organisations, government and not-for-profit organisations.

Course Duration:4 years

Admission Requirements Mature Age:To qualify for admission to the Doctor of Philosophy applicants must have a Master degree by research, or Master degree by coursework (with minor dissertation), or four-year undergraduate degree with honours at first class (H1) or upper second class (H2A) level. Applicants who do not meet the normal admission requirements may be admitted upon demonstration of exceptional background and experience. Initial contact should be made with the College Postgraduate Studies Coordinator to clarify their proposed area of research. Applicants will need to discuss availability of suitable supervision for their program and any facilities or support they will require.

COURSE STRUCTURE

The research thesis must be original work conducted under the supervision of the student advisor/s and with the approval of the Postgraduate Studies Committee of the University. The thesis of the candidate will be examined externally by examiners of high academic standing in the area of the candidate's thesis topic.

Coursework may be required of candidates to further enhance the knowledge of a specific topic relevant to the field of study. Such coursework could run concurrent to the research. In fact, all students undertaking research in the area of exercise physiology will be required to successfully complete the unit Laboratory Skills for Exercise Physiology. As well, all students are required to undertake, and successfully complete, an appropriate research design unit of study normally in the first semester of study. Students are required to conduct independent study, producing a thesis, with supervision from two academic staff members directly linked with the student.

AH8100	RESEARCH THESIS (ARTS BASED) (FULL-TIME)	48
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AH8110	RESEARCH THESIS (ARTS BASED) (PART-TIME)	24
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DOCTOR OF PHILOSOPHY

Course Code:APHS

Campus:Footscray Park, City Flinders.

About this course:The College of Sport and Exercise Science offers PhD research programs in many areas of specialisation such as: Exercise neuroscience (motor

control); Motor learning and skill acquisition; Exercise biochemistry; Biomechanics; Exercise science; Exercise physiology; Sport psychology; and Exercise psychology.

Course Objectives: This course aims to meet the following objectives: develop a thorough understanding of the topic through appropriate research techniques as shown by their application; develop competence in independent investigation and research; develop a high degree of independence of thought and approach; and make a significant original contribution to the existing body of knowledge and (where appropriate) practice.

Careers: Graduates would be positioned to find jobs and careers in a number of areas including academia, private sector business, national sporting organisations, government and not-for-profit organisations.

Course Duration: 4 years

Admission Requirements Mature Age: To qualify for admission to the Doctor of Philosophy applicants must have a Master degree by research, or Master degree by coursework (with minor dissertation), or four-year undergraduate degree with honours at first class (H1) or upper second class (H2A) level. Applicants who do not meet the normal admission requirements may be admitted upon demonstration of exceptional background and experience. Initial contact should be made with the College Postgraduate Studies Coordinator to clarify their proposed area of research. Applicants will need to discuss availability of suitable supervision for their program and any facilities or support they will require.

COURSE STRUCTURE

The research thesis must be original work conducted under the supervision of the student advisor/s and with the approval of the Postgraduate Studies Committee of the University. The thesis of the candidate will be examined externally by examiners of high academic standing in the area of the candidate's thesis topic.

Coursework may be required of candidates to further enhance the knowledge of a specific topic relevant to the field of study. Such coursework could run concurrent to the research. In fact, all students undertaking research in the area of exercise physiology will be required to successfully complete the unit Laboratory Skills for Exercise Physiology. As well, all students are required to undertake, and successfully complete, an appropriate research design unit of study normally in the first semester of study. Students are required to conduct independent study, producing a thesis, with supervision from two academic staff members directly linked with the student.

AHZ8200	RESEARCH THESIS (SCIENCE BASED) (FULL-TIME)	48
AHZ8210	RESEARCH THESIS (SCIENCE BASED) (PART-TIME)	24

BACHELOR OF APPLIED SCIENCE (HONOURS) (HUMAN MOVEMENT)

Course Code: HHHM

Campus: Footscray Park.

About this course: The aims of the course are to promote the development of the student as an independent researcher in a specific human movement related discipline; prepare students for entry into research oriented graduate courses in human movement; and the development of scholarly inquiry across the wide range of human movement disciplines.

Course Objectives: The aims of the course are to: promote the development of the student as an independent researcher in a specific human movement related discipline; prepare students for entry into research oriented graduate courses in human movement; and promote the development of scholarly inquiry across the wide range of human movement disciplines.

Careers: There are many reasons why students might consider an Honours year. One is to secure the academic platform from which students can then pursue a higher degree by research, either at Victoria University or elsewhere.

Course Duration: 1 year

Admission Requirements Mature Age: To qualify for admission to the course, applicants must have successfully completed the University's Bachelor of Applied Science - Human Movement, or its equivalent, with a Credit (C) average and a Distinction (D) in units of study related to the intended discipline of Honours study. Entry into the Honours course will normally occur not more than two years after the completion of the first degree.

COURSE STRUCTURE

The following should be read in conjunction with the College Regulations and the University Statutes and Regulations. Academic Progress: Students must receive a satisfactory progress report at the end of the first semester of study. Unsatisfactory Progress: Students who receive an N grade for the Honours Thesis will be deemed to have failed the course. Graduation Requirements: In order to be awarded a Bachelor of Applied Science (Honours) - Human Movement students must pass the thesis, make any suggested corrections/revisions to the satisfaction of the supervisor and the Honours Courses Committee, and submit one hardbound copy of the thesis to the Honours Co-ordinator.

FULL-TIME OPTION

Year 1 Semester 1		
AHH0421	HONOURS THESIS	48
Year 1 Semester 2		
AHH0421	HONOURS THESIS	48

PART-TIME OPTION

Year 1 Semester 1		
AHS4032	HONOURS THESIS (PART-TIME)	24
Year 1 Semester 2		
AHS4032	HONOURS THESIS (PART-TIME)	24
Year 2 Semester 1		
AHS4032	HONOURS THESIS (PART-TIME)	24
Year 2 Semester 2		
AHS4032	HONOURS THESIS (PART-TIME)	24

BACHELOR OF ARTS (HONOURS) (RECREATION MANAGEMENT)

Course Code:HHRM

Campus:Footscray Park.

About this course:The aims of the course are to promote the development of recreation related research and professional expertise beyond the pass degree level; prepare students for entry into research oriented graduate courses in recreation; and promote the development of scholarly inquiry across the wide range of disciplines focusing on recreation.

Course Objectives:The aims of the course are to:

- promote the development of recreation related research and professional expertise beyond the pass degree level;
- prepare students for entry into research oriented graduate courses in recreation; and
- promote the development of scholarly inquiry across the wide range of disciplines focusing on recreation.

Course Duration:1 year

Admission Requirements Mature Age:Applicants must have successfully completed the University's Bachelor of Arts - Recreation Management, or equivalent, with a Credit (C) average and a Distinction (D) in units of study directly related to the intended discipline of honours study. Applicants will be required to submit a supervisor endorsed honours proposal (500 words) prior to being considered for admission. The proposal must contain a brief synopsis of the proposed thesis/project, a statement of methodology, a timeline and a reference list that includes the key primary and secondary sources. Entry into the honours course will normally occur not more than two years after the completion of the first degree.

COURSE STRUCTURE

The following should be read in conjunction with the College Regulations and the University Statutes and Regulations. Academic Progress Students must receive a satisfactory progress report at the end of the first semester of study. Unsatisfactory Progress Students who receive an N grade for the Honours Thesis will be deemed to have failed the course. Graduation Requirements In order to be awarded a Bachelor of Arts (Honours) - Recreation Management students must pass the thesis, make any suggested corrections/revisions to the satisfaction of the supervisor and the Honours Courses Committee, and submit one hardbound copy of the thesis to the Honours Co-ordinator.

Semester 1

For a normal full-time load

AHR4431 HONOURS THESIS (FULL-TIME) 48

For a normal part-time load

AHR4432 HONOURS THESIS (PART-TIME) 24

Semester 2

For a normal full-time load

AHR4431 HONOURS THESIS (FULL-TIME) 48

For a normal part-time load

AHR4432 HONOURS THESIS (PART-TIME) 24

Students approved to undertake the Honours year on a part-time basis will be required to enrol in the unit of study AHR4432 Honours Thesis (part-time) (24 credit points) over four semesters.

BACHELOR OF ARTS (HONOURS) (SPORT ADMINISTRATION)

Course Code:HHSA

Campus:Footscray Park.

About this course:The aims of the course are to promote the development of sport administration and management related research and professional expertise beyond the pass degree level; prepare students for entry into research orientated graduate courses in sport administration and management; and promote the development of scholarly inquiry across the wide range of disciplines focusing on sport administration and management.

Course Objectives:The aims of the course are to:

- promote the development of sport administration and management related research and professional expertise beyond the pass degree level;
- prepare students for entry into research orientated graduate courses in sport administration and management; and
- promote the development of scholarly inquiry across the wide range of disciplines focusing on sport administration and management.

Upon completion of the course students should be able to demonstrate:

- an understanding of the depth and breadth of knowledge and skills associated with research in sport administration; and
- the academic rigour to design, carry out and evaluate a related research project.

Careers:There are many reasons why students might consider an Honours year. One is to secure the academic platform from which students can then pursue a higher degree by research, either at Victoria University or elsewhere.

Course Duration:1 year

Admission Requirements Mature Age:To qualify for admission to the course applicants must have successfully completed the University's Bachelor of Arts (Sport Administration) or Bachelor of Arts (Sport Administration)/Bachelor of Business (Management) or Bachelor of Arts (Sport Administration)/ Bachelor of Business (Marketing) or Bachelor of Arts (Sport Administration)/ Bachelor of Business (Event Management) or equivalent. An applicant will usually have attained a Distinction (D) average throughout their undergraduate degree in order to qualify for admission to the course. Entry into the Honours course will normally occur not more than two years after the completion of the first degree.

COURSE STRUCTURE

The following should be read in conjunction with the College Regulations and the University Statutes Regulations. Academic Progress: Students must receive a satisfactory progress report at the end of the first semester of study. Unsatisfactory Progress: Students who receive an N grade for the Honours Thesis will be deemed to have failed the course. Graduation Requirements: In order to be awarded a Bachelor of Arts (Honours) Sport Administration students must pass the thesis, make any suggested corrections/revisions to the satisfaction of the supervisor and the Honours Courses Committee, and submit one hardbound copy of the thesis to the Honours Co-ordinator.

Full-time option

Year 1, Semester 1

AHS4031	HONOURS THESIS (FULL-TIME)	48
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Year 1, Semester 2

AHS4031	HONOURS THESIS (FULL-TIME)	48
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Part-time option

Year 1, Semester 1

AHS4032	HONOURS THESIS (PART-TIME)	24
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Year 1, Semester 2

AHS4032	HONOURS THESIS (PART-TIME)	24
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Year 2, Semester 1

AHS4032	HONOURS THESIS (PART-TIME)	24
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Year 2, Semester 2

AHS4032	HONOURS THESIS (PART-TIME)	24
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CERTIFICATE IV IN MASSAGE THERAPY PRACTICE

Course Code:HLT40312

Campus:Industry, City King St.

About this course:In this course you will learn the practical skills and theoretical knowledge to perform relaxation, therapeutic and sports massages. While studying this course, you have the opportunity to work alongside the medical team of AFL club the Western Bulldogs, providing sports massages to the players.

Course Objectives:This qualification covers workers who work as basic level massage therapists. It provides skills in therapeutic relaxation massage including basic health assessment and treatment and may be used by people working:

- within a clinic or in their own clinic
- in an aged care facility
- in a health service
- in a spa facility or
- in a palliative care facility or hospital.

This first level Massage qualification provides graduates with the knowledge and skills to demonstrate autonomy and judgement required to enter the massage

industry. Students will gain factual, technical and procedural therapeutic/relaxation massage skills and be able to apply a range of Massage Therapy procedures within established contexts. Students will also learn how to diagnose and manage a variety of predictable client issues and provide routine care. Theory and factual knowledge and a sound understanding of the history and principles of massage are also covered in this course. The massage clinic component of the Certificate IV in Massage Therapy also provides invaluable practical hands-on workplace experience in a supervised setting, allowing students to develop confidence and integration of various techniques as they learn to assess and treat their clients.

Course Duration:0.5 years

Admission Requirements Year 12:Successful completion of VCE or equivalent

Admission Requirements International:IELTS 5.5 or equivalent

Admission Requirements Mature Age:Demonstrated interest and ability to complete the course.

Selection Processes:Direct Entry, Interview, Written Application

COURSE STRUCTURE

To qualify for the Certificate IV in Massage Therapy Practice participants must successfully complete a total of 15 units of study, comprising of 10 common units and 5 specialisation units in accordance with the packaging rules specified in HLT07 Health Training Package.

Common Units

BSBWOR203B	WORK EFFECTIVELY WITH OTHERS	15
HLTAP401B	CONFIRM PHYSICAL HEALTH STATUS	90
HLTCOM404C	COMMUNICATE EFFECTIVELY WITH CLIENTS	30
HLTCOM405D	ADMINISTER A PRACTICE	30
HLTCOM406C	MAKE REFERRALS TO OTHER HEALTH CARE PROFESSIONALS WHEN	40
HLTCOM408D	USE SPECIFIC HEALTH TERMINOLOGY TO COMMUNICATE EFFECTIVELY	40
HLTFA311A	APPLY FIRST AID	18
HLHIR301C	COMMUNICATE AND WORK EFFECTIVELY IN HEALTH	20
HLTIN301C	COMPLY WITH INFECTION CONTROL POLICIES AND PROCEDURES	20
HLTWH300A	CONTRIBUTE TO WHS PROCESSES	20

Specialisation Units

HLTREM401D	WORK WITHIN A MASSAGE FRAMEWORK	20
HLTREM406C	PROVIDE MASSAGE TREATMENT	240

HLTREM407C	PLAN MASSAGE TREATMENT	20
HLTREM408C	APPLY MASSAGE ASSESSMENT FRAMEWORK	20
HLTREM409C	PERFORM MASSAGE HEALTH ASSESSMENT	100

DIPLOMA OF REMEDIAL MASSAGE

Course Code:HLT50307

Campus:Industry, Footscray Park, Whitten Oval, West Footscray.

About this course:The Diploma of Remedial Massage will teach you the hands on practical skills of remedial massage as well as the theoretical knowledge required to assess your clients' soft tissue dysfunction. You will learn how to provide remedial treatment to clients with a specific need. Your studies will include injury management and rehabilitation, anatomy and physiology, pathophysiology, pathology and postural assessment. By studying this course you are eligible to apply for a paid Cadetship with AFL club the Western Bulldogs. Successful students are supervised by the club's medical team with the possibility of ongoing employment. The aim of the Cadetship is to assist in launching a career specialising in Remedial Massage to elite athletes.

Course Objectives:The Diploma in Remedial Massage is designed to develop workplace skills and knowledge in relaxation, therapeutic, sports and remedial massage. This incorporates the planning, applying and performing basic health assessment necessary for massage treatments. It covers the provision of remedial massage to a variety of clients with specific needs such as injury management, rehabilitation and palliative care.

Careers:This qualification provides the skills required for competence in remedial massage practice and practitioners at his level may be self employed as independent practitioners or may work within a large health service.

Course Duration:1 year

Admission Requirements Year 12:Successful completion of Certificate IV in Massage Therapy Practice HLT40307

Admission Requirements International:IELTS 5.5 or equivalent and Successful completion of Certificate IV in Massage Therapy Practice HLT40307

Admission Requirements Mature Age:Successful completion of Certificate IV in Massage Therapy Practice HLT40307

Selection Processes:Interview, Written Application, VTAC

COURSE STRUCTURE

In the Diploma of Remedial Massage there are 6 compulsory units, 5 specialisation units and 3 electives required for award of this qualification.

HLTCOM502C	DEVELOP PROFESSIONAL EXPERTISE	40
HLTCOM503D	MANAGE A PRACTICE	50
CHCORG428A	REFLECT ON AND IMPROVE OWN PROFESSIONAL PRACTICE	120
HLTHIR506C	IMPLEMENT AND MONITOR COMPLIANCE WITH LEGAL AND	50

ETHICAL REQUIREMENTS

HLTAP501C	ANALYSE HEALTH INFORMATION	30
HLTHIR501C	MAINTAIN AN EFFECTIVE HEALTH WORK ENVIRONMENT	20
HLTREM502C	PROVIDE REMEDIAL MASSAGE TREATMENT	240
HLTREM503C	PLAN REMEDIAL MASSAGE TREATMENT STRATEGY	40
HLTREM504C	APPLY REMEDIAL MASSAGE ASSESSMENT FRAMEWORK	40
HLTREM505C	PERFORM REMEDIAL MASSAGE HEALTH ASSESSMENT	200
HLTREM510B	PROVIDE SPECIALISED REMEDIAL MASSAGE TREATMENTS	40
HLTHIR404D	WORK EFFECTIVELY WITH ABORIGINAL AND TORRES STRAIT ISLANDER PEOPLE	20
HLTHIR403C	WORK EFFECTIVELY WITH CULTURALLY DIVERSE CLIENTS AND CO-WORKERS	20
HLTREM512C	PROVIDE REMEDIAL MASSAGE TREATMENTS WITHIN A CORPORATE SETTING	50
HLTREM513C	PROVIDE REMEDIAL MASSAGE TREATMENT TO ATHLETES	50
CHCICS301B	PROVIDE SUPPORT TO MEET PERSONAL CARE NEEDS	50
HLTCOM510B	PROVIDE SERVICES TO CLIENTS WITH CHRONIC DISEASES OR CONDITIONS	50
HLTCOM509B	PROVIDE SERVICES FOR PEOPLE WITH A LIFE CHALLENGING ILLNESS	50
HLTREM511B	PROVIDE REMEDIAL MASSAGE TREATMENT FOR WOMEN AND CHILDREN	50
CHCAC318B	WORK EFFECTIVELY WITH OLDER PEOPLE	30

DOCTOR OF PHILOSOPHY

Course Code:HPEH

Campus:Footscray Park.

This course is for Continuing students only.

About this course:The College of Sport and Exercise Science offers PhD research programs in many areas of specialisation such as: Exercise Biochemistry; Leisure Studies; Social Gerontology; Biomechanics; Recreation Management; Recreation and Disability; Exercise Science; Exercise Physiology; Sport Psychology; Exercise Psychology; Philosophy of Sport; Performance Making; Philosophy and Social Theory of Performance; and Embodiment.

Course Objectives:This course aims to meet the following objectives:

- develop a thorough understanding of the topic through appropriate research techniques as shown by their application;
- develop competence in independent investigation and research;
- develop a high degree of independence of thought and approach; and

- make a significant original contribution to the existing body of knowledge and (where appropriate) practice.

Careers: Graduates would be positioned to find jobs and careers in a number of areas including academia, private sector business, national sporting organisations, government and not-for-profit organisations.

Course Duration: 3 years

Admission Requirements Mature Age: To qualify for admission to the Doctor of Philosophy applicants must have a Master degree or four year undergraduate degree with honours at first class (H1) or upper second class (H2A) level.

COURSE STRUCTURE

The research thesis must be original work conducted under the supervision of the student advisor/s and with the approval of the Postgraduate Studies Committee of the University. The thesis of the candidate will be examined externally by examiners of high academic standing in the area of the candidate's thesis topic.

Full-time students enrol in the following unit for up to 3 years (6 semesters):

AHZ8200	RESEARCH THESIS (SCIENCE BASED) (FULL-TIME)	48
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Part-time students enrol in the following unit:

AHZ8210	RESEARCH THESIS (SCIENCE BASED) (PART-TIME)	24
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DOCTOR OF PHILOSOPHY

Course Code: HPPE

Campus: Footscray Park.

This course is for Continuing students only.

About this course: The College of Sport and Exercise Science offers PhD research programs in many areas of specialisation such as: Exercise Biochemistry; Leisure Studies; Social Gerontology; Biomechanics; Recreation Management; Recreation and Disability; Exercise Science; Exercise Physiology; Sport Psychology; Exercise Psychology; Philosophy of Sport; Performance Making; Philosophy and Social Theory of Performance; and Embodiment.

Course Objectives:

Course Duration: 3 years

Admission Requirements Mature Age: To qualify for admission to the Doctor of Philosophy applicants must have a Master degree or four-year undergraduate degree with honours at first class (H1) or upper second class (H2A) level. Applicants who do not meet the normal admission requirements may be admitted upon demonstration of exceptional background and experience.

COURSE STRUCTURE

The research thesis must be original work conducted under the supervision of the student advisor/s and with the approval of the Postgraduate Studies Committee of the University. The thesis of the candidate will be examined externally by examiners of high academic standing in the area of the candidate's thesis topic. Coursework may be required of candidates to further enhance the knowledge of a specific topic relevant to the field of study. Such coursework could run concurrent to the research.

In fact, all students undertaking research in the area of exercise physiology will be required to successfully complete AHX6040 Laboratory skills for Exercise Physiology. All students are required to undertake, and successfully complete, an appropriate research design unit of study normally in the first semester of study.

DOCTOR OF PHILOSOPHY

Course Code: HPPH

Campus: Footscray Park.

This course is for Continuing students only.

About this course: The College of Sport and Exercise Science offers PhD research programs in many areas of specialisation such as: Exercise Biochemistry; Leisure Studies; Social Gerontology; Biomechanics; Recreation Management; Recreation and Disability; Exercise Science; Exercise Physiology; Sport Psychology; Exercise Psychology; Philosophy of Sport; Performance Making; Philosophy and Social Theory of Performance; and Embodiment.

Course Duration: 3 years

Admission Requirements Mature Age: To qualify for admission to the Doctor of Philosophy applicants must have a Master degree or four year undergraduate degree with honours at first class (H1) or upper second class (H2A) level.

COURSE STRUCTURE

The research thesis must be original work conducted under the supervision of the student advisor/s and with the approval of the Postgraduate Studies Committee of the University. The thesis of the candidate will be examined externally by examiners of high academic standing in the area of the candidate's thesis topic.

DOCTOR OF PHILOSOPHY

Course Code: HPPL

This course is for Continuing students only.

About this course: The College of Sport and Exercise Science offers PhD research programs in many areas of specialisation such as:

- Exercise Biochemistry;
- Leisure Studies;
- Social Gerontology;
- Biomechanics;
- Recreation Management;
- Recreation and Disability;
- Exercise Science;
- Exercise Physiology;
- Sport Psychology;
- Exercise Psychology;
- Philosophy of Sport;
- Performance Making;
- Philosophy and Social Theory of Performance; and
- Embodiment.

Course Objectives:

Course Duration: 3 years

Admission Requirements Mature Age: For International Students only. To qualify for admission to the Doctor of Philosophy applicants must have a Master degree or four-year undergraduate degree with honours at first class (H1) or upper second class (H2A) level. Applicants who do not meet the normal admission requirements may be admitted upon demonstration of exceptional background and experience.

COURSE STRUCTURE

The research thesis must be original work conducted under the supervision of the student advisor/s and with the approval of the Postgraduate Studies Committee of the University. The thesis of the candidate will be examined externally by examiners of high academic standing in the area of the candidate's thesis topic. Coursework may be required of candidates to further enhance the knowledge of a specific topic relevant to the field of study. Such coursework could run concurrent to the research. In fact, all students undertaking research in the area of exercise physiology will be required to successfully complete AHX6040 Laboratory skills for Exercise Physiology. All students are required to undertake, and successfully complete, an appropriate research design unit of study normally in the first semester of study.

MASTER OF ARTS

Course Code:HRAT

Campus:Footscray Park.

About this course:Masters Degree (Research) in the field of Sport and Exercise Science The Masters Degree (Research) allows you to develop your knowledge and skills in planning and executing a substantial piece of original research in an area that is of interest to you and to the University, industry and the community, with the assistance of an experienced research supervisory team. This degree requires you to apply an advanced body of knowledge in a range of contexts for research and scholarship and potentially as a pathway to a PhD or Professional Doctorate. It involves supervised study and research, through completion of a major research thesis in an approved thesis format for examination, as well as research training and independent study. Feedback is provided face-to-face and online by the supervisory team, and co-curricular opportunities for receiving feedback are available through activities in which you are strongly encouraged to participate, such as involvement in support and adjunct programs offered by the university or externally; collaborative publication of academic articles with supervisors and peers; presentation at academic conferences including those organised within VU for graduate researchers and staff; and other presentations to a variety of audiences. This course is normally a 2 year (full time) and 4 year (part time) research-based degree.

Course Objectives:The course objectives are to produce graduates who have the following knowledge and skills: 1 a body of knowledge that includes the understanding of recent developments in one or more discipline 2 advanced knowledge of research principles and methods applicable to the field of work or learning 3 cognitive skills to demonstrate mastery of theoretical knowledge and to reflect critically on theory and its application 4 cognitive, technical and creative skills to investigate, analyse and synthesise complex information, problems, concepts and theories and to apply established theories to different bodies of knowledge or practice 5 cognitive, technical and creative skills to generate and evaluate complex ideas and concepts at an abstract level 6 cognitive and technical skills to design, use and evaluate research and research method 7 communication and technical skills to present a coherent and sustained argument and to disseminate research results to specialist and non-specialist audience 8 technical and communication skills to design, evaluate, implement, analyse, theorise and disseminate research that makes a

contribution to knowledge This knowledge and these skills will be demonstrated through the planning and execution of a substantial piece of research 9 with creativity and initiative 10 with a high level of personal autonomy and accountability, demonstrating expert judgement, adaptability and responsibility as a learner

Careers:PhD or Professional Doctorate, research assistant, research technician.

Course Duration:2 years

Admission Requirements International:In addition to meeting the University requirements (See: Admission Requirements - Other) international applicants who will be studying in Australia must satisfy the English language qualifying requirement for gaining an entry visa to Australia for applicants from their country.

Admission Requirements Other:(a) Academic achievement and preparation to a level that is sufficient to undertake masters level research demonstrated in any one or more of the following: i. Qualified, at minimum, for a bachelors degree at a standard considered by the University to be sufficiently meritorious (normally Distinction average in the final year); or ii. Qualified for any other award judged by the University to be of a relevant and appropriate standard and have: 1 Produced evidence of professional experience; and 2 Fulfilled any other conditions relating to prerequisite studies which the University may impose. (b) Demonstrated competency in English sufficient to work at research masters level, through meeting one or more of the following criteria: i. Successful completion of one of the degrees stipulated under a) i) 2 ii) above with English as the language of instruction and assessment and undertaken in a predominantly English speaking context; or ii. Been taught for two of the past five years at a tertiary institution where English was the primary language of instruction; or iii. Achieved an overall band score of not less than 6.5 in an International English Language Testing Service (IELTS) test with no individual band score below 6.0; or iv. Achieved a score of not less than 92 and no section score less than 22 in the internet-based Teaching of English Foreign Language (TOEFL) test; or v. Documented evidence of English proficiency equivalent to the above.

COURSE STRUCTURE

The standard duration of a Masters Degree (Research) is two years of full-time study or part-time equivalent, although in certain circumstances the degree may be completed in eighteen months. In some cases the student may be required to complete approved coursework units such as laboratory skills or research design as part of the Masters Degree (Research).

AHZ8100	RESEARCH THESIS (ARTS BASED) (FULL-TIME)	48
AHZ8110	RESEARCH THESIS (ARTS BASED) (PART-TIME)	24

MASTER OF APPLIED SCIENCE

Course Code:HREH

Campus:Footscray Park.

About this course:Masters Degree (Research) in the field of Sports and Exercise Science The Masters Degree (Research) allows you to develop your knowledge and skills in planning and executing a substantial piece of original research in an area that is of interest to you and to the University, industry and the community, with the assistance of an experienced research supervisory team. This degree requires you to apply an advanced body of knowledge in a range of contexts for research and scholarship and potentially as a pathway to a PhD or Professional Doctorate. It

involves supervised study and research, through completion of a major research thesis in an approved thesis format for examination, as well as research training and independent study. Feedback is provided face-to-face and online by the supervisory team, and co-curricular opportunities for receiving feedback are available through activities in which you are strongly encouraged to participate, such as involvement in support and adjunct programs offered by the university or externally; collaborative publication of academic articles with supervisors and peers; presentation at academic conferences including those organised within VU for graduate researchers and staff; and other presentations to a variety of audiences. This course is normally a 2 year (full time) and 4 year (part time) research-based degree.

Course Objectives: The course objectives are to produce graduates who have the following knowledge and skills:   a body of knowledge that includes the understanding of recent developments in one or more discipline   advanced knowledge of research principles and methods applicable to the field of work or learning   cognitive skills to demonstrate mastery of theoretical knowledge and to reflect critically on theory and its application   cognitive, technical and creative skills to investigate, analyse and synthesise complex information, problems, concepts and theories and to apply established theories to different bodies of knowledge or practice   cognitive, technical and creative skills to generate and evaluate complex ideas and concepts at an abstract level   cognitive and technical skills to design, use and evaluate research and research method   communication and technical skills to present a coherent and sustained argument and to disseminate research results to specialist and non-specialist audience   technical and communication skills to design, evaluate, implement, analyse, theorise and disseminate research that makes a contribution to knowledge This knowledge and these skills will be demonstrated through the planning and execution of a substantial piece of research   with creativity and initiative   with a high level of personal autonomy and accountability, demonstrating expert judgement, adaptability and responsibility as a learner

Careers: PhD or Professional Doctorate, research assistant, research technician.

Course Duration: 2 years

Admission Requirements International: In addition to meeting the University requirements (See: Admission Requirements - Other) international applicants who will be studying in Australia must satisfy the English language qualifying requirement for gaining an entry visa to Australia for applicants from their country.

Admission Requirements Other: (a) Academic achievement and preparation to a level that is sufficient to undertake masters level research demonstrated in any one or more of the following: i. Qualified, at minimum, for a bachelors degree at a standard considered by the University to be sufficiently meritorious (normally Distinction average in the final year); or ii. Qualified for any other award judged by the University to be of a relevant and appropriate standard and have:   Produced evidence of professional experience; and   Fulfilled any other conditions relating to prerequisite studies which the University may impose. (b) Demonstrated competency in English sufficient to work at research masters level, through meeting one or more of the following criteria: i. Successful completion of one of the degrees stipulated under a) i)   ii) above with English as the language of instruction and assessment and undertaken in a predominantly English speaking context; or ii. Been taught for two of the past five years at a tertiary institution where English was the primary language of instruction; or iii. Achieved an overall band score of not less than 6.5 in an International English Language Testing Service (IELTS) test with no individual band score below 6.0; or iv. Achieved a score of not less than 92 and no section

score less than 22 in the internet-based Teaching of English Foreign Language (TOEFL) test; or v. Documented evidence of English proficiency equivalent to the above.

COURSE STRUCTURE

The standard duration of a Masters Degree (Research) is two years of full-time study or part-time equivalent, although in certain circumstances the degree may be completed in eighteen months. In some cases the student may be required to complete approved coursework units such as laboratory skills or research design as part of the Masters Degree (Research).

AHZ8200	RESEARCH THESIS (SCIENCE BASED) (FULL-TIME)	48
AHZ8210	RESEARCH THESIS (SCIENCE BASED) (PART-TIME)	24

BACHELOR OF SPORT SCIENCE (HUMAN MOVEMENT)/BACHELOR OF PSYCHOLOGICAL STUDIES

Course Code: SBHP

Campus: Footscray Park.

About this course: This undergraduate program will deliver a balance of units across the biological sciences, social sciences and humanities. The degree will be widely respected throughout the sports, fitness, exercise and human movement professions. This course will provide graduates with the foundation knowledge and skills for entry into professional careers in exercise and sport such as exercise and sport science, rehabilitation, community fitness and health, sport policy, as well as psychological counselling and/or research.

Course Objectives: Graduates of the Bachelor of Sport Science (Human Movement)/Bachelor of Psychological Studies will be able to: 1. Review critically, analyse, consolidate and synthesise relevant knowledge and skills in the areas of science, social science and psychology in making professional judgments in diverse 21st century contexts 2. Exercise critical thinking and judgement in identifying and creatively solving problems in professional practice; 3. Work with responsibility and accountability both independently and collaboratively, communicating effectively in different modes with both professional and non-professional audiences; 4. Adapt knowledge and skills with initiative and judgement and respond to community needs, societal aspirations and expectations in professional practice. 5. Apply a broad and coherent body of knowledge and skills in a range of contemporary settings to undertake professional work and as a pathway to further learning; 6. Demonstrate a broad understanding of knowledge, continuously enhance personal learning and remain relevant, current and attractive to the professional body as well as prospective employers.

Careers: Graduates will have the skills to work in many different employment areas such as exercise and sport sciences, fitness, athlete counselling and coaching. They may also find employment in areas such as welfare, community services and human resources, or undertake further study to qualify as teachers or social workers. Graduates often continue with further study in psychology or undertake postgraduate study in related fields. The psychology specialisation is designed to provide preparation for a fourth year of study in psychology for graduates wishing to achieve professional accreditation. With further postgraduate study, graduates may pursue a career as a registered psychologist.

Course Duration: 4 years

Admission Requirements Year 12:VCE with minimum study score of 20 in English units 3 and 4 (any) or equivalent or a study score of 25 in English (ESL)

Admission Requirements International:Completion of a secondary school qualification equivalent to Australia's year 12 or VCE qualification. IELTS minimum 6.0 (no band less than 6)

Admission Requirements Mature Age:Applicants with relevant work, education and/or community experience may be considered on the basis of equivalence

Admission Requirements VET:VET applicants will be considered and pathways are available from a range of VET courses

Admission Requirements Other:NA

COURSE STRUCTURE

To qualify for the awards of Bachelor of Sport Science (Human Movement) and Bachelor of Psychological Studies, students must complete 384 credit points (equivalent to 32 units) as per the course structure :

- 96 credit points (equivalent to 8 units) of sport science compulsory units;
- 96 credit points (equivalent to 8 units) of human movement specialisation units;
- 120 credit points (equivalent to 10 units) of psychology specialisation units;
- 48 credit points (equivalent to 4 units) of psychological studies compulsory units;
- 24 credit points (equivalent to 2 units) of psychological studies elective units from the list provided.

The degree has three main components: 1) a foundation program in first and second year where students take introductory level units in kinesiology, biomechanics, human and exercise physiology, sport psychology, exercise psychology, and ethics. 2) an advanced program in later years consisting of a number of specified units. 3) a program that progressively covers the requirements of the psychological studies course

Year 1, Semester 1

AHE1101	STRUCTURAL KINESIOLOGY	12
AHE1106	EXERCISE PSYCHOLOGY	12
APP1012	PSYCHOLOGY 1A	12
APP1016	FOUNDATIONS OF PSYCHOLOGICAL RESEARCH	12

Year 1, Semester 2

AHE1202	BIOMECHANICS	12
SSM1204	ETHICS AND INTEGRITY MANAGEMENT IN SPORT AND ACTIVE RECREATION	12
APP1013	PSYCHOLOGY 1B	12

ASX1003	FOUNDATIONS OF SOCIAL SCIENCE RESEARCH	12
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Year 2, Semester 1

AHE2214	SPORT AND FITNESS DELIVERY SYSTEMS	12
APP2013	PSYCHOLOGY 2A	12
APP2101	INTERCULTURAL AND DEVELOPMENTAL ISSUES IN PSYCHOLOGY	12
RBM1174	HUMAN PHYSIOLOGY	12

Year 2, Semester 2

AHE1206	SPORT PSYCHOLOGY	12
AHE2104	EXERCISE PHYSIOLOGY	12
APP2014	PSYCHOLOGY 2B	12
APS2040	QUANTITATIVE SOCIAL RESEARCH METHODS 1	12

Year 3, Semester 1

SSM2101	SPORT MANAGEMENT CAREER DEVELOPMENT 1	12
APP3035	RESEARCH METHODS IN PSYCHOLOGY	12
APP3036	HISTORY AND THEORIES IN PSYCHOLOGY	12
APS2030	QUALITATIVE SOCIAL RESEARCH METHODS 1	12

Year 3, Semester 2

AHE2005	NUTRITION AND DIET FOR EXERCISE AND PHYSICAL EDUCATION	12
AHE2127	MOTOR LEARNING	12
SSM2205	SOCIOLOGY OF SPORT AND ACTIVE RECREATION	12
APP3037	CLINICAL ASPECTS OF PSYCHOLOGY	12

Year 4, Semester 1

AHE2103	GROWTH DEVELOPMENT AND AGEING	12
SSM2103	HISTORICAL AND CULTURAL ASPECTS OF AUSTRALIAN SPORT	12
APP3028	FIELDWORK	12

12 credit points (equivalent to 1 unit) of psychological studies elective units from the list provided.

Year 4, Semester 2

AHE3111	SPORT AND SOCIAL ANALYSIS	12
SSM3201	SPORT MANAGEMENT CAREER DEVELOPMENT 2	12
APP3023	PSYCHOLOGICAL ISSUES IN THE WORKPLACE	12

12 credit points (equivalent to 1 unit) of psychological studies elective units from the

list provided.

PSYCHOLOGICAL STUDIES ELECTIVE LIST

24 credit points (equivalent to 2 units) of psychological studies elective units from the list below.

APP3015	COUNSELLING THEORY AND PRACTICE	12
APP3016	GROUP BEHAVIOUR	12
APP3018	ORGANISATIONS AND WORK	12
APP3019	PSYCHOBIOLOGY	12
APP3020	PSYCHOANALYSIS	12
APP3021	PSYCHOLOGY OF ADJUSTMENT	12
APP3025	PSYCHOLOGICAL ASSESSMENT	12
APP3026	COGNITIVE PSYCHOLOGY	12

BACHELOR OF SPORT SCIENCE (HUMAN MOVEMENT)/BACHELOR OF SPORT MANAGEMENT

Course Code:SBHS

Campus:Footscray Park.

About this course: This double degree in Sport Science (Human Movement) and Sport Management Sport & Active Communities and Outdoor Recreation Leadership provides students with a sound knowledge and critical appreciation of both the skills and understandings of human movement, and the structure, practices and participant needs of the Australian sport, exercise and active recreation sector. This course will provide graduates with the foundation knowledge and skills for entry into a breadth of professional careers. They include first, exercise and sport science, rehabilitation, community fitness and health, and personal training and second, community sport development, planning for sport and active recreation, and consulting and research in sport participation.

Course Objectives: The course learning outcomes relate directly to the course's educational rationale through an explanation of not only what students can expect to secure as they move through the course, but also what they will achieve once they have completed the course. The learning outcomes also provide the basis for the development and design of the course, and guide the type of assessments in the development of course. They thus explain the central theories and ideas with which students will engage. These guiding principles have shaped the following course learning outcomes: Aligned with AQF level 7, upon successful completion of the Bachelor of Sport Science (Human Movement) / Bachelor of Sport Management, it is expected that graduates will be able to:

- Integrate conceptual understandings of strategic planning, operational management, fitness assessments, training and conditioning needs, program design, service delivery, performance evaluation, and relevant business and exercise science principles, with advanced specialist knowledge within the discipline of sport, exercise, and active recreation;
- Critically analyse theoretical and technical knowledge in diverse contexts, and adapt and apply related skills to the effective

management of sport and active recreation services and the professional delivery of exercise, fitness and conditioning programs;

- Critically review and apply information with initiative and judgement in order to both anticipate and creatively solve problems related to the management and delivery of sport, exercise, and active recreation services in contemporary settings;
- Exhibit professional judgment, ethical standards, and social sensitivity by adapting knowledge and managerial skills to make decisions & be it individually or collaboratively - that provide inclusive, sustainable, and culturally relevant sport, exercise, and active recreation experiences;
- Communicate a coherent and independent exposition of industry knowledge and operational skills in both oral and written form to a range of audiences;
- Reflect on personal learning and skills in relation to career goals with a view to implementing creative strategies to promote lifelong learning, and establishing pathways for the attainment of further professional development and vocational training;
- Apply personal and interpersonal competencies, work-group skills, and leadership abilities to the effective management of sport and active recreation enterprises, and the professional delivery exercise, fitness and conditioning programs. This will be done while also accommodating the divergent and complex cultures of Australia and other regions around the world; and
- Contribute to the organisation and delivery of sport, exercise, and active recreation programs with personal accountability, integrity, and social responsibility for outcomes, and do it through dynamic 21st Century work-teams that use resources efficiently, provide high levels of participant satisfaction, and deliver widespread social utility.

Careers: Graduates from the double degree in Sport Science (Human Movement) and Sport Management will be prepared to undertake professional responsibilities in a variety of sport, exercise and active recreation settings. Graduates will find work as manager, administrators and sport scientists in not only professional sport, but also recreation clubs, state and national sporting bodies, community sport clubs and agencies, leisure centres, privately-run gyms and fitness centres, stadiums and facilities, community service organisations, outdoor recreation facilities, adventure therapy providers, corporate health programs, all levels of government sport and active recreation services, commercial sport, and sports management consultancies. Additionally, many graduates will undertake further postgraduate study in a number of related fields.

Course Duration: 4 years

Admission Requirements Year 12: VCE with minimum study score of 20 in English units 3 and 4 (any) or equivalent or a study score of 25 in English (ESL)

Admission Requirements International: Completion of a secondary school qualification equivalent to Australia's year 12 or VCE qualification. IELTS minimum 6.0 (no band less than 6) or equivalent.

Admission Requirements Mature Age: Applicants with relevant work, education and/or community experience may be considered on the basis of equivalence.

Admission Requirements VET: VET applicants will be considered and pathways are available from a range of VET courses.

Admission Requirements Other:NA

COURSE STRUCTURE

To qualify for the awards of Bachelor of Sport Science (Human Movement) and Bachelor of Sport Management, students must successfully complete the Sport Science and Human Movement units and one (1) of the following Sport Management specialisations:

- Sport and Communities
- Outdoor Recreation Leadership

Students must complete the following:

- 96 credit points (equivalent to 8 units) sport science units
- 36 credit points (equivalent to 3 units) human movement units
- 96 credit points (equivalent to 8 units) sport management units
- 96 credit points (equivalent to 8 units) sport management specialisation units
- 24 credit points (equivalent to 2 units) career development units
- 36 credit points (equivalent to 3 units) elective units. Students to select any undergraduate unit from the College of Sport and Exercise Science. Please check any pre-requisite requirements prior to enrolling.

Year 1, Semester 1

AHE1101	STRUCTURAL KINESIOLOGY	12
AHE1106	EXERCISE PSYCHOLOGY	12
SSM1101	INTRODUCTION TO SPORT AND ACTIVE RECREATION	12
SSM1102	FOUNDATIONS OF SPORT AND ACTIVE RECREATION	12

Year 1, Semester 2

AHE1202	BIOMECHANICS	12
AHE1206	SPORT PSYCHOLOGY	12
SSM1201	MARKETING FOR SPORT AND ACTIVE RECREATION	12
SSM1202	FINANCIAL MANAGEMENT FOR SPORT AND ACTIVE RECREATION	12

Year 2, Semester 1

AHE2214	SPORT AND FITNESS DELIVERY SYSTEMS	12
RBM1174	HUMAN PHYSIOLOGY	12
SSM1103	MANAGEMENT PRINCIPLES FOR SPORT AND ACTIVE RECREATION	12
SSM1104	COMMUNITY BUILDING FOR SPORT AND ACTIVE RECREATION	12

Year 2, Semester 2

AHE2127	MOTOR LEARNING	12
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AHE2104	EXERCISE PHYSIOLOGY	12
SSM1203	HUMAN RESOURCES FOR SPORT AND ACTIVE RECREATION	12
SSM1204	ETHICS AND INTEGRITY MANAGEMENT IN SPORT AND ACTIVE RECREATION	12

Year 3, Semester 1

AHE2103	GROWTH DEVELOPMENT AND AGEING	12
SSM2101	SPORT MANAGEMENT CAREER DEVELOPMENT 1	12

12 credit points (equivalent to 1 unit) Sport Management specialisation unit

12 credit points (equivalent to 1 unit) Elective unit

Year 3, Semester 2

AHE2005	NUTRITION AND DIET FOR EXERCISE AND PHYSICAL EDUCATION	12
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24 credit points (equivalent to 2 units) Sport Management specialisation units

12 credit points (equivalent to 1 unit) Elective unit

Year 4, Semester 1

48 credit points (equivalent to 4 units) Sport Management specialisation units

Year 4, Semester 2

AHE3111	SPORT AND SOCIAL ANALYSIS	12
SSM3201	SPORT MANAGEMENT CAREER DEVELOPMENT 2	12

12 credit points (equivalent to 1 unit) Sport Management specialisation unit

12 credit points (equivalent to 1 unit) Elective unit

SSPSAC	SPORT AND ACTIVE COMMUNITIES
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SSPORA	OUTDOOR RECREATION LEADERSHIP
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BACHELOR OF SPORT SCIENCE (PHYSICAL EDUCATION) (SECONDARY)

Course Code:SBPE

Campus:Footscray Park.

About this course:This course provides knowledge and skills in physical education through discipline specific studies in sport, exercise science and health. Students complete units in areas including games and sports, skill acquisition, motor development, anatomy, kinesiology, exercise physiology, biomechanics, individual fitness activities, aquatics, and nutrition. Graduates from this course can gain careers in exercise and sport science, fitness and health and coaching. The course covers the Victorian Institute of Teaching (VIT) discipline specialist area guidelines in secondary Physical Education and secondary Health, so that graduates who complete a Master of Teaching will be qualified to teach Health and Physical Education in secondary schools. Students can also complete a third discipline which could include methods such as: English, History, Mathematics, Psychology, Science, Drama, Dance and Outdoor Education.

Course Objectives: Upon completion of the Bachelor of Sport Science (Physical Education) (Secondary), graduates will be able to:

- Integrate a broad and coherent theoretical and technical knowledge of health and physical education and the exercise and sport science disciplines with advanced specialist knowledge related to physical education
- Critically analyse and evaluate theoretical knowledge and technical information, and adapt and apply related skills to develop innovative programs in professional work in physical education and exercise and sport science
- Critically review and apply information with autonomy, responsibility and judgment in order to both anticipate and creatively solve problems related to professional practice, including developing appropriate activities for participation in physical education in contemporary settings
- Communicate a coherent and independent exposition of the core knowledge, skills and values of health and physical education in both oral and written form to a range of audiences
- Apply evidence-based practice in health and physical education with personal accountability, integrity and social responsibility for outcomes, and do it through dynamic 21st Century work-teams that use resources efficiently, and deliver widespread social utility
- Independently identify and analyse a variety of health and physical education related issues and develop and evaluate professional, evidence-based approaches to address the specific issues
- Exhibit professional judgment, ethical standards and social sensitivity by adapting knowledge and managerial skills to make decisions & be it individually or collaboratively & that provide inclusive, sustainable and culturally relevant outcomes to complex issues
- Apply personal and interpersonal competencies, work-group skills and leadership abilities to adapt health and physical education practices to work effectively in socially and culturally diverse communities and contexts in Australia and other regions around the world
- Develop discipline-specific knowledge and skills in a discipline area in addition to health and physical education to gain a third discipline method
- Reflect on personal learning and skills in relation to career goals with a view to implementing creative strategies to promote lifelong learning, and establishing pathways for the attainment of further professional development including being able to specialise and gain accreditation to teach health and physical education in secondary schools with an appropriate postgraduate qualification in education (Master of Teaching)

Careers: Graduates from the Bachelor of Sport Science (Physical Education) (Secondary) can gain careers in exercise and sport sciences, fitness and health, exercise rehabilitation and coaching. Graduates from this course who complete postgraduate study in education (Master of Teaching) will be qualified to teach in secondary schools. The course covers all the requirements set out by the Victorian Institute of Teaching (VIT) discipline specialist area guidelines in secondary physical education and secondary health.

Course Duration: 3 years

Admission Requirements Year 12: VCE with minimum study score of 20 in English units 3 and 4 (any) or equivalent or a study score of 25 in English (ESL)

Admission Requirements International: Completion of a secondary school qualification equivalent to Australia's year 12 or VCE qualification. IELTS minimum 6.0 (no band less than 6) or equivalent.

Admission Requirements Mature Age: Applicants with relevant work, education and/or community experience may be considered on the basis of equivalence

Admission Requirements VET: VET applicants will be considered and pathways are available from a range of VET courses

Admission Requirements Other: NA

COURSE STRUCTURE

To qualify for the award of Bachelor of Sport Science (Physical Education) (Secondary), students must successfully complete the following:

- 216 credit points (equivalent to 18 units) core units
- Plus either:

72 credit points (equivalent to 6 units) of Teaching Specialisation units; OR 48 credit points (equivalent to 4 units) of Teaching Specialisation units; plus Two additional Health units as follows: AHE0002 Social Bases of Health AHE2053 Health Promotion

Year 1, Semester 1

AHE1206	SPORT PSYCHOLOGY	12
SPE1005	INDIVIDUAL MOVEMENT ACTIVITIES	12
SPE1006	INTRODUCTION TO MOVEMENT SKILLS	12
AHE2016	BIOMECHANICS FOR PHYSICAL EDUCATION	12

Year 1, Semester 2

AHE1108	HISTORY OF SPORT	12
AHE1101	STRUCTURAL KINESIOLOGY	12
SPE1105	AQUATIC AND ATHLETIC MOVEMENT ACTIVITIES	12
SPE1106	PHYSIOLOGY FOR PHYSICAL EDUCATION	12

Year 2, Semester 1

AHE2103	GROWTH DEVELOPMENT AND AGEING	12
AHE2151	HUMAN SEXUALITY AND SOCIETY	12
SPE2007	MINOR GAMES	12

12 credit points (equivalent to 1 unit) Teaching Specialisation unit

Year 2, Semester 2

AHE2012	ADOLESCENT HUMAN DEVELOPMENT	12
AHE2127	MOTOR LEARNING	12
SPE2008	MAJOR GAMES	12

12 credit points (equivalent to 1 unit) Teaching Specialisation unit

Year 3, Semester 1

AHE2005	NUTRITION AND DIET FOR EXERCISE AND PHYSICAL EDUCATION	12
AHE3116	SOCIAL DIMENSIONS OF SPORT AND EXERCISE	12

24 credit points (equivalent to 2 units) Teaching Specialisation units

Year 3, Semester 2

SPE3005	PERSPECTIVES ON PHYSICAL EDUCATION	12
AHE3219	ADAPTED PHYSICAL EDUCATION	12

Plus either:

24 credit points (equivalent to 2 units) Teaching Specialisation units (if undertaking a 6-unit Major)

Or:

If undertaking a 4-unit Minor, complete the following 2 Health units:

AHE0002	SOCIAL BASES OF HEALTH	12
AHE2053	HEALTH PROMOTION	12
ESPART	EDUCATION - ART	
ESPBUS	EDUCATION - BUSINESS STUDIES	
ESPENG	EDUCATION - ENGLISH	
ESPHUM	EDUCATION - HUMANITIES / SOSE	
ESPINF	EDUCATION - INFORMATION TECHNOLOGY	
ESPLIT	EDUCATION - LOTE (VIETNAMESE)	
ESPMAT	EDUCATION - MATHEMATICS	
ESPMED	EDUCATION - MEDIA STUDIES	
ESPMUS	EDUCATION - MUSIC	
ESPPER	EDUCATION - PERFORMANCE STUDIES (DANCE AND DRAMA)	
ESPPSY	EDUCATION - PSYCHOLOGY	
ESPSCI	EDUCATION - SCIENCE	

ESPSTW EDUCATION - STUDENT WELFARE

ESPTES EDUCATION - TESOL

ESPOUT EDUCATION - OUTDOOR EDUCATION

BACHELOR OF SPORT MANAGEMENT / BACHELOR OF BUSINESS

Course Code:SBSB

Campus:Footscray Park.

About this course:This course prepares students for employment in both the commercial business sector and the sport, exercise and active recreation sector as managers, administrators, policy advisors, programmers, trainers, and leaders. The breadth of studies into business and commerce will provide ready employment in profit making enterprises and elite and professional sport, while the more sport oriented units will deliver skills for building sporting communities and developing social enterprises. Graduates will also have the skills and competencies to optimise customer and participant satisfaction, build sustainable communities, and deliver social utility. The course also covers team-sport management, gym and exercise program administration, and community-based physical activity programming. The course thus enables graduates to enter a broad range of administrative, management, and professional-support positions in professional services, governing bodies, sport clubs, sport facilities, sport events, local government, and community welfare agencies, outdoor adventure, adventure sports, outdoor education, and corporate training settings. It will also provide unique learning situations that build a breadth of capabilities, including the capacity to plan, organise, program and lead complex activities at the highest professional level. It also provides the opportunity for students to build highly valued character traits including integrity, cultural sensitivity, and psychological resilience.

Course Objectives:The course learning outcomes-relate directly to the course's educational rationale through an explanation of not only what students can expect to secure as they move through the course, but also what they will achieve once they have completed the course. The learning outcomes also provide the basis for the development and design of the course, and guide the types of assessments in the course. They thus explain the central theories and ideas with which students will engage. These guiding principles have shaped the following course learning outcomes: Aligned with AQF level 7, upon successful completion of the Bachelor of Sport Management / Bachelor of Business it is expected that graduates will be able to:

- Integrate conceptual understandings of strategic planning, operational management, staff development, marketing and distribution, program design, service delivery, financial controls, performance evaluation, and relevant business principles, with advanced specialist knowledge and managerial theories in the fields of business and sport;
- Critically analyse theoretical and technical knowledge in diverse contexts, and adapt and apply related skills to the effective management of business and sport;
- Critically review and apply information with initiative and judgement in order to both anticipate and creatively solve problems related to the management of enterprises in both the profit-based commercial business sector and the largely not-for profit sport, exercise, and active recreation sector;

- Exhibit professional judgment, ethical standards, and social sensitivity by adapting knowledge and managerial skills to make decisions & be it individually or collaboratively - that provide inclusive, sustainable, and culturally aware experiences;
- Communicate a coherent and independent exposition of industry knowledge and operational skills in both oral and written form to a range of audiences in both business and sport;
- Reflect on personal learning and skills in relation to career goals with a view to implementing creative strategies to promote lifelong learning, and establishing pathways for the attainment of further professional development and vocational training;
- Apply personal and interpersonal competencies, work-group skills, and leadership abilities to the effective management of both business and sport related enterprises, while also accommodating the divergent and complex cultures of Australia and other regions around the world; and
- Contribute to the organisation and delivery of products, programs, services and experiences with personal accountability, integrity, and social responsibility for outcomes, and do it through dynamic 21st Century work-teams that use resources efficiently, provide high levels of participant satisfaction, and deliver widespread social utility.

Careers:The career options for students completing this course will be both extensive and professionally engaging. The following enterprises will drive the demand for jobs that require a deep understanding of planning, strategy, finances, marketing, people management, and marketing, and the application of these professional skills to (1) commercial business, (2) corporate sport, and (2) community sport and active recreational settings.

- Professional services,
- Business consulting,
- Government and the public service
- Sport governing bodies,
- Sports clubs,
- Stadia and arenas,
- Local government agencies,
- Gyms and leisure centres,
- Leisure planning and sport development units,
- Community welfare development agencies,
- Sports and leisure consultancies,
- The motor racing industry, and
- The horse racing industry.
- Schools,
- Outdoor adventure camps,
- State government agencies,
- Adventure sport businesses,
- Corporate training consultancies,
- Local government community leisure units,
- Health education agencies, and
- Youth work programs

Course Duration: 4 years

Admission Requirements Year 12:VCE with minimum study score of 20 in English units 3 and 4 (any) or equivalent or a study score of 25 in English (ESL)

Admission Requirements International:International applicants who have completed a secondary school qualification equivalent to Australia's year 12 or VCE qualification (refer to Year 12 Admission requirements for details). In addition to VCE admission, applicants must provide evidence of proficiency in the English language: International English Language Testing System (IELTS) result with an overall score of 6.0 and no individual band score less than 6.0 or equivalent.

Admission Requirements Mature Age:Applicants with relevant work, education and/or community experience may be considered on the basis of equivalence.

Admission Requirements VET:The College of Sport and Exercise Science has developed a specific network of articulated pathways. Vertical pathways have been established for students to undertake a seamless movement from the following VET and SEDA applicants: Diploma of Fitness Diploma of Sport (Development) Diploma of Sport and Recreation

Admission Requirements Other:NA

COURSE STRUCTURE

To qualify for the awards of Bachelor of Sport Management and Bachelor of Business, students must successfully complete the Sport Management and Business core units, one (1) Sport Management specialisation and one (1) Business specialisation: Sport Management specialisations:

- Sport and Active Communities
- Outdoor Recreation Leadership

Business specialisations:

- Accounting
- Event Management
- Human Resource Management
- Marketing

Students must complete the following:

- 60 credit points (equivalent to 5 units) sport management core units
- 96 credit points (equivalent to 8 units) business core units
- 96 credit points (equivalent to 8 units) sport management specialisation units
- 96 credit points (equivalent to 8 units) business specialisation units (includes applied business challenge unit)
- 12 credit points (equivalent to 1 unit) international business challenge unit
- 24 credit points (equivalent to 2 units) sport management career development units

Year 1, Semester 1

SSM1101	INTRODUCTION TO SPORT AND ACTIVE RECREATION	12
SSM1102	FOUNDATIONS OF SPORT AND ACTIVE RECREATION	12

BE01105	ECONOMIC PRINCIPLES	12
BMO1102	MANAGEMENT AND ORGANISATION BEHAVIOUR	12
Year 1, Semester 2		
SSM1203	HUMAN RESOURCES FOR SPORT AND ACTIVE RECREATION	12
SSM1204	ETHICS AND INTEGRITY MANAGEMENT IN SPORT AND ACTIVE RECREATION	12
BHO1171	INTRODUCTION TO MARKETING	12
BAO1101	ACCOUNTING FOR DECISION MAKING	12

Year 2, Semester 1

SSM1104	COMMUNITY BUILDING FOR SPORT AND ACTIVE RECREATION	12
BLO1105	BUSINESS LAW	12
BPD1100	INTEGRATED BUSINESS CHALLENGE	12

12 credit points (equivalent to 1 unit) Sport Management specialisation unit

Year 2, Semester 2

BE01106	BUSINESS STATISTICS	12
BCO1102	INFORMATION SYSTEMS FOR BUSINESS	12

24 credit points (equivalent to 2 units) Sport Management specialisation units

Year 3, Semester 1

SSM2101	SPORT MANAGEMENT CAREER DEVELOPMENT 1	12
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12 credit points (equivalent to 1 unit) Sport Management specialisation unit

24 credit points (equivalent to 2 units) Business specialisation units

Year 3, Semester 2

12 credit points (equivalent to 1 unit) Sport Management specialisation unit

36 credit points (equivalent to 3 units) Business specialisation units

Year 4, Semester 1

24 credit points (equivalent to 2 units) Sport Management specialisation units

24 credit points (equivalent to 2 units) Business specialisation unit

Year 4, Semester 2

SSM3201	SPORT MANAGEMENT CAREER DEVELOPMENT 2	12
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BPD2100	INTERNATIONAL BUSINESS CHALLENGE	12
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12 credit points (equivalent to 1 unit) Sport Management specialisation unit

12 credit points (equivalent to 1 unit) Business specialisation unit

SSPSAC SPORT AND ACTIVE COMMUNITIES

SSPORA OUTDOOR RECREATION LEADERSHIP

BSPACT ACCOUNTING

BSPEVT EVENT MANAGEMENT

BSPMRK MARKETING

BSPHMR HUMAN RESOURCE MANAGEMENT

BACHELOR OF SPORT MANAGEMENT

Course Code:SBSM

Campus:Footscray Park.

About this course:This course prepares students for employment in the sport, exercise and active recreation sector as administrators, managers, trainers and leaders. The Sport and Active Communities specialist strand gives attention to community sport, its relationship with elite and professional sport, and how it can be managed so optimise participant satisfaction, build sustainable communities, and deliver social utility. It also covers team-sport management, gym and exercise program administration, and community-based physical activity programming. The course thus enables graduates to enter a broad range of administrative, management, and professional-support positions in governing bodies, sport clubs, sport facilities, sport events, local government, and community welfare agencies. The Outdoor Recreation Leadership specialist strand exposes students to a diverse range of adventure programs that not only deliver special experiences, but also provides unique learning situations that build a breadth of capabilities, including the capacity to plan, organise, and program complex outdoor adventure activities at the highest professional level. It also provides the opportunity for students to build highly valued character traits including integrity, cultural sensitivity, and psychological resilience. The course will enable students to gain employment in the fields of outdoor adventure, adventure sports, outdoor education, and corporate training.

Course Objectives:The course learning outcomes relate directly to the course's educational rationale through an explanation of not only what students can expect to secure as they move through the course, but also what they will achieve once they have completed the course. The learning outcomes also provide the basis for the development and design of the course, and guide the type of assessment in the development of course. They thus explain the central theories and ideas with which students will engage. These guiding principles have shaped the following course learning outcomes: Aligned with AQF level 7, upon successful completion of the Bachelor of Sport Management it is expected that graduates will be able to:

- Integrate conceptual understandings of strategic planning, operational management, staff development, program design, service delivery, performance evaluation, and relevant business principles, with advanced specialist knowledge and managerial know-how within the discipline of sport, exercise, and active recreation;
- Critically analyse theoretical and technical knowledge in diverse contexts, and adapt and apply related skills to the effective management of sport, exercise and active recreation services;

- Critically review and apply information with initiative and judgement in order to both anticipate and creatively solve problems related to the management of sport, exercise, and active recreation services in contemporary settings;
- Exhibit professional judgement, ethical standards, and social sensitivity by adapting knowledge and managerial skills to make decisions & be it individually or collaboratively & that provide inclusive, sustainable, and culturally relevant sport, exercise, and active recreation experiences;
- Communicate a coherent and independent exposition of industry knowledge and operational skills in both oral and written form to a range of audiences;
- Reflect on personal learning and skills in relation to career goals with a view to implementing creative strategies to promote lifelong learning, and establishing pathways for the attainment of further professional development and vocational training;
- Apply personal and interpersonal competencies, work-group skills, and leadership abilities to the effective management of sport, exercise, and active recreation enterprises, while also accommodating the divergent and complex cultures of Australia and other regions around the world; and
- Contribute to the organisation and delivery of sport, exercise, and active recreation programs with personal accountability, integrity, and social responsibility for outcomes, and do it through dynamic 21st Century work-teams that use resources efficiently, provide high levels of participant satisfaction, and deliver widespread social utility.

Careers: Graduates from the Bachelor degree in Sport Management will be ready for employment in a variety of positions in a broad range of settings. Students graduating from the Sport and Active Communities specialisation will be ideally placed to work as administrators, officers and managers in:

- Sport governing bodies,
- Sports clubs,
- Stadia and arenas,
- State government agencies that focus on physical activity policies and issues,
- Gyms and leisure centres,
- Leisure planning and sport development units within local government spaces,
- Community welfare development agencies,
- Sports and leisure consultancies,
- The motor racing industry, and
- The horse racing industry.

Students graduating from the Outdoor Recreation Leadership specialisation will be ideally placed to work as educators, leaders, and trainers for outdoor adventure programs in:

- Schools,
- Outdoor adventure camps,
- State government agencies,
- Adventure sport businesses,
- Corporate training consultancies,

- Local government community leisure units,
- Health education agencies, and
- Youth work programs.

Course Duration: 3 years

Admission Requirements Year 12: VCE with minimum study score of 20 in English units 3 and 4 (any) or equivalent or a study score of 25 in English (ESL)

Admission Requirements International: Completion of a secondary school qualification equivalent to Australia's year 12 or VCE qualification. IELTS minimum 6.0 (no band less than 6) or equivalent.

Admission Requirements Mature Age: Applicants with relevant work, education and/or community experience may be considered on the basis of equivalence.

Admission Requirements VET: VET applicants will be considered and pathways are available from a range of VET courses.

Admission Requirements Other: NA

COURSE STRUCTURE

To qualify for the award of Bachelor of Sport Management, students must successfully complete all of the units as below including one (1) of the following specialisations:

- Sport and Active Communities
- Outdoor Recreation Leadership

Students must complete the following:

- 96 credit points (equivalent to 8 units) core units
- 96 credit points (equivalent to 8 units) specialisation units
- 24 credit points (equivalent to 2 units) career development units
- 72 credit points (equivalent to 6 units) elective units. Students to select any undergraduate unit from the College of Sport and Exercise Science. Please check any pre-requisite requirements prior to enrolling.

Year 1, Semester 1

SSM1101	INTRODUCTION TO SPORT AND ACTIVE RECREATION	12
SSM1102	FOUNDATIONS OF SPORT AND ACTIVE RECREATION	12
SSM1103	MANAGEMENT PRINCIPLES FOR SPORT AND ACTIVE RECREATION	12
SSM1104	COMMUNITY BUILDING FOR SPORT AND ACTIVE RECREATION	12

Year 1, Semester 2

SSM1201	MARKETING FOR SPORT AND ACTIVE RECREATION	12
SSM1202	FINANCIAL MANAGEMENT FOR SPORT AND ACTIVE RECREATION	12
SSM1203	HUMAN RESOURCES FOR SPORT AND ACTIVE RECREATION	12

SSM1204 ETHICS AND INTEGRITY MANAGEMENT IN SPORT AND ACTIVE RECREATION 12

Year 2, Semester 1

SSM2101 SPORT MANAGEMENT CAREER DEVELOPMENT 1 12

All students select:

24 credit points (equivalent to 2 units) Specialisation units

12 credit points (equivalent to 1 unit) Elective unit

Year 2, Semester 2

All students select:

24 credit points (equivalent to 2 units) Specialisation units

24 credit points (equivalent to 2 units) Elective units

Year 3, Semester 1

All students select:

24 credit points (equivalent to 2 units) Specialisation units

24 credit points (equivalent to 2 units) Elective units

Year 3, Semester 2

SSM3201 SPORT MANAGEMENT CAREER DEVELOPMENT 2 12

All students select:

24 credit points (equivalent to 2 units) Specialisation units

12 credit points (equivalent to 1 unit) Elective unit

Notes about Elective units:

Students to select 72 credit points (equivalent to 6 units) from any undergraduate unit in the College of Sport and Exercise Science. Please check any pre-requisite requirements prior to enrolling.

Students wishing to maximise elective options toward a teaching career may contact the course coordinator for a waiver to the above rule.

SSPSAC SPORT AND ACTIVE COMMUNITIES

SSPORL OUTDOOR RECREATION LEADERSHIP

GRADUATE DIPLOMA IN SPORT BUSINESS AND INTEGRITY

Course Code:SGSI

Campus:City Flinders.

About this course:The Graduate Diploma in Sport Business and Integrity addresses the dual responsibilities sport managers now have, which is to not only run leagues and associations, manage facilities, deliver events, and administer clubs at the highest professional level, but also grow the game, meet its social obligations, build communities, and using sport's kudos and good standing to eliminate barriers to

participation and reduce social disadvantage. It aims to provide a multi-disciplinary program that delivers a sound base of professional capabilities that will enable graduates to not only assemble and strategically organise resources to meet the growing needs of diverse communities, but also do it in such a way that sport's integrity is sustained, and its public value is optimised. Students who complete the course will be able to apply for employment as sport integrity managers, community relations managers, corporate and community partnership managers, sport development managers, player agents, and sport planning managers.

Course Objectives:The course learning outcomes relate directly to the educational rationale through an explanation of not only what knowledge and skills students can expect to secure as they move through the Graduate Diploma in Sport Business and Integrity, but also what professional capabilities they will achieve once they have completed the course. The learning outcomes also provide the basis for the design of the course, and the compilation of assessment tasks. Finally, they will frame the central theories and ideas with which students will engage. Upon successful completion of the Graduate Diploma in Sport Business and Integrity it is expected that graduates will be able to:

- Synthesise knowledge gained from the Graduate Certificate in Sport Integrity with advanced specialist understandings of strategic management.
- Exhibit independent judgement when balancing strategies that focus on integrity issues, social development issues, resource-use issues, and, growth and sustainability issues.
- Critically apply legal and ethical principles to decision making processes when dealing with integrity, resource use, and social development.
- Design, justify, and implement integrity-based strategic initiatives; involving structural, cultural and operational change that enables sporting enterprises to build and broaden sport participation at both the competitive and informal levels.
- Advise the organisation in the delivery of quality sport experiences through dynamic 21st Century work-teams that operate within ethical frames highlighting personal accountability, social responsibility, social value, and participant satisfaction.
- Articulate and report complex knowledge about sport integrity, strategy, and sport development issues in coherent and accessible ways to a range of specialist and non-specialist audiences.

Careers:Students who complete the course will be able to apply for positions such as sport integrity managers, community relations managers, corporate and community partnership managers, sport development managers, and sport planning managers.

Course Duration:1 year

Admission Requirements Year 12:NA

Admission Requirements International:NA

Admission Requirements Mature Age:To enter the Graduate Diploma in Sport Business and Integrity, applicants must have successfully completed either: a Bachelor degree in either Sport & which includes sport studies and/or managerial and leadership units; or, a Bachelor degree in Business, or the Graduate Certificate in Sport Integrity (Applicants eligible for Advanced standing for 4 selected units). Upon completion of the Graduate Diploma students may complete the Master of Sport

Business and Integrity or apply for managerial and leadership positions in the sport business sector.

Admission Requirements VET:NA

Admission Requirements Other:NA

COURSE STRUCTURE

To attain the award of Graduate Diploma in Sport Business and Integrity students must successfully complete the following:

- 96 credit points (equivalent to 8 units) core units

Year 1, Semester 1

SFS6002	SPORT INTEGRITY AND ETHICS	12
SSI6001	SPORT INTEGRITY LEADERSHIP	12
SSI6002	SPORT, LAW AND REGULATION	12
BMO6624	ORGANISATION CHANGE MANAGEMENT	12

Year 1, Semester 2

AHX5501	SPORT COMMUNITY PARTNERSHIPS	12
SSI7001	SPORT MEDIA AND COMMUNICATIONS	12
BAO5734	FINANCIAL ANALYSIS	12
SFS7001	RESEARCH METHODS	12

CERTIFICATE III IN FITNESS

Course Code:SIS30313

Campus:Industry, Footscray Park.

About this course:This qualification provides the skills and knowledge for an individual to be competent in a range of activities and functions requiring autonomous work within a defined range of exercise instruction situations and activities. Qualification outcomes will depend on the elective grouping chosen and may include providing exercise instruction for group, aqua or gym programs. Work may be undertaken in locations such as gyms, fitness facilities, pools and community facilities.

Course Objectives:The Certificate III in Fitness is designed to reflect the role of those who work autonomously within a defined range of skilled operations within the Fitness Industry with likely functions including:

- working with clients (eg, fitness trainer)
- working within clearly defined contexts (eg, fitness instructor)
- conducting activities on programs and performing other associated tasks
- acting according to clearly defined Standard Operating Procedures and the organisation’s documented guidelines.

Qualification outcomes will depend on the elective grouping chosen and may include providing exercise instruction for clients in a gym, fitness facilities, pools, community facilities and in outdoor environments. Activities and tasks include:

- identify clients; general fitness requirements, provide a basic screening form to clients, and advise client on fitness facilities and services
- take a client through a process of screening, a discussion of fitness goals, and a basic fitness appraisal in preparation for writing a fitness program
- develop basic fitness programs for fitness industry clients
- provide the basic applied exercise science required for fitness instructors
- maintain equipment commonly used in the fitness industry and operate it to manufacturer’s specifications
- educate clients on the application of basic anatomy and physiology of the major systems of the human body and understand the functional significance of these structures in relation to movement and exercise
- provide basic nutritional information and advice to fitness industry clients, who have no dietary or nutritional concerns
- provide appropriate advice to specific population clients on participation in fitness appraisals and fitness activities, including the pathology of the more common disease states and conditions encountered within the fitness industry and the limiting effects of the condition on exercise performance and functional capacity
- instruct and supervise individual clients in fitness using basic fitness industry equipment
- provide leadership to groups of clients within a fitness or sport and recreation context.

Careers:The following are job roles for this qualification:

- exercise instructor - gym
- exercise instructor - group exercise
- exercise instructor - aqua

Course Duration:0.5 years

Admission Requirements Year 12:Successful completion of Year 12 or equivalent.

Admission Requirements International:IELTS 5.5 or equivalent.

Admission Requirements Mature Age:As assessed by the University.

Admission Requirements VET:NA

Selection Processes:Direct Entry

COURSE STRUCTURE

To qualify for the Certificate III in Fitness, students must successfully complete:

- 10 core units:

3 Group C - Gym Instructor units; 2 elective units, selected from the General electives list provided below.

CORE UNITS:

HLTAID003	PROVIDE FIRST AID	18
SISFFIT301A	PROVIDE FITNESS ORIENTATION AND HEALTH SCREENING	15

SISFFIT302A	PROVIDE QUALITY SERVICE IN THE FITNESS INDUSTRY	30
SISFFIT303A	DEVELOP AND APPLY AN AWARENESS OF SPECIFIC POPULATIONS TO EXERCISE DELIVERY	35
SISFFIT305A	APPLY ANATOMY AND PHYSIOLOGY PRINCIPLES IN A FITNESS CONTEXT	70
SISFFIT306A	PROVIDE HEALTHY EATING INFORMATION TO CLIENTS IN ACCORDANCE WITH RECOMMENDED GUIDELINES	50
SISXFAC201A	MAINTAIN SPORT AND RECREATION EQUIPMENT FOR ACTIVITIES	5
SISXIND101A	WORK EFFECTIVELY IN SPORT AND RECREATION ENVIRONMENTS	25
SISXOHS101A	FOLLOW OCCUPATIONAL HEALTH AND SAFETY POLICIES	10
SISXRSK301A	UNDERTAKE RISK ANALYSIS OF ACTIVITIES	20
GROUP C - GYM INSTRUCTOR UNITS		
SISFFIT304A	INSTRUCT AND MONITOR FITNESS PROGRAMS	45
SISFFIT307A	UNDERTAKE CLIENT HEALTH ASSESSMENT	25
SISFFIT308A	PLAN AND DELIVER GYM PROGRAMS	55
GENERAL ELECTIVES LIST		
SISFFIT309A	PLAN AND DELIVER GROUP EXERCISE SESSIONS	40
SISFFIT313A	PLAN AND DELIVER EXERCISE TO APPARENTLY HEALTHY CHILDREN AND ADOLESCENTS	90
SISFFIT314A	PLAN AND DELIVER EXERCISE TO OLDER CLIENTS WITH MANAGED CONDITIONS	40

CERTIFICATE IV IN FITNESS

Course Code:SIS40210

Campus:Industry, Footscray Park.

About this course:Gain the skills and knowledge to become a personal trainer in the fitness industry. You will learn to:

- employ a broad range of exercise science principles
- undertake a postural analysis to evaluate a client's posture
- determine muscle strength and weakness to develop an exercise program

You will also learn to maintain and demonstrate the use of a broad range of fitness equipment to enhance the fitness of your clients.

Course Objectives:This qualification provides the skills and knowledge for an individual to be competent in a range of activities and functions within the Fitness industry, including working independently in a broad range of settings, such as within fitness centres, gyms, pools, community facilities and in open spaces. Those with this level of competency will be expected to train individual clients, on a one-on-one

basis, and may include older clients and children. Persons with this level of competency will have the ability to plan, conduct and evaluate exercise training, provide leadership and guidance to clients and other staff and possibly deal with unpredictable situations.

Careers:The following are job roles for this qualification:

- exercise trainer - personal trainer
- exercise trainer - aqua trainer
- exercise trainer - program coordinator
- exercise trainer - children's trainer
- exercise trainer - older client trainer

Course Duration:0.5 years

Admission Requirements Year 12:Completion of VCE or equivalent, the completion of the specified units (from the Certificate III in Fitness) and hold a current first aid qualification and current CPR certificate.

Admission Requirements International:IELTS 5.5 or equivalent, the completion of the specified units (from the Certificate III in Fitness) and hold a current first aid qualification and current CPR certificate.

Admission Requirements Mature Age:As assessed by the University, the completion of the specified units (from the Certificate III in Fitness) and hold a current first aid qualification and current CPR certificate.

Admission Requirements VET:NA

Selection Processes:Direct Entry, VTAC

COURSE STRUCTURE

To qualify for the Certificate IV in Fitness participants must successfully complete a total of 15 units of study, comprising of 10 core units and 5 elective units in accordance with the packaging rules specified in SIS10 Sport, Fitness and Recreation Training Package.

Core Units:

BSBSMB401A	ESTABLISH LEGAL AND RISK MANAGEMENT REQUIREMENTS OF SMALL BUSINESS	60
BSBSMB403A	MARKET THE SMALL BUSINESS	50
BSBSMB404A	UNDERTAKE SMALL BUSINESS PLANNING	50
SISFFIT415A	WORK COLLABORATIVELY WITH MEDICAL AND ALLIED HEALTH PROFESSIONALS	30
SISFFIT416A	APPLY MOTIVATIONAL PSYCHOLOGY TO PROVIDE GUIDANCE ON EXERCISE BEHAVIOUR AND CHANGE TO MEET HEALTH AND FITNESS GOALS	40
SISFFIT417A	UNDERTAKE LONG TERM EXERCISE PROGRAMMING	40
SISFFIT418A	UNDERTAKE APPRAISALS OF FUNCTIONAL MOVEMENT	30

SISFFIT419A	APPLY EXERCISE SCIENCE PRINCIPLES TO PLANNING EXERCISE	55
SISFFIT420A	PLAN AND DELIVER EXERCISE PROGRAMS TO SUPPORT DESIRED BODY COMPOSITION OUTCOMES	40
SISFFIT421A	PLAN AND DELIVER PERSONAL TRAINING	70
Elective Units:		
HLTAID003	PROVIDE FIRST AID	18
SISFFIT304A	INSTRUCT AND MONITOR FITNESS PROGRAMS	45
SISFFIT308A	PLAN AND DELIVER GYM PROGRAMS	55
Aqua Trainer:		
SISCAQU202A	PERFORM BASIC WATER RESCUES	10
SISFFIT422A	IMPLEMENT INCLUSIVE AQUATIC ACTIVITIES FOR SPECIFIC POPULATION GROUPS	50
Sport:		
SISSTC301A	INSTRUCT STRENGTH AND CONDITIONING TECHNIQUES	60
SISSTC402A	DEVELOP STRENGTH AND CONDITIONING PROGRAMS	30
Children's Trainer:		
CHCIC301D	INTERACT EFFECTIVELY WITH CHILDREN	70
SISFFIT313A	PLAN AND DELIVER EXERCISE TO APPARENTLY HEALTHY CHILDREN AND ADOLESCENTS	90
Older Clients Trainer:		
SISFFIT314A	PLAN AND DELIVER EXERCISE TO OLDER CLIENTS WITH MANAGED CONDITIONS	40
Cross Sector:		
CUFIND401A	PROVIDE SERVICES ON A FREELANCE BASIS	30
ICAICT203A	OPERATE APPLICATION SOFTWARE PACKAGES	60
SISFFIT311A	DELIVER APPROVED COMMUNITY FITNESS PROGRAMS	40
SITXENV002A	IMPLEMENT AND MONITOR ENVIRONMENTALLY SUSTAINABLE WORK PRACTICES	40
SISXIND406A	MANAGE PROJECTS	30

DIPLOMA OF FITNESS

Course Code:SIS50213

Campus:Industry, Footscray Park.

About this course:This qualification provides the skills and knowledge for an individual to be competent in a range of activities and functions within the fitness industry, including working collaboratively with medical and allied health

professionals in a broad range of settings, such as fitness facilities, aquatic facilities, community facilities and in open spaces. Those with this level of competency will be expected to provide exercise training to individual clients with specific needs, on a one-on-one or group basis, and may include older clients and children with chronic conditions. Persons with this level of competency will have the ability to implement, evaluate and modify the exercise prescription provided by medical or allied health professionals for clients with specific conditions, within an agreed scope for progression as recommended by referring medical or allied health professionals. Specialised exercise trainers will have the ability to monitor client progress and, in collaboration with medical or allied health professionals, utilise an evidence-based approach to deliver solutions by applying knowledge of physiology and anatomy and the pathology of specific medical conditions.

Course Objectives:This qualification provides the skills and knowledge for an individual to be competent in a range of activities and functions within the fitness industry, including:

- Working collaboratively with medical and allied health professionals in a broad range of settings, such as fitness facilities, aquatic facilities, community facilities and in open spaces;
- Provide exercise training to individual clients with specific needs, on a one-on-one or group basis, including older clients and children with chronic conditions;
- Implement, evaluate and modify the exercise prescription provided by medical or allied health professionals for clients with specific conditions, within an agreed scope for progression as recommended by referring medical or allied health professionals;
- Monitor client progress and, in collaboration with medical or allied health professionals, utilise an evidence-based approach to deliver solutions by applying knowledge of physiology and anatomy and the pathology of specific medical conditions.

Careers:The following is a job role of this qualification:

- Specialised exercise trainer

Course Duration:1 year

Admission Requirements Year 12:Successful completion of Year 12 or equivalent

Admission Requirements International:IELTS 5.5, the completion of the specified units of competency (from the Certificate IV in Fitness) and significant vocational experience in the fitness industry

Admission Requirements Mature Age:The completion of the specified units of competency (from the Certificate IV in Fitness) and significant vocational experience in the fitness industry

Admission Requirements VET:Certificate IV in Fitness. Other VET qualifications will be considered.

Selection Processes:Direct Entry, VTAC

COURSE STRUCTURE

To qualify for the Diploma of Fitness, students must successfully complete:

- 9 core units; and
- 4 elective units, which may be chosen from the electives list provided below.

Students complete the Certificate IV in Fitness followed by the Diploma of Fitness (1 year). Students who have already completed a Certificate IV in Fitness will only be required to complete the Diploma of Fitness (6 months).

CORE UNITS:

SISFFIT523A	DELIVER PRESCRIBED EXERCISE TO CLIENTS WITH CARDIORESPIRATORY CONDITIONS	65
SISFFIT524A	DELIVER PRESCRIBED EXERCISE TO CLIENTS WITH METABOLIC CONDITIONS	80
SISFFIT525A	ADVISE ON INJURY PREVENTION AND MANAGEMENT	70
SISFFIT526A	DELIVER PRESCRIBED EXERCISE TO CLIENTS WITH MUSCULOSKELETAL CONDITIONS	100
SISFFIT527A	UNDERTAKE HEALTH PROMOTION ACTIVITIES TO DECREASE RISK FACTORS AND PREVENT CHRONIC DISEASE	50
SISFFIT528A	APPLY RESEARCH FINDINGS TO EXERCISE MANAGEMENT STRATEGIES	40
SISXCCS404A	ADDRESS CLIENT NEEDS	10
SISXIND405A	CONDUCT PROJECTS	15
HLTAID006	PROVIDE ADVANCED FIRST AID	30

ELECTIVE UNITS LIST:

BSBADM502A	MANAGE MEETINGS	30
BSBWOR501A	MANAGE PERSONAL WORK PRIORITIES AND PROFESSIONAL DEVELOPMENT	60
SISFFIT313A	PLAN AND DELIVER EXERCISE TO APPARENTLY HEALTHY CHILDREN AND ADOLESCENTS	90
SISFFIT314A	PLAN AND DELIVER EXERCISE TO OLDER CLIENTS WITH MANAGED CONDITIONS	40
SISFFIT529A	DELIVER PRESCRIBED EXERCISE TO CLIENTS WITH A DISABILITY OR NEUROLOGICAL IMPAIRMENT	90
SISFFIT530A	DELIVER PRESCRIBED EXERCISE TO CHILDREN AND YOUNG ADOLESCENTS WITH SPECIFIC CHRONIC CONDITIONS	55
SISFFIT531A	DELIVER PRESCRIBED EXERCISE TO OLDER CLIENTS WITH CHRONIC CONDITIONS	55
SISSTC301A	INSTRUCT STRENGTH AND CONDITIONING TECHNIQUES	60

SISSTC402A	DEVELOP STRENGTH AND CONDITIONING PROGRAMS	30
SISXIND406A	MANAGE PROJECTS	30

DIPLOMA OF SPORT DEVELOPMENT

Course Code:SIS50612

Campus:Industry, Footscray Park.

About this course:The Diploma of Sport Development provides the skills and knowledge for an individual intending to pursue a career in sport development. Specific skill development includes sports technology, nutrition, sports marketing, team, project and facility management. Occupational outcomes for this qualification can vary from managing competitions, sports venues and facilities and identifying and developing athletes. Basketball Specialisation: In addition to the one year mainstream Diploma of Sport Development, the course is also offered as a two year Diploma of Sport Development with a basketball option. This course is delivered in conjunction with FIFA Hall of Famer Andrew Gaze and is the only program of this type offered through a university. High performance training is matched with outstanding academic tuition to offer you, as an emerging athlete, the opportunity to reach your sporting and academic potential.

Course Objectives:This qualification provides the skills and knowledge for an individual intending to pursue a career in sport development. Occupational outcomes for this qualification can vary from managing competitions, sport venues and facilities and identifying and developing athletes.

Careers:The following are job roles for this qualification:

- Competition Manager
- Program Developer
- Talent Development Manager
- Sport Development Manager

Course Duration:1 year

Admission Requirements Year 12:Successful completion of VCE or equivalent.

Admission Requirements International:IELTS minimum score of 5.5 or at the discretion of the College of Sport & Exercise Science.

Admission Requirements Mature Age:Demonstrated interest in the course, or previous experience in the industry, as assessed by the University.

Admission Requirements Other:Diploma of Sport Development with the basketball option - Applicants subject to additional basketball skills related selection criteria which may include an interview, game play and individual skills trials.

Selection Processes:Direct Entry, Interview, VTAC

COURSE STRUCTURE

To qualify for the Diploma of Sport Development participants must successfully complete a total of 20 units of study, comprising of 11 core units and 9 elective units in accordance with the packaging rules specified in SIS10 Sport, Fitness and Recreation Training Package.

Core Units Diploma of Sport Development Mainstream and Basketball Option:

BSBADM502B	MANAGE MEETINGS	30	SISSSC0513	PLAN AND IMPLEMENT HIGH PERFORMANCE TRAINING AND RECOVERY PROGRAMS	75
ICAICT308A	USE ADVANCED FEATURES OF COMPUTER APPLICATIONS	40	SISSSDE503	DEVELOP VOLUNTEER MANAGEMENT POLICIES	25
SISSSC0306	PROVIDE DRUGS IN SPORT INFORMATION	5	SISSSPA505A	COORDINATE TEAM OR GROUP MANAGEMENT	30
SISSSC0307	PROVIDE NUTRITIONAL INFORMATION TO ATHLETES	25	SISSSPA506A	COORDINATE TEAM OR GROUP ADMINISTRATION	30
SISSSC0308	SUPPORT ATHLETES TO ADOPT PRINCIPLES OF SPORTS PSYCHOLOGY	30	SISSSPT303A	CONDUCT BASIC WARM-UP AND COOL-DOWN PROGRAMS	30
SISXCAI306A	FACILITATE GROUPS	25	SISSTC402A	DEVELOP STRENGTH AND CONDITIONING PROGRAMS	30
SISXCCS403A	DETERMINE NEEDS OF CLIENT POPULATIONS	20	SISXCAI303A	PLAN AND CONDUCT SPORT AND RECREATION SESSIONS	20
SISXIND404A	PROMOTE COMPLIANCE WITH LAWS AND LEGAL PRINCIPLES	15	SISXCAI304A	PLAN AND CONDUCT SPORT AND RECREATION PROGRAMS	35
SISXIND406A	MANAGE PROJECTS	30	SISXCAI305A	CONDUCT INDIVIDUALISED LONG-TERM TRAINING PROGRAMS	60
SISXRSK502A	MANAGE ORGANISATIONAL RISKS	40	SISXCCS402A	COORDINATE CLIENT SERVICE ACTIVITIES	20
SISXWHS402	IMPLEMENT AND MONITOR WORK HEALTH AND SAFETY POLICIES	12	SISXCCS404A	ADDRESS CLIENT NEEDS	10
Elective Units Diploma of Sport Development Mainstream Option:			SISXFAC404A	COORDINATE FACILITY AND EQUIPMENT ACQUISITION AND MAINTENANCE	15
BSBCMM401A	MAKE A PRESENTATION	30	SISXFAC409	PLAN AND PROVIDE SPORT, FITNESS AND RECREATION SERVICES	20
BSBMKG501B	IDENTIFY AND EVALUATE MARKETING OPPORTUNITIES	70	SISXIND405A	CONDUCT PROJECTS	15
BSBMKG502B	ESTABLISH AND ADJUST THE MARKETING MIX	60	SISXIND507A	MANAGE EDUCATION INITIATIVES	35
BSBMKG514A	IMPLEMENT AND MONITOR MARKETING ACTIVITIES	50	SITXMPR501	OBTAIN AND MANAGE SPONSORSHIP	30
BSBWOR501B	MANAGE PERSONAL WORK PRIORITIES AND PROFESSIONAL DEVELOPMENT	60	SRCGP014A	IMPLEMENT RECOVERY PROGRAMS	25
CHCDIS301C	WORK EFFECTIVELY WITH PEOPLE WITH A DISABILITY	50	Elective Units Diploma of Sport Development Basketball Option:		
HLTAID003	PROVIDE FIRST AID	18	BSBCMM401A	MAKE A PRESENTATION	30
SISFFIT418A	UNDERTAKE APPRAISALS OF FUNCTIONAL MOVEMENT	30	BSBWOR501B	MANAGE PERSONAL WORK PRIORITIES AND PROFESSIONAL DEVELOPMENT	60
SISFFIT419A	APPLY EXERCISE SCIENCE PRINCIPLES TO PLANNING EXERCISE	55	CUAOHS501A	MAINTAIN A HIGH LEVEL OF FITNESS FOR PERFORMANCE	80
SISFFIT420A	PLAN AND DELIVER EXERCISE PROGRAMS TO SUPPORT DESIRED BODY COMPOSITION OUTCOMES	40	SISFFIT418A	UNDERTAKE APPRAISALS OF FUNCTIONAL MOVEMENT	30
SISSMAR201A	TEACH THE INTERMEDIATE SKILLS OF MARTIAL ARTS	20	SISSSC0101	DEVELOP AND UPDATE KNOWLEDGE OF COACHING PRACTICES	30
SISSMAR402A	TEACH THE ADVANCED SKILLS OF MARTIAL ARTS	20	SISSSC0303	PLAN AND DELIVER COACHING PROGRAMS	30
SISSMAR503A	TEACH THE HIGH PERFORMANCE SKILLS OF MARTIAL ARTS	20	SISSSC0513	PLAN AND IMPLEMENT HIGH PERFORMANCE TRAINING AND RECOVERY PROGRAMS	75
SISSSC0101	DEVELOP AND UPDATE KNOWLEDGE OF COACHING PRACTICES	30	SISSTC402A	DEVELOP STRENGTH AND CONDITIONING PROGRAMS	30
SISSSC0303	PLAN AND DELIVER COACHING PROGRAMS	30	SISXCAI305A	CONDUCT INDIVIDUALISED LONG-TERM TRAINING	60
SISSSC0305	IMPLEMENT SELECTION POLICIES	15			

	PROGRAMS	
SISXCCS404A	ADDRESS CLIENT NEEDS	10
SISXFAC409	PLAN AND PROVIDE SPORT, FITNESS AND RECREATION SERVICES	20
SISXIND408	SELECT AND USE TECHNOLOGY FOR SPORT, FITNESS AND RECREATION	45
SITXMPR501	OBTAIN AND MANAGE SPONSORSHIP	30

MASTER OF SPORTS SCIENCE (FOOTBALL PERFORMANCE)

Course Code:SMFB

Campus:Footscray Park.

Course Objectives:Aligned with AQF level 9, upon successful completion of the Master Sports Science (Football Performance) it is expected that graduates will be able to:

- Contextualise knowledge and theory with expertise from different sport-related disciplines to shape innovative practice in football science and performance;
- Advise specialist and non-specialist stakeholders using a variety of interpersonal skills to communicate effectively in an environment with competing pressures, priorities and power dynamics;
- Devise and execute a substantial research based project or evidence-based capstone task which exhibits evidence of independent thought in the field of football science;
- Critically analyse and evaluate current issues in sport to exemplify and guide ethical behaviour and integrity within diverse national and international contexts;
- As a reflective practitioner, exhibit personal accountability and autonomy in regards to own learning and work in a dynamic 21st century sports environment, contributing in an ethically and socially responsible manner;
- Formulate and implement plans, in response to contemporary and future sports/football challenges and evaluate outcomes adaption and improvement;
- Exemplify initiative and leadership in the application of the principles of football management in national and international contexts, utilising strategic thinking / planning, personal and interpersonal competencies and work-group skills.

Careers:Graduates from the Master of Sports Science (Football Performance) may be employed in the following roles:

- Director of Sports Science
- High Performance manager
- Head of Strength and Conditioning

Course Duration:1.5 years

Admission Requirements Mature Age:1. Students with a Bachelor Degree (AQF 7) in an area related to Sport and Exercise Science/Human Movement or 2. Students with

a Graduate Certificate (AQF 8) in an area related to Sport and Exercise Science/Human Movement or Sports Management, commencing at Semester 2

COURSE STRUCTURE

To attain the award of Master of Sports Science (Football Performance) students must successfully complete the following:

- 108 credit points (equivalent to 9 units) core units
- 12 credit points (equivalent to 1 unit) elective unit. Students to select any postgraduate unit from the College of Sport and Exercise Science. Please check any pre-requisite requirements prior to enrolling.
- 24 credit points (equivalent to 2 units) comprising either:

OPTION 1 Major research project (Minor Thesis unit) OPTION 2 Capstone task (Industry Project unit)

Year 1, Semester 1

SFS6001	CURRENT ISSUES AND TRENDS IN FOOTBALL	12
SFS6002	SPORT INTEGRITY AND ETHICS	12
SFS6003	COMMUNICATION IN AN INTERPROFESSIONAL PRACTICE	12
SFS6004	INTEGRATED ATHLETE MONITORING	12

Year 1, Semester 2

SFS7001	RESEARCH METHODS	12
SFS7002	EXERCISE PRESCRIPTION IN FOOTBALL	12
SFS7006	TALENT IDENTIFICATION AND DEVELOPMENT IN AN INTERNATIONAL CONTEXT	12
SFS7007	GLOBAL LEADERSHIP AND HUMAN RESOURCE MANAGEMENT IN FOOTBALL	12

Year 2, Semester 1

SFS7003	DATA ANALYTICS & TECHNOLOGY	12
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Plus

12 credit points (equivalent to 1 unit) Elective unit

Plus

OPTION 1

SFS7004	MINOR THESIS	24
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Or

OPTION 2

SFS7005	INDUSTRY PROJECT	24
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Notes about Elective units:

Students to select 12 credit points (equivalent to 1 unit) from any postgraduate unit in the College of Sport and Exercise Science. Please check any pre-requisite requirements prior to enrolling.

MASTER OF SPORT BUSINESS AND INTEGRITY

Course Code:SMSI

Campus:City Flinders.

About this course:The Master of Sport Business and Integrity addresses the pressures that contemporary sport managers face when having to deal with their core obligations, which are to, implement sport programs that are financially and operationally sustainable, deliver them in such a way that they provide value-for-money experiences for participants, and lead to socially responsible outcomes, and, finally, ensure they are underpinned by values that privilege trustworthiness, fair play, transparency, and integrity. The Master of Sport Business and Integrity will combine cutting-edge theory with intensive case analysis, teach best-practice strategic management, and give students the opportunity to undertake professional-level research that can lead to doctorate level studies. As such, the course will deliver a unique set of professional capabilities that will enable graduates to maximise not only their management capabilities, but also sports & public value. Students who complete the course will be able to apply for employment as senior managers in sport enterprises. They will be especially suited to high-level positions in facility and event planning, player welfare, sport development, policy development and strategic planning.

Course Objectives:The course learning outcomes for the Master of Sport Business and Integrity relate directly to the educational rationale through an explanation of the knowledge and skills students can expect to obtain as they move through the course, and the professional capabilities they will achieve once they have graduated. The learning outcomes also provide the basis for the design of the course, and the compilation of assessment tasks. Finally, they will frame the central theories and ideas with which students will engage. Aligned with AQF level 9, upon successful completion of the Master of Sport Business and Integrity it is expected that graduates will be able to:

- Synthesise conceptual understandings of strategic management with advanced specialist knowledge in the field of sport integrity.
- Evaluate the nature of illegal, corrupt, and anti-social conduct in sport, and how it threatens the credibility and integrity of sport.
- Critically apply legal and ethical principles to decision making processes when dealing with problematic issues in sport.
- Design, justify, and implement strategic initiatives & involving structural, cultural and operational change & that enables sporting enterprises to implement policies and practices that grow the sport by placing integrity in the forefront.
- Creatively utilise cross-disciplinary knowledge and high quality sport research to build partnerships, attract resources, and build systems for attracting diverse groups of participants.
- Critically assess the ways in which facilities and events can be used to provide participants value for money, and establish the space for inclusive experiences.
- Contribute to the organisation and delivery of quality sport experiences through dynamic 21st Century work-teams that operate within ethical

frames and highlight personal accountability, social responsibility, participant satisfaction, and public value.

- Effectively communicate complex knowledge from evidence-based research into sport development, sport integrity, and sustainable sport futures, to a range of audiences specialist and non-specialist in a coherent and accessible manner.

Careers:Graduates of the Master of Sport Business and Integrity will be suited to a range of management and leadership roles in Sport Business. Professional capabilities in sport integrity, sport partnerships, sport media and communication and sport facility and event management are examples that will enable graduates to maximise their management and leadership capabilities but add to sports & public value. International agencies, national, local government and private as well as the non-profit sectors will be attracted to these graduates. Graduates will be qualified to apply for positions as chief executive officers of professional sporting clubs, general managers of state and national governing bodies, community development managers, player welfare managers, resource planning directors, team managers, public relations and corporate affairs managers, sport venue managers, sport project managers, sport event managers, and media managers.

Course Duration:1.5 years

Admission Requirements Year 12:NA

Admission Requirements International:NA

Admission Requirements Mature Age:Applicants must have successfully completed either; & A Bachelor degree in Sport that includes studies in management and leadership or & A Bachelor degree in Business, or & The Graduate Certificate in Sport Integrity or & The Graduate Diploma in Sport Business and Integrity Applicants who have successfully completed the Graduate Certificate in Sport Integrity will be eligible for credit of 4 units of study and graduates who have successfully completed the Graduate Diploma in Sport Business and Integrity will be eligible for credit of 8 units of study.

Admission Requirements VET:NA

Admission Requirements Other:NA

COURSE STRUCTURE

To attain the award of Master of Business and Integrity students must successfully complete the following:

- 120 credit points (equivalent to 10 units) core units

Plus either / or OPTION 1

- 12 credit points (equivalent to 1 unit) sport business project unit; and,
- 12 credit points (equivalent to 1 unit) elective unit. Students to select from any postgraduate units from the College of Sport, Business, Law or Arts. Please check any pre-requisite requirements prior to enrolling.

OPTION 2

- 24 credit points (equivalent to 2 units) thesis unit.

Year 1, Semester 1

SFS6002	SPORT INTEGRITY AND ETHICS	12
SSI6001	SPORT INTEGRITY LEADERSHIP	12
SSI6002	SPORT, LAW AND REGULATION	12
BMO6624	ORGANISATION CHANGE MANAGEMENT	12

Year 1, Semester 2

AHX5501	SPORT COMMUNITY PARTNERSHIPS	12
SSI7001	SPORT MEDIA AND COMMUNICATIONS	12
BAO5734	FINANCIAL ANALYSIS	12
SFS7001	RESEARCH METHODS	12

Year 2, Semester 1

SSI7002	SPORT FACILITY AND EVENT MANAGEMENT	12
SSI7003	GLOBAL SPORT BUSINESS	12

plus

OPTION 1

AHX5503	SPORT BUSINESS PROJECT	12
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and

12 credit points (equivalent to 1 unit) elective from any PG unit from the College of Sport, Business, Law or Arts

or

OPTION 2

SSI7901	SPORT RESEARCH THESIS	24
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GRADUATE CERTIFICATE IN SPORTS SCIENCE (FOOTBALL PERFORMANCE)

Course Code:STFB

Campus:Footscray Park.

Course Objectives:Graduates of this course will be expected to be capable of the following;

- Contextualise knowledge and theory in relation to current issues in sport, using expertise from different sport-related disciplines to shape innovative practice in football science and performance;
- using a variety of communication styles, advise a range of audiences of the complexities of sport integrity issues in general, and responsible social behaviour in particular;
- Analyse and evaluate current issues in sport to exemplify and guide ethical behaviour and integrity within diverse national and international contexts;

- Formulate, present and implement plans, in response to contemporary and future sports/football challenges and evaluate outcomes to adapt and improve performance;
- Exemplify initiative and leadership in the application of the principles of football management in national and international contexts, utilising planning, interpersonal and work-group skills.

Careers:Graduates from the Graduate Certificate of Sports Science (Football Performance) may be employed in the following roles:

- Sports Scientist
- Performance Analyst
- Strength and Conditioning Coach

Course Duration:0.5 years

Admission Requirements Year 12:NA

Admission Requirements International:NA

Admission Requirements Mature Age:Applicants require a Bachelor Degree in an area related to Sport and Exercise Science/Human Movement

Admission Requirements VET:NA

Admission Requirements Other:NA

COURSE STRUCTURE

To attain the award of Graduate Certificate in Sports Science (Football Performance) students will be required to complete:

- 48 credit points (equivalent to 4 units) of specified core units.

Year 1, Semester 1

SFS6001	CURRENT ISSUES AND TRENDS IN FOOTBALL	12
SFS6002	SPORT INTEGRITY AND ETHICS	12
SFS6003	COMMUNICATION IN AN INTERPROFESSIONAL PRACTICE	12
SFS6004	INTEGRATED ATHLETE MONITORING	12

GRADUATE CERTIFICATE IN SPORT INTEGRITY

Course Code:STSI

Campus:City Flinders.

About this course:The Graduate Certificate in Sport Ethics and Integrity addresses the continuing concern about sport's capacity to act on the positive social values it has traditionally upheld. It has four aims. First, it will educate participants about the global scale and scope of illegal, corrupt, and anti-social conduct in sport. Second, it will give participants an ethical framework for interrogating the causes and consequences of these practices, and the harms they impose on both stakeholders and the broader community. Third, it will give participants the knowledge, competencies and skills to effectively manage threats to a sport's integrity. Fourth, it will enable participants to build sporting cultures that place credibility, good standing, and integrity front and centre. Graduates from the course will be able to

apply for positions as community development officers, integrity officers, player relations officers, and stakeholder relations officers.

Course Objectives:The course learning outcomes for the Graduate Certificate in Sport Integrity relate directly to the educational rationale through an explanation of not only what knowledge and skills students can expect to secure as they move through the, but also what professional capabilities they will achieve once they have completed the course. The learning outcomes also provide the basis for the design of the course, and the compilation of assessment tasks. Finally, they frame the central theories and ideas with which students will engage. Aligned with AQF level 8, upon successful completion of the Graduate Certificate in Sport Integrity it is expected that graduates will be able to:

- Integrate conceptual understandings of strategic management with advanced specialist knowledge in the field of sport integrity and ethics;
- Utilise cross disciplinary knowledge to analyse the scale and scope of illegal, corrupt, and anti-social conduct in sport;
- Evaluate the nature of illegal, corrupt, and anti-social conduct in sport, and how it threatens the credibility and integrity of sport;
- Exemplify independent judgement when interrogating the causes and consequences of these practices;
- Exhibit the application of legal and ethical principles to decision making processes when dealing with integrity issues in sport;
- Design and justify strategic initiatives involving structural, cultural, and operational change enabling sporting enterprises to adopt practices which focus on integrity and use it as a tool for creating additional public value;
- Contribute to the organisation and delivery of quality sport experiences through dynamic 21st Century work-teams that operate within ethical frames that highlight personal accountability, social responsibility, participant satisfaction, and public value.
- Communicate complex knowledge about sport integrity issues in general and responsible social behaviour in particular, in coherent and accessible ways to a range of specialist and non-specialist audiences.

Careers:Graduates of courses in the Master of Sport Business and Integrity will be suited to a range of management and leadership roles. Professional capabilities in sport integrity, sport partnerships, sport media and communication and sport facility and event management are examples that will enable graduates to maximise not only their management and leadership capabilities but also their sports & public value. The international, national and state private, government and non-profit sectors would be attracted to these graduates, in particular professional sport governing bodies and teams, major sport events and facilities, the sporting goods industry, government departments and the fitness industry. Graduates of this course may apply for positions such as community development officers, integrity officers, player relations officers, player welfare officers, player agents, and stakeholder relations officers.

Course Duration:0.5 years

Admission Requirements Year 12:NA

Admission Requirements International:NA

Admission Requirements Mature Age:Applicants must have successfully completed either: a Bachelor degree in either Sport & which includes sport studies and/or managerial and leadership units; or, a Bachelor degree in Business.

Admission Requirements VET:NA

Admission Requirements Other:NA

COURSE STRUCTURE

To attain the award of Graduate Certificate in Sport Integrity students will be required to complete:

- 48 credit points (equivalent to 4 units) of specified core units.

Year 1, Semester 1

SFS6002	SPORT INTEGRITY AND ETHICS	12
SSI6001	SPORT INTEGRITY LEADERSHIP	12
SSI6002	SPORT, LAW AND REGULATION	12
BMO6624	ORGANISATION CHANGE MANAGEMENT	12

SPECIALISATIONS

HBEMCE CLINICAL EXERCISE SCIENCE SPECIALISATION

Locations:Footscray Park

Year 1, Semester 1

AHE1101	STRUCTURAL KINESIOLOGY	12
AHE1106	EXERCISE PSYCHOLOGY	12
AHE1107	HUMAN GROWTH AND LIFESPAN DEVELOPMENT	12
RBM1174	HUMAN PHYSIOLOGY	12

Year 1, Semester 2

AHE1105	RESEARCH METHODS FOR EXERCISE PROFESSIONALS	12
AHE1202	BIOMECHANICS	12
AHE2104	EXERCISE PHYSIOLOGY	12
AHE2202	FUNCTIONAL KINESIOLOGY	12

Year 2, Semester 1

AHE2000	CLINICAL BIOMECHANICS	12
AHE2005	NUTRITION AND DIET FOR EXERCISE AND PHYSICAL EDUCATION	12
AHE2127	MOTOR LEARNING	12

Plus Elective 1

Year 2, Semester 2

AHE1112	RESISTANCE TRAINING	12
AHE2002	CLINICAL EXERCISE STUDIES 1	12
AHE2006	EXERCISE INTERVENTIONS FOR HEALTHY POPULATIONS	12
AHE3126	MOTOR CONTROL	12

Year 3, Semester 1

AHE2213	CAREER AND PROFESSIONAL DEVELOPMENT 2	12
AHE3100	ADVANCED EXERCISE PHYSIOLOGY	12
AHE3117	CLINICAL EXERCISE STUDIES 2	12

Plus Elective 2

Year 3, Semester 2

AHE3115	CLINICAL EXERCISE PRACTICE 1	12
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AHE3118	EXERCISE ASSESSMENTS AND INTERVENTIONS FOR CARDIOPULMONARY AND METABOLIC CONDITIONS	12
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AHE3119	CLINICAL EXERCISE STUDIES 3	12
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Plus Elective 3

Students can select their elective units from any undergraduate units across the university

HBEMES EXERCISE AND SPORT SCIENCE SPECIALISATION

Locations:Footscray Park

Year 1, Semester 1

AHE1101	STRUCTURAL KINESIOLOGY	12
AHE1106	EXERCISE PSYCHOLOGY	12
AHE1107	HUMAN GROWTH AND LIFESPAN DEVELOPMENT	12
RBM1174	HUMAN PHYSIOLOGY	12

Year 1, Semester 2

AHE1105	RESEARCH METHODS FOR EXERCISE PROFESSIONALS	12
AHE1202	BIOMECHANICS	12
AHE2104	EXERCISE PHYSIOLOGY	12
AHE2202	FUNCTIONAL KINESIOLOGY	12

Year 2, Semester 1

AHE2005	NUTRITION AND DIET FOR EXERCISE AND PHYSICAL EDUCATION	12
AHE2102	SPORTS BIOMECHANICS	12
AHE2127	MOTOR LEARNING	12

Plus Elective 1

Year 2, Semester 2

AHE1206	SPORT PSYCHOLOGY	12
AHE2006	EXERCISE INTERVENTIONS FOR HEALTHY POPULATIONS	12
AHE3126	MOTOR CONTROL	12

Plus Elective 2

Year 3, Semester 1

AHE3116	SOCIAL DIMENSIONS OF SPORT AND EXERCISE	12
AHE3100	ADVANCED EXERCISE PHYSIOLOGY	12

Plus Elective 3

Plus Elective 4	AHE3112	CAREER AND PROFESSIONAL DEVELOPMENT 3	12
Year 3, Semester 2	AHE3116	SOCIAL DIMENSIONS OF SPORT AND EXERCISE	12
AHE3120	EXERCISE SCIENCE CAREER DEVELOPMENT	12	Plus Elective 7
AHE3200	PROFESSIONAL ETHICS	12	Plus Elective 8

Plus Elective 5

Plus Elective 6

Students can select their elective units from any undergraduate units across the university

HBEHMH HUMAN MOVEMENT SPECIALISATION

Locations:Footscray Park

Year 1, Semester 1

AHE1101	STRUCTURAL KINESIOLOGY	12
AHE1106	EXERCISE PSYCHOLOGY	12
RBM1174	HUMAN PHYSIOLOGY	12

Plus Elective 1

Year 1, Semester 2

AHE1108	HISTORY OF SPORT	12
AHE1202	BIOMECHANICS	12
AHE2104	EXERCISE PHYSIOLOGY	12

Plus Elective 2

Year 2, Semester 1

AHE2127	MOTOR LEARNING	12
AHE2214	SPORT AND FITNESS DELIVERY SYSTEMS	12

Plus Elective 3

Plus Elective 4

Year 2, Semester 2

AHE1206	SPORT PSYCHOLOGY	12
AHE2213	CAREER AND PROFESSIONAL DEVELOPMENT 2	12

Plus Elective 5

Plus Elective 6

Year 3, Semester 1

AHE3112	CAREER AND PROFESSIONAL DEVELOPMENT 3	12
AHE3116	SOCIAL DIMENSIONS OF SPORT AND EXERCISE	12

Plus Elective 7

Plus Elective 8

AHE3111	SPORT AND SOCIAL ANALYSIS	12
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AHE3200	PROFESSIONAL ETHICS	12
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Plus Elective 9

Plus Elective 10

Students can select their electives from the following list:

AHE1105	RESEARCH METHODS FOR EXERCISE PROFESSIONALS	12
AHE1107	HUMAN GROWTH AND LIFESPAN DEVELOPMENT	12
AHE1112	RESISTANCE TRAINING	12
AHE1127	AQUATICS	12
AHE2000	CLINICAL BIOMECHANICS	12
AHE2002	CLINICAL EXERCISE STUDIES 1	12
AHE2005	NUTRITION AND DIET FOR EXERCISE AND PHYSICAL EDUCATION	12
AHE2006	EXERCISE INTERVENTIONS FOR HEALTHY POPULATIONS	12
AHE2013	GYMNASTICS AND DANCE	12
AHE2102	SPORTS BIOMECHANICS	12
AHE2129	ADVANCED RESISTANCE TRAINING	12
AHE2202	FUNCTIONAL KINESIOLOGY	12
AHE3100	ADVANCED EXERCISE PHYSIOLOGY	12
AHE3101	ADVANCED BIOMECHANICS	12
AHE3114	SPORT PHYSIOLOGY	12
AHE3118	EXERCISE ASSESSMENTS AND INTERVENTIONS FOR CARDIOPULMONARY AND METABOLIC CONDITIONS	12

SSPORL OUTDOOR RECREATION LEADERSHIP

Locations:Footscray Park, St Albans

The Outdoor Recreation Leadership specialist strand exposes students to a diverse range of adventure programs that not only deliver special experiences, but also provides unique learning situations that build a breadth of capabilities, including the capacity to plan, organise, and program complex outdoor adventure activities at the highest professional level. It also provides the opportunity for students to build highly valued character traits including integrity, cultural sensitivity, and psychological

resilience. The course will enable students to gain employment in the fields of outdoor adventure, adventure sports, outdoor education, and corporate training.

SSM2102	FOUNDATIONS OF OUTDOOR EDUCATION AND ADVENTURE SPORTS	12
SSM2201	BUSHWALKING LEADERSHIP	12
SSM2202	SAFETY IN THE OUTDOORS	12
AHS1019	OUTDOOR AND ENVIRONMENTAL PHILOSOPHY	12
SSM3101	ENVIRONMENTAL INQUIRY, SUSTAINABILITY AND COMMUNITIES	12
SSM3102	UNDERSTANDING ADVENTURE BASED LEARNING	12
SSM3202	LEADERSHIP IN THE OUTDOORS	12
SSM3203	CONTEMPORARY ISSUES AND TRENDS IN THE OUTDOORS	12

SSPSAC SPORT AND ACTIVE COMMUNITIES

Locations:Footscray Park

The Sport and Active Communities specialist strand gives attention to community sport, its relationship with elite and professional sport, and how it can be managed so optimise participant satisfaction, build sustainable communities, and deliver social utility. It also covers team-sport management, gym and exercise program administration, and community-based physical activity programming. The course thus enables graduates to enter a broad range of administrative, management, and professional-support positions in governing bodies, sport clubs, sport facilities, sport events, local government, and community welfare agencies.

SSM2103	HISTORICAL AND CULTURAL ASPECTS OF AUSTRALIAN SPORT	12
SSM2104	PROGRAMMING FOR SPORT DEVELOPMENT AND COMMUNITY ACTION	12
SSM2204	SPORT SPONSORSHIPS AND PARTNERSHIPS	12
SSM2205	SOCIOLOGY OF SPORT AND ACTIVE RECREATION	12
SSM3103	SPORT FACILITY MANAGEMENT	12
SSM3104	RESEARCH AND EVALUATION IN SPORT	12
SSM3204	BUILDING AND SUSTAINING SPORT PARTICIPATION	12
SSM3205	SPORT EVENT MANAGEMENT	12

