

Dr Dan van der Westhuizen Transcript

<https://www.vu.edu.au/courses/master-of-clinical-exercise-science-and-rehabilitation-amep>

My name is Dan. My surname is van der Westhuizen. I am involved with a program in exercise rehabilitation at Victoria University. I am teaching there and I'm doing a bit of research and helping with the learning in the workplace opportunities of the students when they go out for clinical placements. It's quite marvellous, many students who come here are starting with post grad programs are coming from undergraduate courses. Some of them are from exercise science, some of them are not, some of them are from other allied health professions. The fact that we are in a service delivery and helping profession, gives us the opportunity to contribute to other people's lives. When you work with a person who's got a heart attack before, who underwent coronary artery bypass graft surgery and he comes back to you after about twelve or sixteen weeks and he's telling you, 'you know what, I've never ever been in my life so fit as I am now'. That feels that you really contribute to people's life and that really makes you passionate. And that feels like, that is really what you want to do.