

2012 COURSE STRUCTURE**Graduate Diploma in Exercise Science**

Course Code: HGXS

Master of Applied Science – Clinical Exercise Practice

Course Code: AMCE

Intake semester 1, 2012 only

Campus	Footscray Park
School	Sport and Exercise Science
Course Coordinator	Dr Dan van der Westhuizen, Ph: 9919.5395, Email: dan.vanderwesthuizen@vu.edu.au Footscray Park Campus, Building L, Room L309
Study Mode	Full-time and part-time available
Duration	Grad Dip Year 1 Full-time or 2 Years Part-time Master Year 2 Full-time or 2 Years Part-time
Fee Type	Full Fee only - Fee information available from http://www.vu.edu.au/courses/fees-and-scholarships/enrolment-fees-and-charges
Application Method	Direct Application to Victoria University http://www.vu.edu.au/courses/applying/how-to-apply
Timetable	http://www.vu.edu.au/higher-ed-and-tafe/arts-education-and-human-development/timetables
Study Options	1. Enrol into HGXS Graduate Diploma in Exercise Science and exit with this award, or transfer to AMCE in second year to complete the Masters. 2. Enrol into AMCE Master of Applied Science – Clinical Exercise Practice and either exit with HGXS or complete the full Masters program
Further Information	Unit (subject) and course information is available from the University course search site at http://www.vu.edu.au/courses/search

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The following course structure is designed to help students track their progress through the course. Use the 'Record of Completion' column to record the year and semester a unit is satisfactorily completed.

Unit Code	Unit Title	Campus	Semester	Credit Points	Prerequisites	Your Record of Completion
First Year of Study (Year Level 5)						Sem / Year
AHH5010	Exercise Physiology Theory and Practice	F	1	12	AHE2104	
AHH5012	Motor Control and Skill in Exercise	F	1	12	AHH5010/ AHH5014 Waived for 2011	
AHH5100	Applied Psychology of Sport and Exercise	F	1	12	Nil	
AHH5140	Exercise Prescription	F	1	12	Nil	
AHH5014	Biomechanics Theory and Practice (Delivered in the Biomechanics Lab at City campus)	C	2	12	Nil	
AHH5113	Resistance Training	F	2	12	Nil	
AHH5120	Nutrition and Diet for Performance	F	2	12	Nil	
AHH5160	Exercise and Sport Sciences Fieldwork (8 hours of classes and 140 hours of fieldwork) *Students can enrol in this unit in semester 1 or 2	F	2	12	Nil	
GRADUATE DIPLOMA LEVEL		TOTAL	1YR	96		

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Unit Code	Unit Title	Campus	Semester	Credit Points	Prerequisites	Your Record of Completion
Second Year of Study (Year Level 6) – Must have completed the Graduate Diploma						
AHX5041	Functional Anatomy	F	1	12	Nil	
AHX5042	Musculo-Skeletal Physiology for Rehabilitation	F	1	8	Nil	
AHX5043	Quantitative and Qualitative Research Design and Methods for Practitioners	F	1	8	Nil	
AHX5033	Biomechanics Theory and Practice for Rehabilitation	F	1	12	Nil	
AHX5069	Introduction to Rehabilitation Fieldwork (140 hours fieldwork)	F	1	8	Nil	
AHX5017	Cardiorespiratory and Metabolic Physiology for Rehabilitation	F	2	8	Nil	
AHX5018	Exercise Prescription for Musculo-Skeletal and Neurological Conditions	F	2	8	AHX5042 Waived for 2012	
AHX5034	Exercise Physiology in the Workplace	F	2	8	Nil	
AHX5031	Physiological Testing for Rehabilitation	F	2	12	Nil	
AHX5070#	Exercise for Rehabilitation Fieldwork (Full-time) (8 hours of classes & 140 hours Work Integrated Learning) #Students can enrol in this unit in semester 1 or 2	F	2	12	Nil	